

Pass In Review

October/November 1989



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On the cover

LCpl. Duane Dupie, H&S Co., takes a break during the battalion field exercise at Ft. A.P. Hill. During the 12 day exercise in October, H&S, A Co. and B Co. practiced small unit tactics .

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Commanding Officer Col. Peter Pace

Public Affairs Officer 1stLt. C. Engels

Managing Editor SSgt. B.S. Sawdon

Editor Cpl. J.D. Moore Writer Cpl. M.J. Mullins

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Keepin' it clean

An H&S Co. Marine gives his M-16A2 rifle a good cleaning during some down time during the battalion field exercise at Ft. A.P. Hill.



If you had to, where would you cut the Corps' budget?



Cpl. Rob E. Pecor,
D&B Co.

"I would allow Marines with 90 days or less to get early discharges."



LCpl. Raymond D. Fogle,
H&S Co.

"I would cut unnecessary defense spending. The government wastes too much money."



LCpl. Jeremy L. French,
H&S Co.

"If I had to choose where to make a budget cut it would have to be in Maintenance."

Command Information

The Great American Smokeout



Take a day off from smoking • November 16, 1989

Quitting smoking is not easy -- many people try two or three times before they succeed. But it can be done, and the Great American Smokeout on Nov. 16 is one game in which quitters are winners. Here are some hints from the American Cancer Society to make it a little easier to "leave the pack behind":

- ☞ *When the urge to smoke hits, take a deep breath. Hold it a second, then release it very slowly. Taking deep, rhythmic breaths is similar to smoking, only you'll inhale clean air, not poisonous gases.*

- ☞ *Exercise to relieve tension. Climb stairs rather than take the elevator; park the car a block or two from your destination and walk the rest of the way. At home, practice touching your toes, jog in place or do jumping jacks.*
- ☞ *Cleanse your body of nicotine. Drink plenty of liquids -- water, fruit juice, caffeine-free soft drinks. Caffeine and alcohol can increase your urge to smoke.*

AFIS

Beans, Bullets, Bandages...and Books?

It's hard to imagine Gen. George Patton -- "Ol' Blood & Guts" -- curled up in a comfortable armchair, studying Caesar's tactics during the Punic Wars in an effort to find a better way to deploy his tanks on the battlefield. Nevertheless, that's what he often did. Patton boned up on other military tacticians as well, including the German Gen. Erwin Rommel, whom he later fought in World War II. Patton read "The Desert Fox's" book on tank tactics and was able to thwart him by using his own strategies against him.

General Patton knew the value of studying the tactics and techniques of the greatest military minds in history, something that General Al Gray, the Commandant of the Marine Corps, has also recognized. According to General Gray, "The profession of arms...has a profound body of knowledge which requires constant study if a leader is to remain proficient. Marines fight better when they fight smarter."

That phrase... "fight smarter"...exemplifies the spirit of the Marine Corps Professional Reading Program better than any other. This recent addition to the Professional



Military Education Program uses a wide variety of books -- both fact and fiction -- to enhance the fighting abilities of the individual Marine by increasing his knowledge of war-fighting. Some may argue the advisability of such a program, saying that "Experience is the best teacher." That's true; but let's not forget the rest of that often misquoted adage: "Experience is the best teacher...but the experience need not be your own." It is quite possible to gain valuable experience by reading about someone else's life; gain insight into difficult problems

by learning how someone else handled similar situations; even alter your entire philosophy because a writer convinced you with the logic of his arguments.

Don't dismiss the idea because it seems a bit avant garde to you; history has shown the benefits of professional reading. And don't limit yourself to only those books on the reading list. Seek out other books and magazines that you feel will help you be a better leader of Marines. If you find some that you think would benefit your fellow Marines and deserve to be on the reading program list, send your suggestion to the Commanding General, MCCDC Quantico, Virginia 22134-5050.

Another thing: don't keep your new-found knowledge to yourself. Share your ideas with your fellow Marines. Discuss the books you have read and exchange opinions. You may find a new way to look at things or provide someone else with a new insight or revelation. Finally, don't be surprised if you discover that you enjoy reading. Madison Avenue may not agree, but it's alright to abandon the boob tube for a good book. Fewer commercials, too.

by SSgt. H.J. Freeman

Know Local Drill



10 November 1989

A MESSAGE FROM THE COMMANDANT OF THE MARINE CORPS

This past year, Marines were asked to reflect on the examples of those warriors who preceded them. We were called to rededicate ourselves to achieving and maintaining those higher standards of excellence that our Nation expected of her Marine Corps. This challenge was met in Alaska, Panama, the Pacific basin, the Middle East, and countless other locations throughout the globe. In every case, our Corps' expeditionary capabilities were clearly demonstrated to the Nation and to the world. As always, Marines responded to the call.

As Marines, we have never, nor must we ever, permit ourselves the luxury of standing on past laurels. Our forward-thinking approach to the challenges of the future has been the key to our success as warriors. This year, each of you is asked to emphasize education and training. We have already begun with the establishment of Basic Warrior Training, the Marine Corps University, and our professional reading program, just to mention a few. The active participation of our Marines has been an important factor in the formulation and institutionalization of these initiatives.

Additionally, our Commander-in-Chief has called on us to join him in the war on drugs. As the Nation's premier force in readiness, all Marines are expected to lean forward in support of this vital national campaign. Internally, our starting point will be to ensure a 100% drug free Marine Corps. We will tolerate nothing less.

The initiatives we have outlined are designed to reinforce, not replace, our ongoing emphasis on our Corps' traditional values. Allow me to reiterate the heart of last year's message: we are warriors, first and foremost. Our end goal in everything we do is to guarantee that we maintain the highest level of military professionalism. This must remain our top priority.

As Marines gather together throughout the world to celebrate the 214th anniversary of the founding of our Corps, I want to thank all of you, to include our families, the Sailors who serve with us, and the Civilians who support us, for your dedication and your loyalty. We owe a special debt of gratitude to our retired community whose continuing support for our Corps gives special meaning to the words "Once a Marine, Always a Marine." Finally, we must never forget those Marines who paid the ultimate price during the last year in order to preserve the peace and freedom which we enjoy today. With the legacy of their courage in mind, I call on you to rededicate yourselves to the principles which they held sacred. Happy Birthday and Semper Fidelis.

A handwritten signature in black ink, appearing to read "A. M. Gray".

A. M. GRAY
General, U.S. Marine Corps

any circumstances; Local commanders may authorize non- some eligibility requirements for early transfer by Marines of eligible MOSs is See "Early Outs", pg. 17

Staff NCO Education Changes

Sgt. Chris Lawson

MCCDC QUANTICO, Va. -- Staff NCOs received their Professional Military Education marching orders recently. Maj. Chuck Johnson, of the Marine Corps University, said he has received many questions about the program.

"Basically, the ALMAR (176/89) spells it out," he said. "But, all our enlisted leaders should realize it's just a framework at this stage of the game. There are going to be revisions and alterations along the way. We don't know all the answers, but we are moving ahead with confidence."

The ALMAR states all Staff NCOs will complete the following: All nonresident course requirements; professional reading requirements; and,

depending on seat availability, all resident courses. The Corps is considering increasing Reserve seats at resident courses.

Johnson said when the program is fully implemented, it will provide a progression of PME for all staff NCOs, from staff sergeant through sergeant major/master gunnery sergeant.

The program has resulted in changes to existing programs. The resident staff NCO course for first sergeants/master sergeants has been changed to a gunnery sergeant course. A staff NCO academy may be established on Okinawa, and a resident staff NCO course may be offered at all staff NCO academies in the Corps.

"Those are some of the areas we still have

to address, and there are money and manpower issues that still must be resolved," Johnson said. "But the program is operational," he said.

The ALMAR outlines the requirements by grade for staff NCOs and specifies the time period in which the requirements must be completed.

Johnson said occasionally, staff NCOs may be unable to comply with the resident course requirements due to temporary conditions such as geographic locations, type or nature of duty, seat availability, or some other problem.

Field commanders will be responsible for ensuring that staff NCO PME requirements are fulfilled, an authority that should be welcome, he said.

Commandant, Gen. A.M. Gray, has said, "The stakes are too high, and our profession too complex, to allow the dabbler or less-than-fully-committed to pursue a commitment that will be less than rewarding to the individual and/or the Corps. We've come too far as the world's finest military organization to falter now for want of commitment to excellence."

New Mexico Marines wanted for recruiting assistance duty

RS Albuquerque, N.M.

Recruiting Station Albuquerque is looking for Marine volunteers interested in a 30-day permissive

TAD tour as recruiters assistants.

Interested Marines can call MSgt. Larry Parks collect at (505) 766-2470.



Courts-Martial

LCpl. W.L. Kirk, H&S Co., was convicted at a special court martial of one count of Article 112a., wrongful use of marijuana, and one count of Article 134, disorderly conduct. He was sentenced to confinement for four months, \$350 forfeiture for four months, and reduction to E-1.

LCpl. M.M. Boston, H&S Co., was convicted at a general court martial of one count of possession and distribution of marijuana/PCP. He was sentenced to confinement for two years, total forfeiture of all pay and allowances, and dishonorable discharge.



photo by LCpl. Terence McCrea

Fort Henry Guard

Ask any member of the Battle Color Detachment what one of their favorite "shots" is and chances are, they'll answer with three words: Fort Henry Guard.

August 26--30, the detachment, comprised of the Marine Corps Colorguard, Silent Drill Team and the Drum & Bugle Corps, made their bi-annual trek to the historic Canadian fort.

Originally built in 1832 to defend against "American aggressors", the fortification was manned by various British Army regiments until 1870.

Today the fort is a national historic site and is garrisoned by high school and university students during the summer. The students are clothed, equipped and armed just as the average British soldier would have been in 1867, and perform a display of tactics and drill of that era.

During their visit to the fort, the Marines held several joint performances, took part in a heavy schedule of intramural sports and gained many new Canadian friends.

Despite 8th&l's gun teams efforts, Fort Henry Guard won the Armstrong Gun Drive.



photo by Cpl. J.D. Moore

Assistant Commandant Gen. J.J. Went "inspects" David the Goat, the forts mascot.



photo by Cpl. J.D. Moore



Competition.

Guardsmen wear the uniforms of 1867 British infantry.



photo by Cpl. J.D. Moore

Silent Drill Team goes through the "Meat Grinder" during a joint performance at Fort Henry.



"Hugo" and the East Coast Tour

The mid-September drizzle that pestered the members of the Battle Color Detachment as they waited for their planes to refuel at Andrews Air Force Base was

Sgt. William Huddleston, left, and LCpl. Michael Sullivan talk to a young fan about the Drum & Bugle Corps.

an omen of things to come. Foul weather, caused by Hurricane Hugo, continued to plague them throughout their two-week East Coast Tour, forcing them to cancel nearly a third of their performances.

The Battle Color Detachment -- comprised of the United States Marine Corps Color Guard, Silent Drill Team and Drum and Bugle Corps, had been planning the tour for months. Although the show was being used to promote interest in the Marine Corps and to boost recruiting efforts, the main reason for the tour was to bring the colorful ceremony to Marines and their families at various Marine Corps installations. It was unfortunate that three of the four shows that were canceled - those

scheduled at MCAS Cherry Point, MCAS (H) New River and MCB Camp LeJeune, North Carolina - involved that same target audience. The fourth cancellation, at The State Fair in Richmond, Virginia, was canceled for the same reason as the other three: inclement weather.

After five East Coast Tours, Chief Warrant Officer David C. Wolfe, Assistant Director of the "D&B", spoke from experience when he said, "There are two things we have no control over when we go on tour: maintenance and the weather."

The truth of that statement was soon evident. The first scheduled performance at LaFayette University, N.J., was nearly cancelled due to rain. Instead, the

Drum and Bugle Corps, along with the Color Guard, took their portion of the show indoors. They had less area to work with than they were accustomed to, so the ceremony had to be altered to fit the new scene. Sgt. Dean R. Keck, who had just been appointed the Color Sergeant of the Marine Corps a month before, was a bit disconcerted by the changes. "I was already kind of nervous, and then they modified everything at the last minute," he said.

To top things off, the Commandant of the Marine Corps was in the audience. It seemed like a formula for disaster. So what happened?

"I didn't have any problems at all," Keck said. The show at the Commandant's alma mater went off without a hitch. There were some problems during the rest of the tour, though; mostly with the weather. Wolfe credits the flight crews of the two C-9's used on the tour, LtCol. Charlie Rodenburg and his "Roadrunners" of the Space and Operations Engineering Squadron, with much of the tour's success.

"They dropped things to support us. They really came through when things got hairy," said the warrant officer.

The trip to Georgia is a good example of things getting "hairy".

The weather was clear and sunny in Tupelo, Miss., but Hurricane Hugo had just

smashed into Charleston, S.C. and was wreaking havoc along the Atlantic coastline. The detachment was waiting for clearance to proceed to Albany, Ga., where they were scheduled to perform with the Marine Corps Logistics Base Albany Drum and Bugle Corps. The word finally came down from the weather watchers at Marine Corps Air Station Cherry Point: it was a "go".

The atmosphere aboard the airborne C-9's was tense. Hugo was out there waiting. Even outwardly calm Marines betrayed their cool facade with a white-knuckled grip on their armrest. Every slight waver of turbulence that rippled across the aircraft seemed the forerunner of that unpredictable leviathan of nature called a hurricane. Nobody on the 50-minute flight relaxed until they felt the sweet kiss of the landing gear on the Georgia airstrip.

Sheepish looks were exchanged. A few minutes after touchdown, you couldn't find a Marine anywhere who would admit the slightest fear of flying.

Despite the uncooperative weather, everyone involved agreed that the tour was very successful. The crowds that attended the Battle Color Ceremonies were invariably enthusiastic and showed their appreciation with applause that was long and loud. Despite the weather, the long hours of traveling

and the sometimes longer hours spent waiting to travel, the Marines in the detachment remained cheerful and continued to give sterling performances. Not even the colds and sniffles brought on by the constant rain dampened their morale.

"The trip got as physically demanding as it could have," Wolfe said. "But our guys are performers, they're troopers."

The arduous schedule was compensated for by the fantastic support the group received, especially from Marine units. Wolfe speculated, "Maybe they realized we are a good public relations tool for them."

Whatever the reason, one of the biggest morale boosters while on tour was the hospitality of the people hosting the Marines. Quarters were comfortable and the chow was generally excellent, if not outstanding. The hosts were always friendly and usually went out of their way to make the detachment feel at home.

The mayor of Tupelo, Miss. best expressed what seemed to be the overwhelming response to the Battle Color Detachment when he said, "Y'all come back now, y'hear?" With an invitation like that, you can bet they'll be back. Count on it.

story by
SSgt. H.J. Freeman
photos by
LCpl. Terence McCrea

photo by Cpl. J.D. Moore



MCI Co. Marines lead the way during a hike at Quantico.

A few footnotes on forced marches

*H*ave you ever been on a hump and a couple of miles down the road you notice that your feet are being rubbed raw? Then, a little while later you start feeling dizzy or light-headed? How many times have you lost gear because it wasn't properly secured?

With the Commandant's new policy on Warrior Training, and its

emphasis being every Marine is a rifleman first, many Marines in support MOSs are finding themselves in the field uneducated and unprepared. To fill the gap of practical field medical knowledge Marines need only to turn to the duty experts -- corpsmen and grunts.

According to Petty Officer 3rd Class Lee Avern of the Washington Navy Yard Dispensary, the three most common problems for Marines while on forced marches are blisters, dehydration and lack of conditioning.

Of the three, blisters cause more problems than the other two. To prevent blisters Avern offers the following suggestions.

"The morning of the hump be sure to wash and dry your feet," he said. "This will help prevent infection of blisters if the problem should

happen to arise. After the feet are completely dry, apply a thin coat of petroleum jelly to the feet: between the toes, tops and bottoms of the feet and on the heels. Then, put on a pair of thin, tight-fitting socks (black uniform socks seem to work the best)," continued the experienced corpsman. "Lastly, put on your regular pair of green wool socks. The petroleum jelly, along with the double socks will help reduce friction, keeping your feet blister-free," he explained. Avern also advises Marines to wear their boots tightly laced, and to tighten them during the march whenever needed.

"Wear good boots," is H&S Co. executive officer Capt. Steve Suddreth's simple advice. "A lot of people go on a hump with new boots expecting to break them in," said Suddreth, who served for three years in 1st Bn., 8th Marines at Camp Lejuene, N.C. "Boots should be broken in at work, not on a hump. Also make sure you have good insoles, not just the nylon insoles that come with the boots. This will help reduce friction by keeping the feet from sliding around, and makes the boots more comfortable to wear."

Another major problem on forced marches is dehydration and other heat-related illnesses. To prevent such problems Avern recommends drinking plenty of liquids.

"The morning of the hump, be sure to drink plenty of fluids -- anything other than milk, which will sour in your stomach," said the 1982 graduate of the Field Medicine School at Camp Pendleton, Calif. "During the hump, make sure you stay constantly hydrated. Also wear light clothing to prevent heat retention."

Finally we come to a topic that should not affect many Marines, but often does -- lack of conditioning. This is basically the basis of the other problems of blisters and heat casualties. You can't expect to go out and hump 10 to 15 miles without being properly conditioned.

"Running is a good way to build

You can't "destroy the enemy," if you can't "close with" them because half of your Marines have blistered feet.

up the legs and toughen the feet for humping," said Suddreth. "Preparing in advance will help reduce problems later. As for keeping up, if you use your arms to pump, and stride forward, there should be no reason to fall behind. Just don't think of the break you are going to get in a few minutes. Zone it out. Don't worry about the time elapsed on the hump, or the distance covered, since it'll only make the hump seem longer."

A common non-medical problem associated with humping is lost gear. Suddreth recommends ensuring proper fit of "duce" gear to prevent a costly loss of gear.

By following these suggestions you will not only make forced marches more bearable for you, but also more successful for your squad, platoon or company. "During combat there's no turning back until the mission is completed. Marines need to realize that," said Suddreth. "If you get blisters or lose gear, somebody else has to do your part and pick up your slack, thus reducing the unit's effectiveness."

***story by
Cpl. M.J. Mullins***

† Chaplain's Column

We live in a fallen world plagued by sin, sickness, tragedy, death-in short, a world filled with adversity. We may seek to avoid adverse circumstances, but we will end up facing them nevertheless. Bad things, as the popular title informs us, do happen to good people and to bad people as well. Like it or not, we live with distress, with trouble, with affliction, with calamity, with suffering. And we must, if we are to remain sane and sound, learn how to deal with adversity from a biblical perspective.

Biblical history from Genesis to Revelation offers multiplied accounts of God testing His people--or allowing them to be tested. Submission to God has never provided in an easy escape from adversity, even for God's own Son. Often, the most godly men and women seem to suffer the greatest trials and afflictions. The Apostle Paul, for example, suffered with a "thorn in the flesh"--perhaps a physical infirmity. Three times he prayed for God to remove it, but God's response was, "My grace is sufficient for you, for my power is made perfect weakness." Paul accepts God's answer, and concludes:

"Therefore, I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weakness, in insults, in persecutions, in difficulties, for when I am weak then I am strong." (II Corinthians 12:8-10)

In addition to his "thorn," Paul also offers suffered from beatings, imprisonment, shipwreck, robbers, and other dangers. (II Corinthians 11:23-27.) We cannot escape the truth that similar persecutions are being endured by Christians around the world today--as Paul himself testifies: "For it has been granted to you on behalf of Christ not only to believe in him, but also suffer for him." (Philippians 1:29)

If the Bible is filled with examples of godly, righteous people who endured great suffering, it is also filled with evidence of a righteous, loving Father who desires the best for his children. As an earthly father I know that sometimes the "best" for my children includes actions and desires that they cannot understand at the time. The Christian's acknowledgement of God as Father includes trust in his character, and recognition that even suffering and adversity can serve His purpose in our lives.

The purposes of suffering are not always easy to discern. Christians often pray, "God, make me more Christ-like. Help me to be a better Christian, to be more obedient and kind." But when God answers those prayers, perhaps through some experience of adversity designed to conform us to the image of Christ, we resist. We want Him to flood our lives with love and goodness, but we don't want Him to confront us with ourselves. We prefer instant holiness to the process of developing a disciplined, holy life.

God has, in fact, made provision for us to become like Christ. The Holy Spirit dwells in every believer, and He will--if allowed to work freely in our lives--change us dramatically. We, "With unveiled faces all reflect the Lord's glory," and are "transformed into his likeness with ever increasing glory, which comes from the Lord, who is the Spirit." (II Corinthians 3:18)

But it doesn't happen overnight. Life, with all its experiences, is the Christian's proving ground. Adversity is the crucible of our transformation.

Christ Himself "learned obedience from what he suffered." (Hebrews 5:8) We, as His disciples, can also grow through experiencing life's adversity.

by **Charlie Riggs**

Worth Repeating...

☞ "However horrible the incidents of war may be, the soldier who is called upon to offer and to give his life for his country is the noblest development of mankind."
--**Gen. Douglas MacArthur**

☞ "Acceptance of prevailing standards often means we have no standards of our own."
--**Jean Toomer, novelist**

☞ "The brain is a wonderful organ; it starts the moment you get up in the morning and does not stop until you

get to the office." --**Robert Frost, poet**

☞ "People who live in glass houses shouldn't walk around in their underwear."
--**Bill Cosby**

Ask the Gunny

Simply and plainly defined, a leader is someone who has followers. The leader deserves to have followers. He has earned recognition. Authority alone is no longer enough to command respect.

The leader is a great servant. The Master of Men expressed the ideal of leadership in a democracy when he said, "And whosoever be chief among you, let him be your servant."

The leader sees things through the eyes of his followers. He puts himself in their shoes and helps them make their dreams come true.

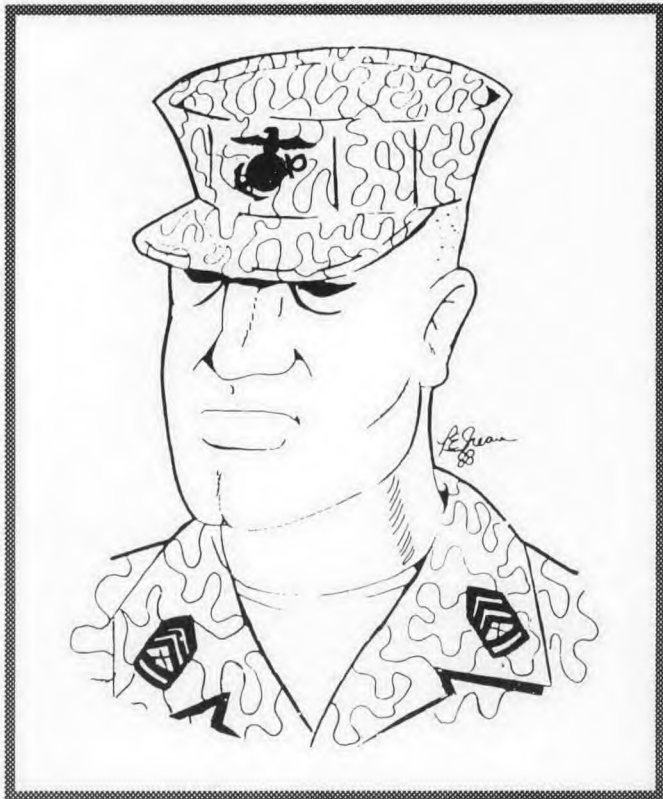
The leader does not say, "Get Going!" Instead he says, "Let's go," and leads the way. He does not walk behind with a whip; he's out in front with a banner.

The leader assumes that his followers are working with him, not for him. He considers them partners in the work and sees to it that they share in the rewards. He glorifies the team spirit.

The leader duplicates himself in others. He is a man builder. He helps those under him to grow big because he realizes that the more big men an organization has the stronger it will be.

The leader does not hold people down; he lifts them up. He reaches out his hand to help his

The leader does not say, "Get going!" Instead he says, "Let's go," and leads the way. He does not walk behind with a whip; he's out in front with a banner.



followers scale the peaks. The leader has faith in people. He believes in them, trusts them, and thus draws out the best in them. He has found that they rise to his high expectations.

The leader is a self-starter. He creates plans and sets them in motion. He is both a man of thought and a man of action--both dreamer and doer.

The leader has a sense of humor. He is not a stuffed shirt. He can laugh at himself. He has a humble spirit.

The leader can be led. He is not interested in having his own way, but in finding the best way. He has an open mind.

The leader keeps his eyes on high goals. He strains to make the efforts of his followers and himself contribute to the enrichment of personality, the achievement of more abundant living for all and the improvement of civilization.

Semper Fidelis,

Smedley D. Smutt
GySgt USMC

*From the attic...
In this 1984 photograph we see
our meticulously manicured parade
deck in one of its early stages.*

