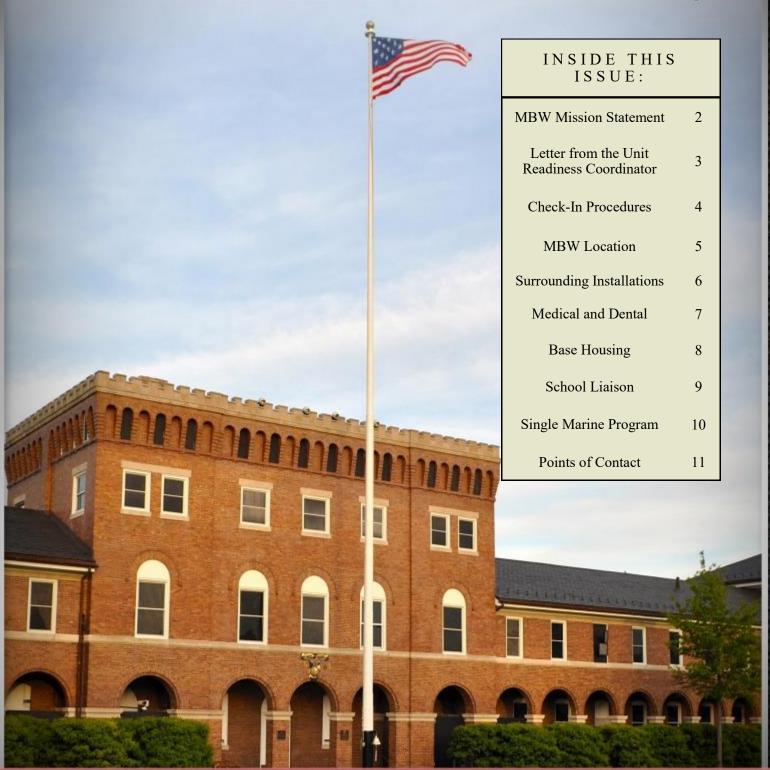
Marine Barracks Washington, D.C.

WELCOME ABOARD

The Oldest Post of the Corps



8TH AND I STREETS SE WASHINGTON, D.C. 20390 Page 2 Welcome Aboard



Marine Barracks Washington

WHO WE ARE

Marine Barracks Washington, D.C., also known as "8th & I," is the oldest active post in the Marine Corps. It was founded by President Thomas Jefferson and Lt. Col. William Ward Burrows, the second commandant of the Marine Corps, in 1801.

Located on the corners of 8th & I Streets in southeast Washington, D.C., the Barracks supports both ceremonial and security missions in the nation's capital.

The Barracks is home to many nationally recognized entities, including the President's Own United States Marine Band, Commandant's Own Drum and Bugle Corps, the Marine Corps Color Guard led by the Color Sergeant of the Marine Corps, Marine Corps Silent Drill Platoon of Alpha Company, and the Marine Corps Body Bearers of Bravo Company. It is also the site of the Home of the Commandants, which, along with the Barracks, is a registered national historic landmark.

WHAT WE DO

Marine Barracks Washington, D.C. provides the requisite units as directed by the Commandant of the Marine Corps for parades and ceremonies, funerals, dignified transfers, installation level services, security at designated locations to all residents and assigned units, and security and musical support to the President of the United States through the Presidential Support Program and United States Marine Band, in order to support the United States Marine Corps strategic communications plan, keep faith with Marines worldwide, and tell the Marine Corps story.



Welcome Aboard!

Hello Marines, Sailors, and families,

On behalf of the Marine Barracks Washington Family Readiness Team, welcome to the Barracks Family! As the Barracks Uniformed Readiness Coordinator (URC), I am here to provide a variety of resources and official communication. This welcome package is the first step in helping you with your transition to the National Capital Region (NCR). I hope that you are able to utilize the information that is provided within.

The National Capital Region is a great place to live and serve. You will receive a more in-depth welcome aboard brief once you check in. General information for the DC Metro area is contained within this package. Supplemental items can be added based upon your marital status or specific family needs. Information regarding housing, relocation, and school options are also provided for your convenience along with points of contact. If you have questions about these topics or anything else, please contact me so I can get you the specific information you require. My telephone number and email address are listed below.

Whether you need assistance with settling into the area, arranging a sponsor for your move, or navigating deployment related issues, I am happy to help!

URC contact information: rubin.tan@usmc.mil
Office: 202-433-4881

Email: rubin.tan@usmc.mil

Marine Barracks Website:

https://www.barracks.marines.mil/

Once again, welcome to Marine Barracks Washington, the "Oldest Post of the Corps." See you around!

Gunnery Sergeant Rubin J. Tan Unit Readiness Coordinator Marine Barracks Washington Page 4 Welcome Aboard

Check-In Procedures

All military personnel with orders to MBW should first check in with the Consolidated Administration Center (CONAD) located at Building 8. If checking in after working hours or on the weekend, check in with the Staff Duty Officer (SDO).

The SDO phone number: 202-345-9492

BEQ/BOQ Information

Officers in need of temporary lodging may contact the Barracks Executive Officer (XO) for assistance at (202) 433-6166.

Enlisted personnel may contact the BEQ manager at DSN 433-5614, Comm: (202) 433-5614

UNIFORM FOR CHECK-IN IS SERVICE ALPHAS or equivalent.

New arrivals must bring their **original orders** when checking-in to be endorsed by the Personnel Office located within CONAD. There is no need to purchase excess uniform items before checking in.

All new joins receive a Barracks uniform issue that requires alterations immediately after check-in. During this period, Officers and SNCOs are required to wear a business suit or equivalent while supporting parades and official ceremonies.

If you are not on COMRATS and arrive over the weekend, you can eat at the Chow Hall by showing your orders. There is also a PX24 aboard the Annex where a limited sustenance selection is available.

Base/Post Access

Contact Physical Security: 202-433-6397 Building 9, near the SDO hut

MBW is a limited access secure installation. In order to gain access, you must be cleared by Physical Security (Mon-Fri between 0800-1600). If checking in after working hours or weekends, present your orders and DOD ID to the guards to access MBW facilities, including main post, the annex, or enlisted barracks.

Marine Barracks and Eastern Market Metro Location

Provided are MBW buildings and key offices that will assist you during check in.

The closest Metro Station to MBW is Eastern Market.

https://www.wmata.com/ rider-guide/stations/ eastern-market.cfm 1. Washington Navy Yard

Supply

3. Annex
MCCS Gym

Marine Mart

Barbershop

SARC/EO

D&B

2. Towers/Bldg. 20

East Side:

Company B BEQ

1st Deck MCCS Gym

Chaplain

West Side:

Company A BEQ

1st Deck Chow Hall

5. Buildings 8/9

Physical Security Career Planner

S-1/CONAD

Annex BEQ Manager

H&S Co. Office

S-6/URC

4. Eastern Market Metro



Surrounding Installations and Resources

1. Joint Base Anacostia-Bolling (JBAB)

MBW Motor Pool Commissary Medical facility Family housing

Elementary/Middle/High School

CDC Exchange

Commute: 3 miles

DEERS/ID

2. Joint Base Myer-Henderson Hall

Commissary/MCX

DMO

MCCS Services Youth programs CDC/FCC DEERS/ID Commute: 7 miles

3. Joint Base Andrews

Family housing Medical facility Commissary Youth Programs Exchange

Elementary/Middle School

CDC/FCC DEERS/ID

Commute: 11 miles

4. Fort Belvoir

Commissary Family housing Exchange Elementary school

Medical facility DEERS/ID

Commute: 21 miles

5. Walter Reed National Military Medical

Center

Medical facility Exchange

Commute: 22 miles

6. MCB Quantico

Commissary/MCX Family housing Youth Programs

MCCS Services Health Clinic

CDC

DEERS/ID

Commute: 37 miles

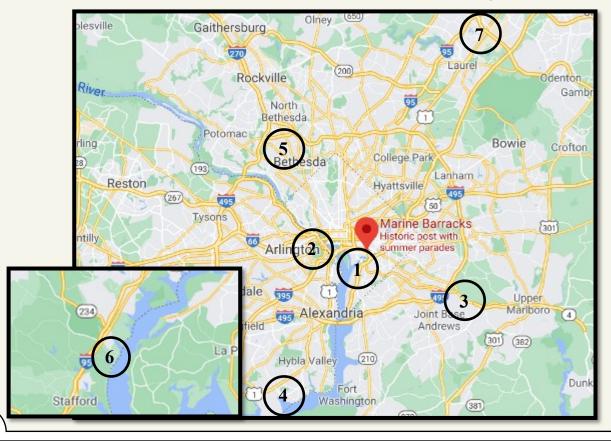
7. Fort Meade

Family housing Commissary

Elementary/Middle/High School

Exchange

Commute: 26 miles



TRICARE Medical & United Concordia Dental

Tricare Prime/Standard Enrollment

Once you have arrived at Marine Barracks Washington, you will need to establish a Primary Care Manager for you and your family. However, you must first check in with CONAD to be administratively joined to Marine Barracks Washington. All active duty are required to have Tricare Prime. Options for family member enrollment are on the Tricare website: www.tricare.mil/LifeEvents/moving/prime.aspx

Change Primary Care Manager

1. Call your Regional Contractor

East: Humana Military (1-800-444-5445)

Ask to be assigned to Branch Health Clinic, Washington Navy Yard

2. Online

Go to: https://www.tricare.mil/FindDoctor/ChangePCM

Dental

<u>Active Duty</u>: For dental information and/or appointment, call: 202-433-2480/2589 <u>Family Members</u>: Enrollment with Tricare (MetLife) Dental is elective, not automatic like Tricare Medical.

To enroll visit the following site: https://www.tricare.mil/CoveredServices/Dental/TDP

Local Military Treatment Facilities

Multiple military clinics and treatment facilities exist in the National Capital Area. It is recommended to utilize the internet for the most up to date phone numbers, working hours and locations. Some clinics are limited to Active Duty only. A few of the clinics are listed below:

- Ft Belvoir Community Hospital
- Fort Meade Medical Center
- Walter Reed National Medical Center
- Fort Myer Andrew Rader Health Clinic
- Naval Hospital Clinic Quantico
- Joint Base Andrews Malcom Grow Medical Center

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Local Off Base Housing Options

Choice of housing while stationed at Marine Barracks Washington is a decision that depends on many personal factors. Many choose to rent off base or buy a home. The closer to D.C. you live, the more housing will cost.

Temporary Lodging in VA, DC, and MD

Virginia

Fort Belvoir reservations: (703) 704-8600 MCB Quantico—The Crossroads Inn Reservations: (800) 965-9511 Joint Base Myers-Henderson Hall (703) 696-3576-3577

Washington, D.C.

Bellevue Navy Housing/Navy Lodge (800) 628-9466 or (202) 563-6950 Joint Base Anacostia-Bolling/Gateway Inns & Suites (877) 628-9233 or (202) 664-8587

Maryland

Andrews Air Force Base/The Gateway Inn (301) 981-4614 or DSN: (312) 858-4614 Navy Lodge Bethesda (301) 654-1795

Fort Meade Army Lodging Reservations: (410) 674-7700

Ensure that you understand laws and regulations pertaining to owning/carrying weapons in the D.C., Virginia, and Maryland area.

If residing on a military installation, ensure you understand regulations pertaining to pets (i.e., breeds).

Family Housing

Joint Base Anacostia Bolling

(202) 562-2631

https://www.bollingfamilyhousing.com/

Bellevue Navy Housing

https://lincolnmilitary.com/installations/joint-base-anacostia-bolling-jbab/bellevue/

Andrews Air Force Base

https://libertyparkatandrews.com/

Marine Corps Base Quantico

https://www.quantico.marines.mil/Offices-Staff/G-F-Installation-and-Environment/Family-Housing-Branch/

Homes.mil website: https://www.homes.mil/homes/DispatchServlet/Back?

School Liaison & CDC

The Henderson Hall School Liaison is here to serve military families, commands, schools and the community located in the National Capitol Region.

Henderson Hall School Liaison Contact Information:

(703) 693-8378 or amy.fishman@usmc-mccs.org

http://www.mccshh.com/sl.html

- -Arlington Public Schools contact number: (703) 228-6008 or https://www.apsva.us/
- -Alexandria City Public Schools contact number: (703) 619-8000 or https://www.acps.k12.va.us/
- -Maryland Public Schools: http://marylandpublicschools.org/about/Pages/ School-Systems/index.aspx
- -Washington, DC Public Schools: https://dcps.dc.gov/
- -Surrounding counties near Joint Base Andrews: https://www.jba.af.mil/Resources/Community/Schools/

Child Development Centers

To register your child at an installation Child Development Center, you must request care through the below link:

 $\underline{https://militarychildcare.csd.disa.mil/mccf/ui/\#/}$

If no spots are available, you may utilize Child Care Aware for fee assistance at qualifying child care centers.

https://www.childcareaware.org/

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Single Marine Program Marine Corps Community Services

Make a Difference, Get Involved.

The Single Marine Program (SMP) was established to provide a forum for Marines to identify quality of life ideas and issues along with recommended solutions. After all, change starts from the bottom up. Through participation in the planning and coordination of programs and activities, single Marines have an opportunity to create an enjoyable and rewarding environment for themselves at Marine Barracks Washington. Motivated single Marines, a supportive command, and Marine Corps Community Services (MCCS) staff provide the foundation for a successful program – what's missing is you! Make a difference, get involved!

Activities and Events:

- Paintball excursions
- Deep Sea fishing trips
- Amusement park getaways
- Sporting events
- Ski trips

For more information contact Hala Barrios 202-433-2816 hala.barrios@usmc-mccs.org

Community Service:

- Habitat for Humanity
- Toys for Tots
- Adopt a School
- Park cleanups
- Veterans Homes





Visit MCCS online

http://mccs8thandi.com/

Upcoming Events
Semper Fit Services
Gear Issue Menu
Sports Schedules
Massage Appointments
Useful Links for New Joins
Facility Reservations
Volunteer Opportunities
AND MORE!....

Visit D.C.

Check out the sites below for info:

National Mall and Memorial Parks
Travel Guide to D.C.
Travel Guide to Northern Va.
Travel Guide to Md.
Barracks Row/Capitol Hill
Washington D.C. Metro

Points of Contact

Unit Readiness Coordinator Gunnery Sergeant Rubin J. Tan

Email: rubin.tan@usmc.mil Office: 202-433-4881

DoD Safe Helpline

Click: www.SafeHelpline.org Call: 877-995-5247

Text: 55-247

Command Religious Ministry Team

The command religious team is present to provide care for Marines, Sailors and their families. The chaplain offers confidential communication and is available for individuals, couples, premarital, stress, and pastoral counseling.

Chaplain: 202-233-6201

Religious Program Specialist: 202-433-2521

Officer of the Day/Staff Duty Officer 202-345-9492

HELPFUL LINKS

MBW Website

MBW Facebook

















