

# Pass In Review

June 1984







## About the Cover

As the 27th Friday Evening Parade Season marches on, the year will undoubtedly be filled with surprise as the experts of military showmanship display their special capabilities of drill and music. March on 8th and I, your true colors are really showing this year.

## Inside Cover

D&B TRIVIA: It should be well known to 8th and I Marines by now that the 'Commandant's Own' turned fifty this spring. But 1934 saw not only the birth of the Marine Drum and Bugle Corps, but Director/CO Major Truman W. Crawford as well.



## Back Cover

No parade would be complete without the appearance of Marine Barracks mascot, Sgt Chesty the VII. The son of Tsar Igor Brandivich and Jasper's Little Valentine, Chesty strolls with Corporal Wayne Buchholz toward an applauding crowd.

JUNE 1984

# Pass In Review

Marine Barracks, Washington, D.C.

June 1984 Vol. 4 No. 6

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# COMMANDERS' VIEWS



Since its founding in 1904, the Navy Relief Society has been the principal source of emergency assistance to members of the Navy and Marine Corps, both active and retired, as well as their dependents and survivors. Whenever Sailors or Marines are in need, the Navy Relief Society responds with aid in the form of interest-free loans, grants or gratuitous services.


The Washington Navy Yard (WNY) Branch Office of the Navy Relief Society supports Marines from the Barracks who are in need. The following statistics reflect the year, number of Barracks Marines cases, and percentage of total cases that were supported by the WNY Branch Office: 1981/348/37 percent; 1982/407/35 percent; 1983/476/34 percent and 1984 (to date) 89/25 percent. Clearly, the support the Barracks receives from Navy Relief has been both consistent and tremendous.

There is no such thing as a free lunch. The increased availability of assistance to those in need can only be supported through the generosity of the men and women of the naval service to ensure the Navy Relief Society has strong financial reserves to meet current and future needs of Sailors, Marines, their dependents and survivors.

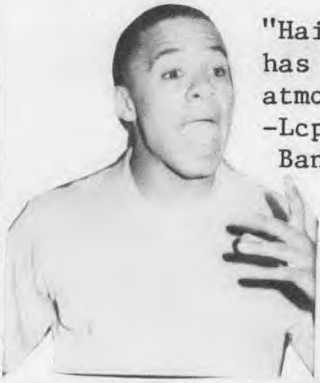


The Navy Relief Society's annual call for contributions is underway until 6 June 1984. You will be contacted by a designated keyperson and offered the opportunity to make either a voluntary cash or allotment contribution. In your decision making process, remember in the past three and a half years over a thousand Marines from the Barracks have received help from the WNY Navy Relief Branch Office.

Your support of this campaign will be greatly appreciated.

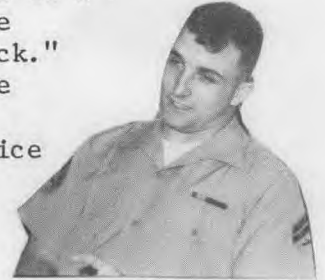


R. D. Weede  
Colonel, U. S. Marine Corps  
Commanding



"Haines Point is good. It has a nice summer atmosphere."  
-Lcpl Steve Carradine  
Band Admin

"I like anywhere outside as long as it's not on the parade deck."  
-Cpl Wayne Bucholz  
Adj. Office

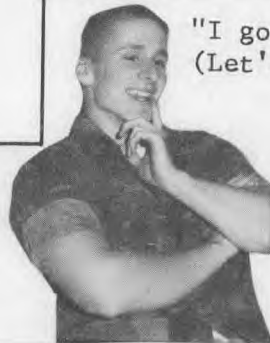


"My favorite place is at home. I'm happy when I'm there."  
-Mrs Addie Andrews  
MCX Manager



I think the Mall is a good place to hang out. It's a good place for a tan.  
-Cpl L. Zuniga  
MCI Headquarters

## Troop Talk: What's Your Favorite Summer Hang-out



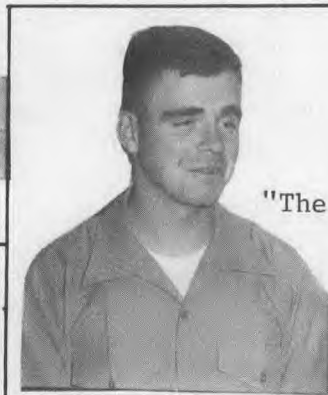
"I go to Ocean City for... (Let's just say the ladies)."  
-Cpl T.L. Shows  
H&S Company Office



"I go anywhere I can to be in the sun."  
-Sgt Julie Winchell  
Personnel



"I like the Mall because there are a lot of people to watch...especially men."  
-Lcpl M.K. Craven

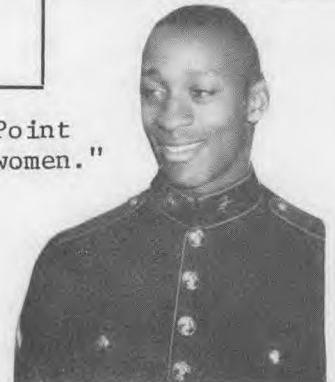


"The mountains of Virginia. It's quiet, cool, and very romantic there."  
-Cpl O.A. Duff  
D&B



"I like Ocean City for the beaches."  
-Lcpl T.B. Munson  
B Co

"I like Haines Point because of the women."  
-Lcpl Victor Seabrooks  
A Co





## Sgt Maj On... Departure

**A**s many of you know, and the rest of you will find out, all kinds of things go through your mind as you prepare to leave a duty station. Often you may not even be sure if you enjoyed your tour until you take a look at it from a few months away. I expect that's the way it will be for me and 8th and 'I.' I can easily say, however, that I enjoyed working with the finest Marines I am ever likely to meet, all bunched up in one command. Most of you don't know how good you really are. Which is just fine since it would slow you from becoming as good as you're going to be.

During the past three years I have watched this Barracks progress in the areas that matter the most, proficiency, esprit de corps, morale and discipline. The progress made in these areas has been dramatic and can be attributed to one thing, the quality of the men and women who have checked in here. I am directly responsible for some of you being here and perhaps indirectly responsible for many others. I know I didn't do some of you any great favor but the mission of this Barracks demands good people and you're it. I am sure that you will continue to support Sergeant Major Winborn as you have me and that you will continue to improve the ability of this command to perform its many missions.

**G**ood luck to you, I hope I get the opportunity to serve with you again.

### Welcome Aboard Sgt Maj Winborn

The Barracks has a new Sergeant Major aboard, Sergeant Major James W. Winborn Jr. He will be posted on June 6, relieving SgtMaj Patrick W. McLane.

SgtMaj Winborn is a native of St. Louis, Missouri, and is a graduate of Baker High School, Baker, Louisiana. He has served numerous tours on both Special and Independent duty, and his experience should bring a wealth of knowledge to the enlisted ranks here at the Barracks.

His career includes two tours on San Diego's drill field, both a stateside and Vietnam tour with 2nd Bn., 7th Marines, and Sea Duty aboard the U.S.S. Midway. He has stood Barracks Duty at Concord, Ca., Embassy Duty at Panama City, Panama, and I&I Duty at Baton Rouge, La. He has also served as an instructor at the Infantry Training School, Camp Pendleton and at the Marine Security Guard School, Quantico, Va.

Prior to his arrival at "The Oldest Post of the Corps", he was Sergeant Major for the Recruiting Station at New Orleans, La. The Sergeant Major is married to the former Hilka E. Heikkinen of Kalajoki, Finland, and has a daughter, Melissa.

Welcome aboard Sergeant Major and Mrs. Winborn. We hope your tour will be enjoyable.

# Guaranteed Student loans

## Your Navy Relief Society

This is the time of year when students submit their application for admission to college or vocational school. One of the tough questions facing most families is: "Where's the money coming from?" Paying for a post-secondary education involves a monetary commitment second only to buying a home, and requires the same kind of careful financial planning.

The first thing to do is to make a realistic assessment as to how much of this extra load can be carried by savings and annual income without putting an unacceptable burden on the other members of the family. If there is a big shortfall, as happens all too often, it's not the end of the world. There are many avenues of possible assistance which do not have to be repaid...scholarships, grants and work/study programs. The Financial Aid Office at the institution to which you are making application can provide details on how to apply for aid for which your dependents may be eligible. In many areas, high school guidance counselors can also provide helpful advice.

If, after reviewing these avenues, you still need financial support, then a Guaranteed Student Loan should be considered. Navy Relief has made arrangements to see that such loans are available to eligible dependent children of active duty and retired members of the Navy and Marines Corps "Fleet input" personnel in programs such as NROTC, ECP, and MECEP are also eligible, as are the spouses of active duty members.

The Navy Relief Guaranteed Student Loan Program was initiated to overcome the difficulties experienced by many servicemembers in getting such loans. Navy Relief has made arrangements with participating banks to ensure the availability of loans for applicants who meet the basic eligibility requirements of the deferral Government. These governmental requirements are:

- Be a U.S. Citizen (or authorized immigrant alien).
- Be enrolled, or accepted for enrollment, in a post-secondary school approved by the Department of Education.

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-Meet a financial "needs" test administered by the Financial Aid Officer at this school. Students from families with an adjusted gross income of less than \$30,000 are normally presumed to "need" a loan, unless the cost of education is offset by other student aid. The Financial Aid Officer performs a more detailed analysis of the "need" if the family has a higher income.

Under this program, a student may borrow up to \$2,500 per year (\$12,500 total) from the bank to meet undergraduate education costs such as tuition and fees, room and board, books and supplies, personal needs, and transportation. Students at graduate or professional schools may similarly borrow up to \$5,000 annually to meet these same costs. The maximum that can be borrowed for any combination of undergraduate and graduate education is \$25,000.

Repayment of loans is the responsibility of the student, and parents are NOT required to co-sign loan agreements. Payments on the principal and interest are deferred while the borrower is in school. Thereafter the borrower repays the principal plus eight percent interest in monthly amounts as specified in a repayment schedule which will be provided by the lending bank. The maximum repayment period is ten years.

Incidentally, the Society also administers a program which provides up to \$1,000 per year in grants to GSL applicants who are the children of deceased servicemembers. If you know of anyone who might be eligible, urge them to contact the Society's Headquarters.

If you are interested in more detailed information, you should get a copy of the pamphlet, "The Navy Relief Society Guaranteed Student Loan Program," from the D.C. Auxiliary, located in the Navy Yard, or by writing: Director of Education Programs, Navy Relief Society, 801 N. Randolph Street Room 1228, Arlington, Va. 22203. "Fleet Input" selectees for the NROTC/ECP/MECEP Programs can obtain this information from the Professor of Naval Science or the Marine Officer Instructor at their school.

# One Last Splash Before...

Pouring, pointing, poking, and putting are the first four of five 'P's at 8th and I. As this parade season matures there'll be many more days of it. The fifth 'P', one that we all strive to achieve regardless of our job, is perfection. Before every parade, just like the first, no stone is left unturned in perfecting the appearance of the Corps' oldest post. The key is teamwork. Marines teaming



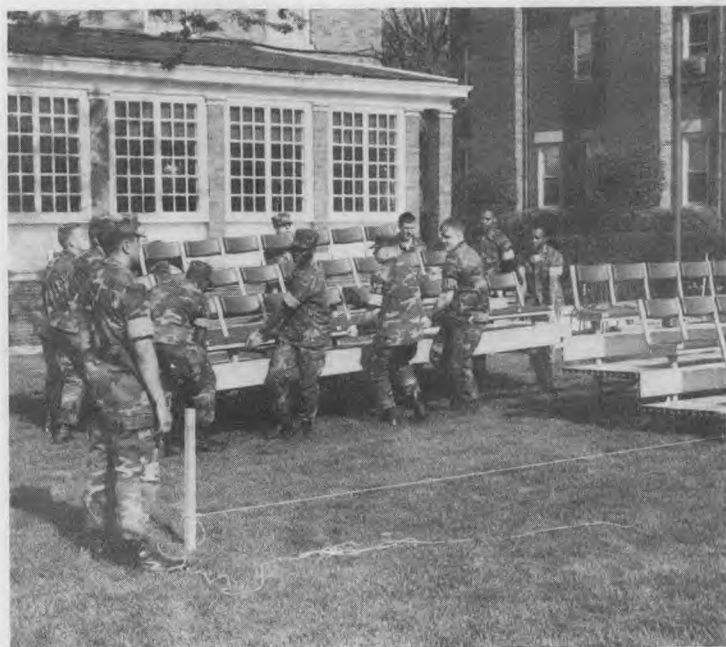


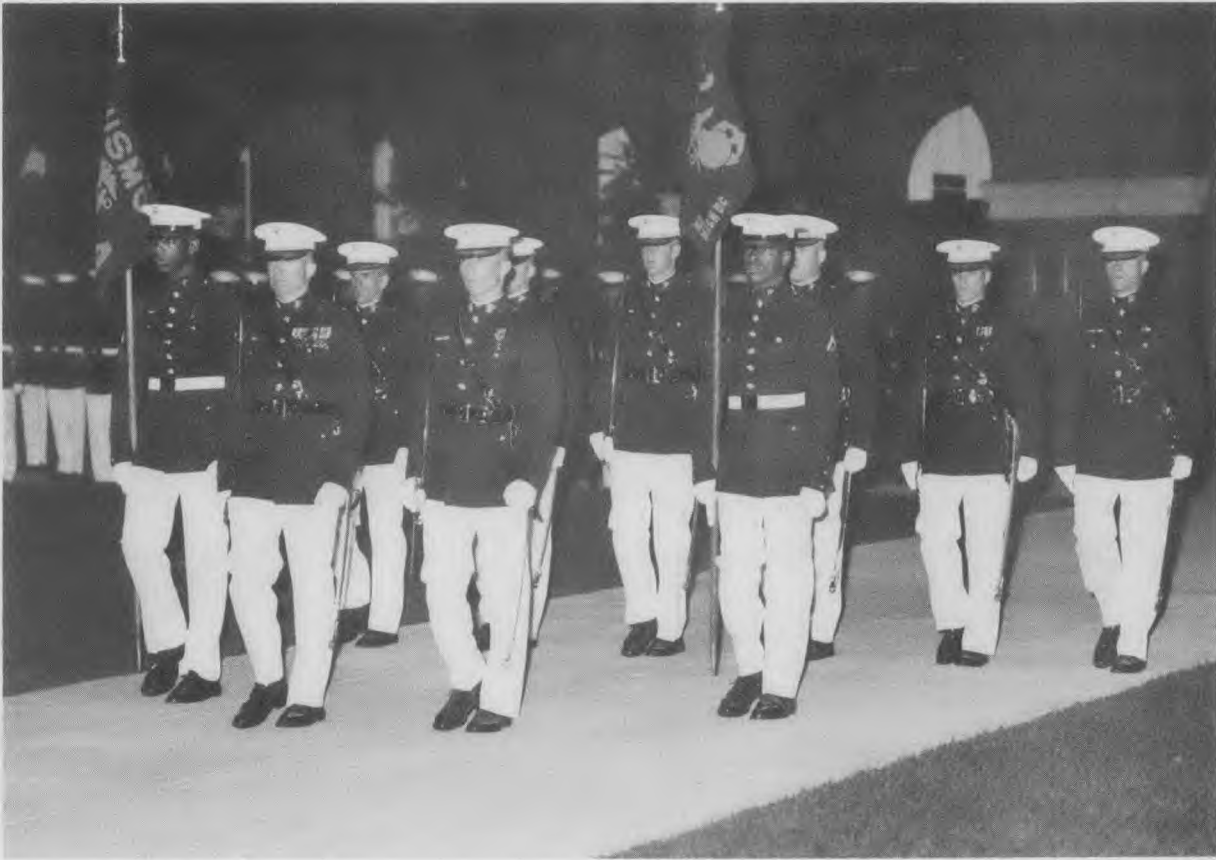


to make the whole thing come together. Too often a visitor will comment on the event and the amount of practice necessary to put on a show such as our's, with no word about the stage on which the show is set. Then there's the other guest who'll say something like, "There's something about this place I like, but I just can't put it into words."



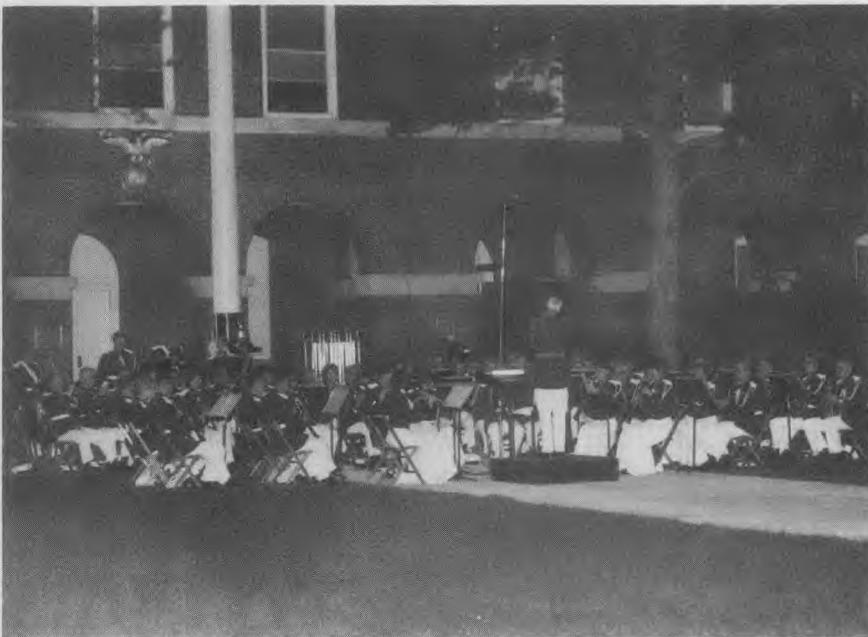
The bottom line, and answer to what they say, is 'P' power. All those 'P's are necessary in preparing this post for a perfect parade.



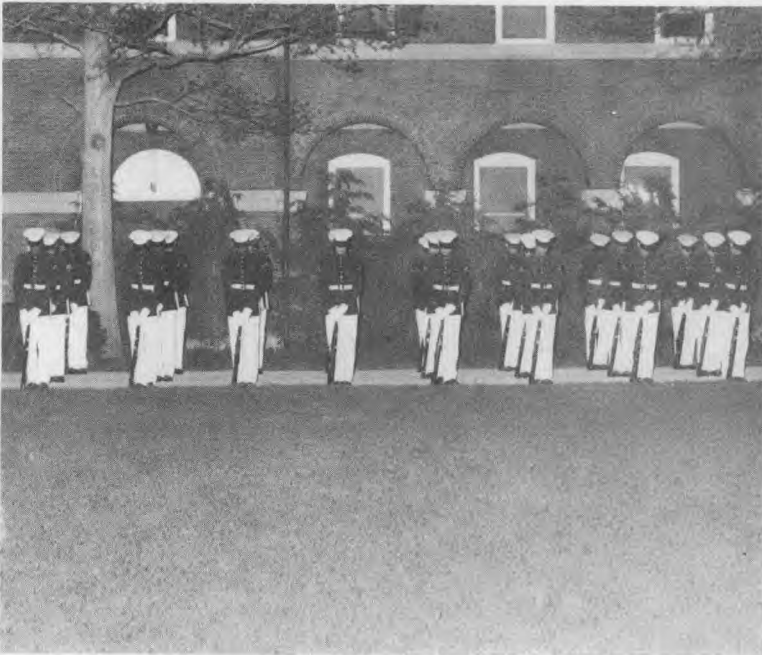


# The 27th Evening Parade Season

By Sgt J.W. Jordan and Cpl T.M. Green



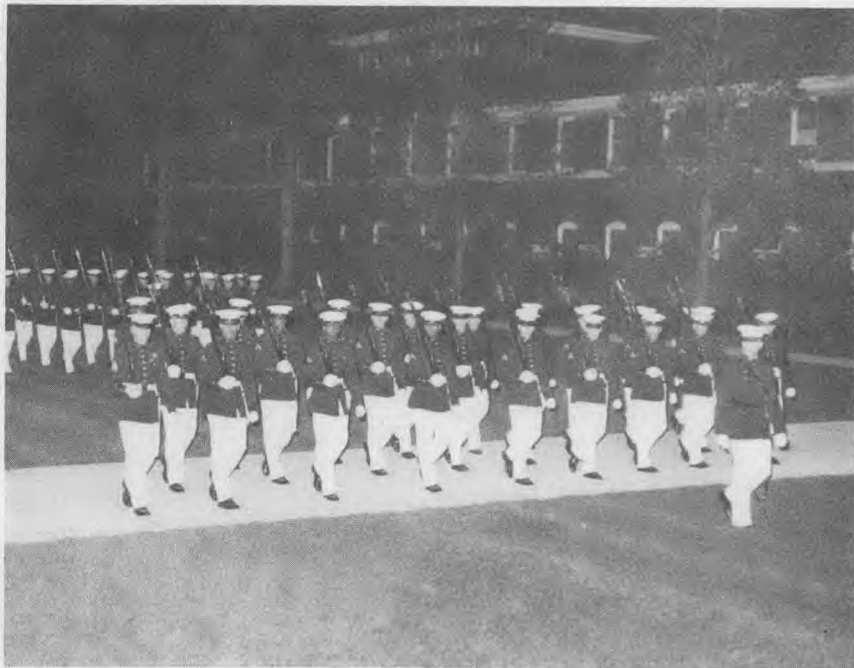
PIR



As our scrapbook continues, our number of 'P's increase by at least one. The final 'P' in this pictorial potpourri must be PARADE. There are plenty this year. Barracks Marines can count on at least 14 at Iwo and 18 here. Of course some of our Leathernecks will see many more. An estimated one hundred - forty thousand people will come to see us this year. Our prime objective is to represent Marine Corps pride, and do it in a most precise manner. If you've stopped to ponder, what is with all the 'P's, we just felt it



periphrased the preoccupation involved in putting on our parades. You may have other 'P's to describe how you feel about pageants. If so, fill out the form below, and turn it in to GySgt Polhamus in Public Affairs. P I R would be pleased to publish your 'P's.



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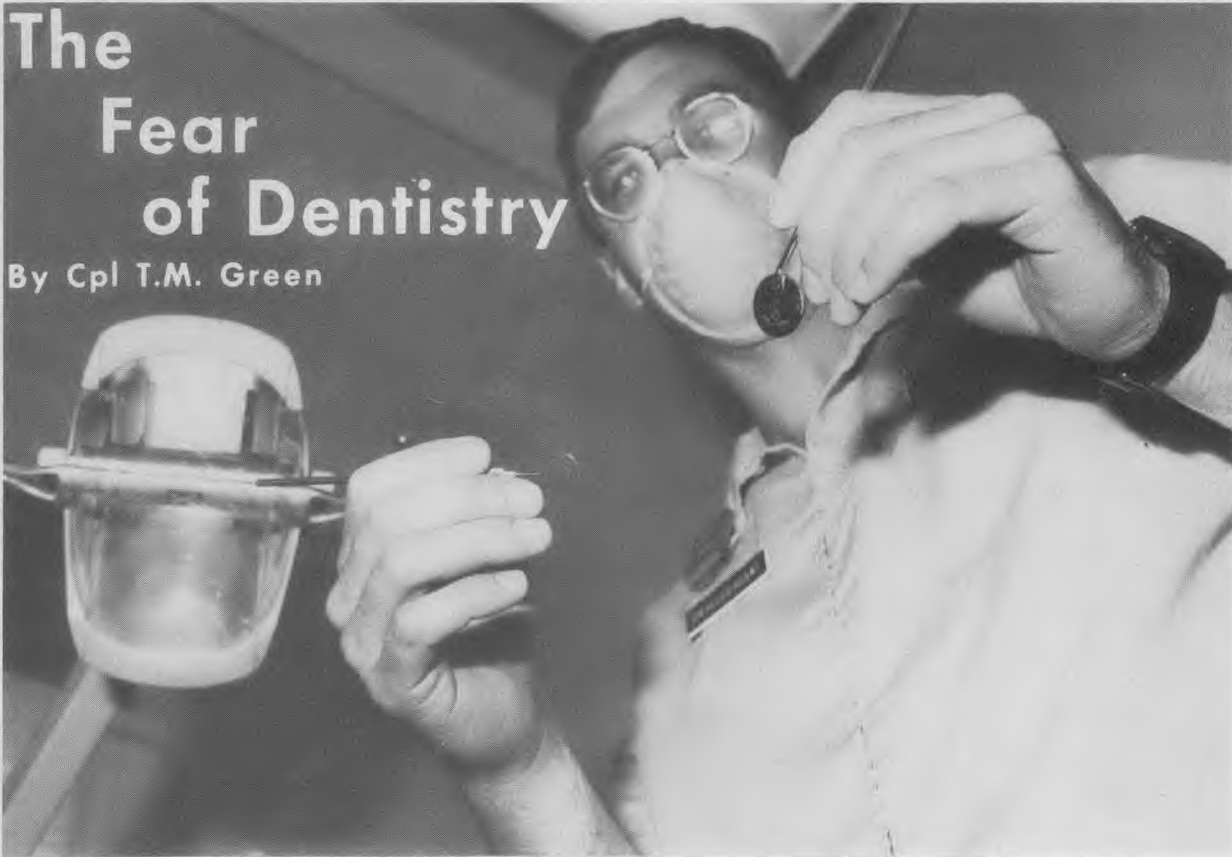
Name: \_\_\_\_\_  
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Pet 'P's \_\_\_\_\_  
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How you'd use it or them:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# The Fear of Dentistry

By Cpl T.M. Green



**A**war is going on. Not on the battlefields, but in the mouths of America. And the enemies of the mouth are preparing an attack. Agent Plaque, a sticky colorless film is the oral weapon, as the cavity creeps launch their frontal assault, with bacteria bringing up the rear as the supporting element. The central areas of attack, the gum line, between the teeth, and the natural crevices of the tooth surface have not been brushed and flossed regularly, and have no defense against this germ warfare. As plaque begins to set in, decay, an ally of plaque, joins in on the frontal assault and begins to destroy the covering of the teeth, enamel. Orders pass through the chain of command, and Dentin, the sentry to the nerve center, is alerted to the ongoing attack. Dentin contacts the pulp, the central nerve center of the teeth company, and warns it that the enemy has almost penetrated their defenses. Since the measures of preventive dentistry have been regularly overlooked it seems evident that the teeth company will fall prisoner to the offenders. The only hope left for the company of teeth is the immediate action that can only be applied by a dental check-up; in hopes that the survivors of the cavity creep's attack can be saved.

The war on plaque is an epidemic. And the battle to save damaged teeth, as well as gums, and supporting structures is an ongoing effort by the professionals of the dental field. With the discovery of new technology in the dental industry, the threat of tooth decay is far less serious today than it was as recently as 15 to 20 years ago, according to DT3 Ron Hicks, 8th and I's resident dental assistant. "The real battle," continued Hicks, "is that people are often afraid of the dentist, and associate pain and a visit to the dentist as one. So more often than not, people put off going to the dentist as regularly as they should, and when they finally go to the dentist, it's for something really serious...something that could have been controlled, had they visited the dentist on a regular basis."

**T**his can be proven by the mere fact that about 40 percent of people on the average, visit the dentist on a six month to a year basis, stressed Hicks. "That sixty percent left over," continued Hicks, "are the ones who neglect coming to see the dentist, and end up having problems later, which could become severe." He added, "In order for people to take care of their teeth, all



Dr. Allushuski exams a Barracks Marine for his semi-annual check-up. When he examines a patient, the "Doc" is usually looking for cavities, and teeth that have been damaged due to improper care.

that's needed is a few check-ups from the dentist, and some common practice of preventive dentistry at home."

The purpose of dentistry, as explained by Dr. R.G. Allushuski, resident dental officer, is to treat and diagnose diseases of the mouth and abnormalities, and to prevent oral decay. "The mouth is the gateway to your whole body, you are what you eat," said Allushuski. As a member of the dental profession, the "Doc" is concerned with your overall health and oral hygiene, not just cavities. With the most vital parts of the body, such as the brain, nose, throat, ears, and jaws so closely associated with the mouth, any disease or bacteria present, may affect these areas, causing infection and may create a more serious problem without the use of preventive dentistry.

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"On the average," Petty Officer Hicks injected, "between 32-38 different types of bacteria converge in your mouth. Some bacteria is necessary to kill off germs in the mouth, while others may fester, causing inflammation and gum disease if not properly treated." "Effective control of plaque," argued Allushuski, "can deteriorate bacteria and help prevent the condition." And with the proper care for the teeth, signs of improvement should result within seven days. A particular gum disease called Peridontal, is caused by bacteria and plaque build-up. Plaque by-products can cause inflammation, which, if not cleaned, create a hard substance called calculus. This substance builds gradually, and will begin to destroy the tissue that anchors the tooth in the jaw. Ultimately, too little gum and bone may remain, and the tooth will not be able to be held in place. Proper care of the teeth can prevent this disease from ever happening.

So how does a person properly care for the teeth and his mouth? "Brushing after every meal is one way," said Hicks, "because it mechanically removes the food and bacteria that can cause plaque build-up. With proper care of the teeth and mouth you can keep them under control and establish a fine balance. The best way," he continued, "is to use a soft bristle brush with a small head, brushing the teeth at a 45 degree angle." In addition to brushing, teeth should also be flossed in between to remove plaque. Once a day is best, but at a minimum once every 72 hours. Plaque being a soft substance will after 72 hours, calcify and harden on the tooth. The tooth holds the bacteria and begins to cause serious problems.

"Good nutrition and daily oral hygiene is the most important thing," added Allushuski. "Processed foods, foods with a high content of sugar such as gooey candy, licorice and many breakfast cereals are not very good because they stick to the teeth. If a person must have these types of foods, they should be consumed in moderation."

13

# MARINE CORPS INSTITUTE

FOUNDED 1920



## Educating a Growing Corps

### PIR Staff Report

On any given day throughout the year a Marine checks into a new unit. One finds that wherever he or she goes the check-in sheet is one of the first tasks to be accomplished, and usually one of the first stops is with the Training NCO. Here the Marine is frequently told these days, "You have to take out at least one M-C-I course while you're stationed here."

With a bewildered look, the Marine either asks "why" or accepts it as Command policy and one of those "100 percent participation things."

Marines today are understanding more and more that M-C-I is a little more than blacking in A-B-C or D, and a lot more than command statistics on the Unit Activity Report (UAR). The points a Marine builds up by taking out an MCI course are not necessarily "brownie points" with the Commanding Officer. But they do equate to points for promotion, and in many cases college credits.

According to Captain Steven Baird, officer in Charge of the Institute's Student Operations Department, a Marine can earn up to 50 points towards his composite score by completing five MCI courses. "The 10 points per course are added each time the composite is computed until the Marine is promoted," said Baird. In addition to points for promotion Baird added "MCI courses are evaluated by the American Council on Education, and now college credits can be earned from a growing number of these courses."

The Marine Corps Institute has in 64 years grown from a base school at Quantico, Va., to a Marine Corps-wide institution which has a higher completion rate (91.2 percent) than any of the other service correspondence schools.

When MajGen John A. Lejeune founded the school on Feb. 2, 1920, the thought barely occurred that MCI would be what it is today.

The 13th Marine Corps Commandant envisioned the Institute as a means of improving the morale of post World War I Quantico Marines by raising their educational and training levels. The school became so successful that arrangements were made for students to continue their studies by correspondence.

Later the same year, the Institute was moved to the Marine Barracks, 8th and I, in Washington, D.C. and by 1953 it had grown from a Marine Corps school providing primarily vocational courses, to an institution providing courses designed to increase the technical and general military proficiency of enlisted Marines.

Recently (Sept. 1983) MCI enrolled its four millionth student, and in six decades its mission has expanded to include preparing and distributing essential subjects handbooks as well as consolidating the Marine Corps Extension School with MCI.

The Institute is staffed with 18 Marine Corps officers and 113 enlisted as well as 27 civilian employees who provide continuity for the Institute and represent from just a few months to 21 years service.

Under the administrative control of Marine Barracks, 8th and I and operational control of Marine Corps Education Center, MCDEC, Quantico, Va., MCI has seven departments.

In addition to a Headquarters section, the departments include 2) MOS Training Department which develops MOS courses as well as essential subjects training and testing packages; (3) The Professional Military Education Department which develops career courses that parallel the resident schools at Quantico; (4) The Student Operations Department performs administrative functions from receiving applications to issuing course completion certificates; (5) Data and Graphics Systems provides the word processing, illustrations and artwork for MCI courses, and maintains the Hewlett-Packard 3000 computer which serves the entire Institute; (6) MCI Supply stocks, maintains and wraps all courses for mail out; and (7) the Special Programs Department which coordinates and prepares non-correspondence course training and education programs assigned to MCI.

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*IT'S IN THE BAG: Packaging course materials at MCI is one of a number of steps between student and teacher. Now in its 64th year, the Institute handles an estimated 1 million pieces of mail annually, and usually without snags. But as in any operation its size, a loose screw can slow down the machinery. Marine students can help by making sure answer sheets are not soiled or torn. When they are, those lessons which are normally graded by machine must be handled personally. (Story and Photos by SSgt Eric Stradford)*

The way Deputy Director LtCol J.M.D. Holladay sees it, "MCI fills a distinct void that cannot be accomplished by anything else in the Marine Corps." Too often time does not allow for formal schools or even unit leaders to train Marines as they should be trained "but somebody has to do it...and we do," he continued.

In Fiscal Year 1983 MCI's staggering figures included 252,000 enrollments, with 181,000 completions. They graded 194,000 exams and handled over 1 million pieces of mail.

A seldom used resource within the Marine Corps Institute is the immediate availability of information.

Often a course on new tactics or equipment will be researched for months or even years. The knowledge accumulated by MCI course writers is available to all Marines, and all that's needed is a request.

For information, call (AUTOVON) 224-2784, FTS/COM. (202) 433-2784 or write to Marine Corps Institute, Marine Barracks, Box 1715, Washington, D.C. 22222, Attn: MOS Training Dept. For information on the administration of correspondence courses call Student Operations at AUTOVON 224-2197 or contact your Training NCO.

# The Friday

## Evening Parade

### (Part II)

#### ...a continuing saga

*When last we left our looney Leathernecks at the oddest post of the Corps, Cpl Alice Adminis was struggling desperately with one blushed cheek, trying to finish a letter on which she spilled lotion. Pfc Wally Weed was still searching for a place to take his late morning nap, and our star, Sid Ceremonial was about to enter the 'time tunnel' where the mysterious Mr. Tite anxiously awaited. Please keep in mind that all our looney Leathernecks are fictional characters. We enter part two of our five-part continuing saga of "The Friday Evening Parade."*

Our story continues following several weeks of hard-time in the D.C. Armory, and on Bolling Air Force Base. Our star, Pfc Sid Ceremonial is finally ready for his debut. Or is he?

Once again he finds himself waiting to see the mysterious Mr. Tite. This time he arrives to find only LCpl Charlie Chairs and SSgt Dean B. Corps ahead of him. Cpl Perry Printer has also come up from the 'Tute,' but just for a light trim. "How's it going?" Charlie asks Sid. Not even hearing the question our star responds, "One-Two-Butts." Pfc Ceremonial like Cpl Alice Adminis (who never did get her other cheek blushed or the four-page letter re-done) has become another prime candidate for sessions with Father Peachey.

Others have been working feverishly in preparation for tonight's opener as well. Flo Flowers has been working her green thumbs to the bone, while members of her merry band (Pfc Wally Weed, Cpl Burt Balde, and LCpl Lonnie Mower) managed to skate for five minutes one day ceremoniously spinning rakes and broom handles.

Tonight will be thee night...the first of the season. The compound has once again fallen under the ominous cloud of 'Parade Atmosphere.' But so much has happened in getting here. LCpl Ronnie Reservations has informed us that the next three weeks are already "booked up." LCpl Sam Soundman, fighting with himself to keep inside the secrets of "The Voice," has gone through 38 takes of "LADIES AND GENTLEMEN...THE MARINES OF MARINE BARRACKS WELCOME YOU..."

Both SSgts Dean B. Corps and Rub R. Band have worked their embouchures almost to perfection during the off-season only to have them battle-whipped during the journey down the newly laid parade deck. They've all worked hard for this night, but none as hard as our own, Top Ops. He only knows of the spirits which haunt the historic compound. Each and every Friday night following a successful ceremony, he wipes the sweat from his brow, and lays his head on his pillow for his only restful night of the week. For only Top Ops remembers the powers which the infamous Bob Blunder possess.

No one else must ever know of Top Ops' obsession, but can he keep it hidden? Will Bob Blunder ruin the ceremony that means so much to so many? Will Dean's and Rub's lips survive the journey? Will the secrets of "The Voice" be revealed? And finally, will Father Peachey be able to help Alice and Sid in time?...Don't miss Part III of this continuing saga of "The Friday Evening Parade."



## Instructors needed for JROTC

(MCNEWS) The Training Department at HQMC has announced vacancies for Marine Corps Junior Reserve Officers' Training Corps (MCJROTC) instructors at several high schools throughout the United States.

The MCJROTC program is designed to develop, among high school students, the self-discipline, self-confidence and leadership skills to assist them in successfully meeting the challenges of adulthood.

Instructors for the program are retired Marine Corps officers and SNCOs, SNCOs transferred to the Fleet Marine Corps Reserve. Instructors must wear the Marine Corps uniform while on the job and meet the Corps' strict standards for personal appearance. Certified by this headquarters, instructors must have an "excellent military record, be in good health and possess sound moral character."

The following instructor billets are currently vacant, or are anticipated to become vacant, in the near future:

--Senior Marine Instructor (officer): Lindenhurst High School, Lindenhurst, N.Y. (presently available); J. Oliver Johnson High School, Huntsville, Ala. (presently available); Donna High School, Donna, Texas (presently available); South Bay Union High School, Redondo Beach, Calif. (available August 1984); Portage Township High School, Portage Ind. (available July 1984); River Rouge High School, River Rouge, MI. (available May 1985); Saint Pius X Regional High School, Piscataway, N.J. (available June 1984); and G.P. Butler High School, Augusta Ga. (presently available).

--Marine Instructor (SNCO): Lindenhurst High School, Lindenhurst, N.Y. (presently available); Yonkers High School, Yonkers, N.Y. (available July 1984); Donna High School, Donna, Texas (presently available); Midway High School, Waco, Texas (presently available); and South Bay Union High School Redondo Beach, Calif. (available August 1984).

Certification as an instructor may be requested by personnel while still on active duty, and for up to three years following discharge.

For further information, write HQMC (Code TDE-32), Washington, D.C. 20380 or call Captain R.R. Fleming at (AV) 224-1241 or (202) 694 1241.

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## Slimnastics

The Bellevue USO office is extending an invitation to the women of the military community to join them on Monday, Tuesday, and Thursday from 9:30 a.m. or 6 p.m., Wednesday at 6 p.m., or Friday at 9 a.m. or 6 p.m. for a class in Slimnastics, held at the USO Community Center. The class is designed to help women shape up and trim their bodies. The class is free. Teresa Rogers and Lori Cosgriff are in charge of the program.

For more information concerning the class, call the Bellevue USO office at 561-6031.

## Register with DEERS

Barracks Marines whose families are not listed in the Defense Department's DEERS computers risk having their CHAMPUS claims denied, beginning July 1.

Enrollment is crucial because those family members, military retirees, and survivors of deceased active or retired military members will not get non-emergency care at service hospitals and clinics after October 1 unless they show up on the DEERS rolls.

Assistant Secretary of Defense (Health Affairs) William Mayer, M.D., recently declared that "no one will be denied emergency medical care in a military facility. However," he added, "anyone seeking non-emergency care in a uniformed service facility would be turned away if his or her eligibility cannot be confirmed through DEERS." The policy only applies to care provided in the U.S. Expansion of DEERS worldwide will come later.

DEERS is the Defense Enrollment Eligibility Reporting System, a computerized data bank that keeps information on everyone who's eligible for military health benefits, including CHAMPUS. The system is designed to make sure that only those who are eligible for those benefits receive them. By using all of its available health care resources more efficiently, the Defense Department hopes to save tax dollars while still providing quality health care to service families.

Barracks Marines who aren't sure whether they're properly enrolled in DEERS should check with the personnel office and enroll now.

# 300 Club sets the standards

By SSgt E. Stradford

For many of 8th and I's 900 or so Leathernecks, PFT time comes around all too often. As some will attest, just passing the darn thing is a major accomplishment. Others push their bodies to what they feel is the limit and manage to squeeze out a first class.

Marine leaders view physical fitness as essential to being combat-ready. They define it as "a healthy body; the endurance to withstand the stresses of prolonged activity and adverse environment; the capacity to endure the discomforts that accompany fatigue; and the ability to maintain combat effectiveness." The Marine Corps Physical Fitness Test represents "the acceptable standards of fitness."

Merely performing to acceptable standards has been traditionally unaccepted by exceptional Marines. Because of that, a few good men at the barracks here have resolved to, and achieved maximum scores on the semi-annual PFT. Although they're probably the most obscure group of athletes at the "Oldest Post," they make their presence known in individual and team efforts alike. Some 18 Barracks Marines are on the roster of what could be considered the Corps' 300 Club.

At least two of these salubrious Sea Soldiers have managed a 300 everytime the Corps has tested them. MCI's Captain 'Ned' Davis, who has been a Marine for six years, does not only 'max' his PFT's, he occasionally competes outside the command. His most recent involvement was the Xerox Invitational, at which he teamed up with ten fellow MCI Marines for a marathon relay. Of the 70 teams competing, Davis' team finished 12th.

First Lieutenant William Dwiggins recently competed in a local triathlon. Like Davis, Dwiggins has scored 300 on every PFT since he joined the Marines in 1978. His grueling Saturday afternoon (May 5) involved over a mile of swimming, 16 miles of bicycling, and 6.2 miles of running. The A Company XO finished with a time of 2 hours, 7 minutes, and 18 seconds. Mrs. Debra Dwiggins, who was on hand to assist her husband in changing from event to event commented,



"This is pretty much routine...he's involved in some type of race every weekend."

Not all of the Barracks' eighteen 300 clubbers are triathletes or marathoners, but they have demonstrated what can be achieved by maintaining a sound body. "I feel that to be a good leader, you have to demonstrate what you expect of those you lead," said Dwiggins. He concluded, "Some good leaders stressed to me the importance of a strong mind and body, and now I know that through strength and knowledge I can and will succeed."

## PASS IN REVIEW 300 CLUB

Let it be duly promulgated and recorded that the Marines listed are hereby recognized for their outstanding achievement. By their individual display of physical excellence they have demonstrated to their fellow Marines and to their Corps that maximum effort produces maximum results.

- 1). Captain Edward V. Davis
- 2). 1st Lt William O. Dwiggins
- 3). Sergeant Lawrence M. Denecke
- 4). Corporal Erick Keppeler
- 5). Corporal Michael P. Miller
- 6). Corporal Christopher Musarra
- 7). Corporal Joe D. Rhemann
- 8). Corporal Robert Runquist
- 9). Corporal Jaime Solis
- 10). Corporal David Soto
- 11). Lance Corporal Richard L. Balderson
- 12). Lance Corporal Raymond Billeaud
- 13). Lance Corporal Herbert Blache
- 14). Lance Corporal Raymond J. Clement
- 15). Lance Corporal Patrick W. Hoppe
- 16). Lance Corporal Timothy Lamar
- 17). Lance Corporal Floyd R.W. Smith
- 18). Lance Corporal Richard Toeller

# Editorials

## Biker's Beware

Editor,

Something has occurred recently which usually happens this time every year that seems will never change. Motorcycle riders come out of the woodwork and onto the freeways.

I have nothing against bikers, I'm one myself, but it's the way some drive that just totally burns me up. Apparently some bikers think that because they are only on two wheels that they can drive anywhere they want. They drive on sidewalks, the shoulder of the road and worst of all, between cars...On The Freeway!

I know that Barracks Marines do this because I have seen (and almost hit) several of them. So have other people I've talked to about this problem.

Walking to my office the other day I saw a total of ten bikes with temporary tags on them here at the barracks. It would be interesting to see how many of, not only the new bikers, but all the bikers at the barracks have Motorcycle licenses. I'll bet quite a few don't. And if they don't that means they haven't passed the written or driving test to show they know how to ride a bike. Which is apparent by the way some, not all, but some of the Barracks Marines ride.

It's no wonder bikers have a bad reputation. Driving between cars on the freeway is stupid. Especially around here. I see people drifting back and forth all the time from one lane to the other. Changing lanes without using their blinkers. Two Marines I know here that have bikes were rear-ended at stoplights or stop signs.

Motorcycles and fourwheeled vehicles are governed by the same laws of the road. It is illegal to drive between vehicles just because there's a traffic jam. It's illegal to drive on the sidewalk or shoulder, and it's illegal to change lanes without using your blinker.

EDITOR'S NOTE: If you ride a bike and are stationed at the barracks you are required to have a bike license, have insurance on the bike and also take the Motorcycle Safety Class at Bolling .

If you haven't you may lose your parking space, if you haven't got a space don't look for one until you have what you need to get one.

JUNE 1984

Those of you who follow the rules of the road should look out for your friends who don't. You don't want to be run off the road because your friend made someone mad at bikers, who in turn takes it out on you.

Drive safe, the life you save may be your own.

-Annoyed Biker

## CMC on Motorcycles

The long awaited arrival of nice weather brings with it certain ominous statistics. Since the beginning of the year we have lost eleven good Marines through motorcycle accidents. The contributing factors differ from case to case, but several factors come up more than once and can be absolutely identified as killers: irresponsible consumption of alcohol; non-attendance of a certified motorcycle training course; not wearing an approved safety helmet; and excessive speed. Obviously, these factors are not unto themselves the cause, but they certainly, each in their own way, diminish the rider's ability to stay in control of the situation.

Commanders are requested to review Motor Vehicle Safety Programs established in accordance with the reference, particularly as they apply to motorcycles. Specific emphasis needs to be made with regard to the special dangers associated with motorcycles.



"What else could possibly go wrong?"

STAN  
SCHNEIDER

## Southeast Scam

When President Jefferson and Commandant Burrows selected the site for Washington's Marine Barracks 183 years ago, they couldn't have imagined some of the things U.S. Marines would be subjected to in this neighborhood. The neighbors are easy enough to get along with, but because Southeast D.C. has grown around the historic compound certain hazards to local Marines have blossomed as well.

The fast talkers, flim-flam men, and con-people know we're here, and it would be their pleasure to get to know us better. They know how kind-hearted we Marines can be. They know that we'll try to help when there's a genuine need. But most of all they know we get paid and when we get paid.

Recently one of our Marines got caught up in a scam that cost him over two hundred bucks. He wasn't the first, and if we don't watch out, he won't be the last. His encounter started in front of the neighborhood 7-11. "A black fella about six-one who spoke with a Jamacian accent, approached me asking directions," the 19 year-old Marine said. As the Marine proceeded on to the barracks, the man's request evolved to yet another. He wanted the Marine to hold some money for him. To ensure the Marine didn't rip him off, the man suggested the Marine show he had money of his own. "That sounds fair enough to me," the Marine responded. He then showed the man he did indeed have money. "Let's put your money and mine together in here," the stranger suggested, showing the Marine a hankerchief. "Then put it inside your shirt so nobody rips you off." As the Marine went to put the money-filled hankerchief in his pocket, the man stopped him, grabbing the hankerchief to demonstrate, saying, "No, not there. Put it inside your shirt like this."

The con-man had just pulled off his scam. The identical hankerchief he removed for the Marine to put in his own shirt was filled with newspaper.

D.C. police refer to this type caper as the "pidgeon drop." It, and a number of others are pulled off with precision by flim-flams throughout the area. They make their living by targeting the unsuspecting,

then going in for the sting. One usually doesn't know when he's the target for a scam, but just being aware that these con-people are out there is a good frame of mind to start with. Let's face it! You work too hard for the little money you get. You certainly don't need a con-man to spend it for you.

-SSgt Eric Stradford

## Reader Responds

Dear Editor,

In your article "Games People Play" *Pass In Review*, May 1984, (which I believe was on stress and its management through games) I feel you did your readers a disservice. First, to me, there was no clear direction to the article. Second, you did not define what constitutes the "non-specific reaction" which is stress, nor did you exemplify from where this stress develops. Finally, you did not explain how games (and other activities) help us to combat stress.

*Stressors* are more likely to be events in our personal or professional lives for which this response is either afunctional (meaning it neither hurts nor helps) or disfunctional (it definitely hurts). Escaping our stressors may take some time, and during this time, we are still on this physical edge. Maintaining this edge is fatiguing and debilitating on the body.

What video games, jogging, yoga, weightlifting, sewing, reading, or any other 'recreational' activities do is allow us to: 1) mentally concentrate on something besides what is troubling us (removing the stressor), and 2) put our heightened preparation to use (reducing the response). Your article should have made this more clear.

R.P.2 Nathaniel Brown  
Chaplain's assistant

## Thought for the Month

Xvxn though my typxwritxr is an old modxl, it works quitx wxll, xxcxpt for onx kxy. Thxrx arx 46 kxys that function wxll xnough but just onx kxy not working makxs thx dif-fxrxcx...Somxtimxs it sxxms to mx that our group is somxwhat likx my typxwritxr, not all thx kxys arx working propxrlly. You may say, "Wxll, I am only onx pxrson. It won't makx much diffxrxncx." But you sxx, for thx group to bx xffxctivx, it nxxds thx activx participation of vxvry pxrson...So thx nxxt timx you think you arx only onx pxrson, and that your xffort is not nxxdxd, rxmxbxr my typxwritxr and say to yoursxlf, "I am a kxy pxrson and nxxdxd vxry much."

## Marine Security Guard Promos

(MCNEWS) The Commanding Officer of Marine Security Guard Battalion now has the authority to meritoriously promote Marines to the ranks of staff sergeant and gunnery sergeant.

Viewed as both incentive and reward for the often arduous duties involved, the meritorious promotion policy is restricted to those Marines assigned as watchstanders or detachment NCOICs.

According to Manpower Plans and Policy officials at HQMC, a board will be convened quarterly (January, April, July and October) to evaluate recommendations for meritorious promotions. Up to four percent of the sergeants serving as watchstanders and two percent of the staff sergeants serving as detachment NCOICs may be promoted meritoriously.

The Marine Corps now has three Category "B" billets which offer opportunities for career enhancement through meritorious promotion--drill instructor duty at recruit depots and Officer Candidate School, recruiting duty and Marine Security Guard duty.

Details concerning the new meritorious promotion authority for Marine Security Guards are explained in MCBul 1400, published as ALMAR 059/84 (CMC Message 201138z March 84).

## Reduced Air Fares

The military Traffic Management Command has achieved a major breakthrough concerning reduced fares for dependent travel. After extensive negotiations, USAir, the leader among major airlines with regard to military family fares, has agreed to lift the restriction that dependents must accompany the active-duty military member in order to qualify for the 50 percent, round-trip military discount fare. This significant new benefit will be effective on Armed Forces Day, May 19, 1984. While of considerable value to the entire military family community, it should be particularly useful to those family members who must travel unaccompanied on short notice because of personal emergencies.

There are no minimum stay requirements, and tickets may be purchased up to flight check-in time (early reservations are, of course, always advised). To be eligible, dependents must have a tan dependent uniform service identification and privilege card (DD 1173) with block 11 marked "active," except for children ten years and under for whom a birth certificate or facsimile must be presented as proof of dependent family status. USAir may request the identification documents when tickets are purchased and when checking in at the gate.

## Marine Corps History

2 June 1886 The U.S. Marine Band provided the music at the White House when President Grover Cleveland was married to Miss Frances Folsom.

11 June 1927 Marines from the Washington Navy Yard were called out to assist in handling crowds welcoming Charles A. Lindbergh upon his return from his historic flight across the Atlantic.

12 June 1961 President John F. Kennedy proclaimed that the American Flag be flown day and night at the Marine Corps War Memorial (Iwo Jima Monument in Arlington, Virginia).

# Off MCI's Hotline

## MIMMS (AIS) for Supervisors

This course has been designed to contribute to the maintenance supervisor's understanding of the principles and procedures of the Marine Corps Integrated Maintenance Management Automated Information System (MIMMS AIS). Procedures for preparing source documents and input transactions are emphasized, and information is also provided to assist the supervisor in interpreting output reports. This course is designed for MOS 0410, 0411 and any ground maintenance related MOS, staff sergeants and above.

## LVTP7A2 Crew Functions (Revised)

This course has been revised to provide the Assault Amphibian Vehicle Crewman with instruction on the LVTP7A2. It is designed primarily for AAV crewman in the grades private through staff sergeant. This course will provide instruction that will enable the Marine to fulfill his duties within the AA platoon. It covers the organization of the Assault Amphibian Battalion, vehicle safety, and equipment. The course also provides instruction on the M85 .50 caliber machinegun, the weapon station, vehicle preventive maintenance, and crew services performed on the vehicle. This course will be available for enrollment in June.

## Inspection and Repair of .50 Caliber Machineguns

AWESOME! COMING SOON! Supported by over 500 illustrations, this course guides you from the simple aspects of a subject weapon to the most complex tasks an infantry weapons repairer may be called upon to perform. It provides instruction on the M2 HB, XM213 and XM218 (aircraft mounted), and the M85 machineguns, plus the M3 tripod mount. This course emphasizes the unit armorer's unit weapons custodian's tasks and duties which relate to .50 cal. machineguns. This course should be open for enrollment in June. Watch for details in future issues of the "Hotline."

## SNCO Academy Advanced Program

1stSgt J.M. Jones has recently joined us after completing the Advanced SNCO Academy Nonresident Program, which will parallel what is taught at the resident school. The program will consist of 12 courses, the first one scheduled for print in June 1985. The entire program is planned for completion by 4th Quarter, FY 87. As each course is completed, it will be opened for enrollment. Students will receive credit for the entire program when all twelve courses will be completed.

## Essential Subjects TEC Lessons delayed

Due to contractor production and shipping problems, the first series of Essential Subjects TEC Lessons will be delayed in reaching the Training Audiovisual Support Centers. MCI anticipates that the first 16 of 56 lessons will be available at your TAVSC during May 1984. For further information contact Mr. E.A. Forman, Education Specialist at Autovon 288-4424/5 or commercial (202) 433-4424/5.

