

MARINE BARRACKS
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WASHINGTON, D.C.

PASS IN REVIEW

Serving "The Oldest Post of the Corps"

April/May 2002



Martial Arts

"B" Company demos program
to members of Congress

INSIDE: Chesty XII enlists, NCO parade tryouts

BUCKLE UP AMERICA

by Jeffery W. Runge, M.D.
Administrator, National Highway Traffic Safety
Administration

In 2000, there were 6.3 million traffic crashes - one for every 34 motor vehicles on the road. More than 3.2 million people were injured. Nearly 42,000 were killed.

Each May, *Buckle Up America* Week marks a high point in our push for greater seat belt and safety seat use. Due in part to low seat belt use, fatality rates for drivers are four times higher than for older drivers.

To raise the bar even higher, this year we will see an unprecedented level of law enforcement activity throughout the nation. First, *Operation ABC Mobilization*, thousands of law enforcement agencies across the country will mobilize to actively enforce state seat belt and child passenger safety laws. They will be on special alert for teen drivers and passengers.

In addition to the *Operation ABC Mobilization*, several states will launch a high visibility seat belt enforcement campaign called *Click It or Ticket*, which will be supported by radio and television advertisements to let the public know about enforcement efforts. A successful *Click It or Ticket* campaign in several Southeastern states resulted in an overall 9 percent point increase in seat belt use.) I believe we will continue to see states implement these kinds of programs because we know they result in dramatic and immediate increases in seat belt use.

Traffic crashes are always unexpected and can hap-



pen at any moment - close to home, on your way to work, or while driving your kids to after school activities. Protect yourself, your teenagers and your young children by always wearing your seat belts and using child safety seats and booster seats.

Some other reasons to buckle up:

The death rate for teenage drivers in traffic crashes is four times as high as the rate for older drivers.

In the year 2000, more than 8,000 children under 15 were involved in fatal crashes. Among those that were killed, 56 percent were unrestrained.

An average of 115 people died every day in motor vehicle crashes in 2000 - one every 13 minutes. Overall, more than 41,000 people were killed in crashes that year and more than 3 million were injured.

Traffic crashes have psychological as well as physical consequences. A study in the journal *Pediatrics* found that 25 percent of children suffering traffic-related injuries were diagnosed with post traumatic stress disorder. This is a rate similar to that found in children exposed to violence.

Your efforts matter, so please buckle up.

Every Trip. Every Time.

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On the Cover

Lance Cpl. Robert E. Giddens, marcher, 3rd platoon, "B" Company, demonstrates the proper technique for a fall. (photo and graphics by Cpl. Leah A. Cobble)

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BGSOC honors

Marine Barracks honors the new brigadier generals select, including its own Commanding Officer, Col. Richard T. Tryon.

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Body hardening

"B" Company demonstrates the Marine Corps Martial Arts Program to members of Congress.

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2002 BGSOC highlighted by "8th & I" honors ceremony



Cpl. Jason D. Ingersoll

Commandant of the Marine Corps, Gen. James L. Jones, with the 2002 Brigadier Generals Select April 22 in the Band Hall.

Cpl. Travis W. Shiflett
Staff Writer

The Commandant of the Marine Corps, General James L. Jones, hosted a ceremony here April 22 to honor those officers selected to the grade of

brigadier general and senior executive service.

The Brigadier Generals Select Officers Conference (BGSOC) is a weeklong indoctrination for those select few who earn the right to become a general officer. The ceremony was especially important to the Marines

BGSOC honorees

Rear Adm. Robert D. Hufstader
Col. George G. Flynn
Col. John F. Kelly
Col. Mary Ann Krusa-Dossin
Col. Frank A. Panter Jr.
Col. Charles S. Patton
Col. Mastin M. Roboston
Col. Terry G. Robling
Col. Douglas M. Stone
Col. Richard T. Tryon

Senior Executive Service

SES Charles E. Cook
SES Robert C. Hobart

here because their Commanding Officer, Col. Richard T. Tryon, was one of the officers honored.



Cpl. Travis W. Shiflett

Colonel Richard T. Tryon congratulates Sgt. Maj. Roland J. Daniel on his recent frocking.

Ready to go!

Sergeant Maj. Roland J. Daniel was frocked May 6 on centerwalk here. Daniel has served at the Barracks as the former company first sergeant from Headquarters and Service Company from Aug. 28, 1998 until June 1999, when he took over as company first sergeant for "B" Company. Daniel is the recipient of a Meritorious Service Medal, Joint Services Army Commendation Award, the Combat Action Ribbon with two gold stars, and the Navy and Marine Corps Achievement Medal. Daniel departs to Headquarters and Headquarters Squadron, Marine Corps Air Station Iwakuni, Japan. Daniel resides with his wife Sharon E. Daniel and their two sons.

A Marine for life - CHESTY XII ENLISTS

Parade season opens this year with the arrival of the newest member of the Marine Barracks family.

*Lance Cpl. E. Ashley Thomas
Staff Writer*

The Marine Corps gained a new addition of the canine nature here March 28, as the entire battalion was present to witness the enlistment of "Chesty XII" in the United States Marine Corps.

Colonel Richard T. Tryon, Commanding Officer, Marine Barracks, Washington D.C., performed the ceremony on the Parade Deck of "8th & I" as Chesty's parents, "Mertle Mayhem" and "Silver Creeks Bubba-bo-sefus", bore witness to the event.

Also present was the current mascot, Cpl. Chesty XI, also known as Molly, who stood along the sidelines measuring up the youngster who will one day fill her collar as official mascot of Marine Barracks.

The ten-month-old "devil dog" will share mascot duties with Molly until the end of the 2002 parade season. After



the current mascot retires at the end of the parade season, Pfc. Chesty XII will assume all duties as Barracks mascot.

Mascot duties include serving as official mascot of Marine Barracks, Washington D.C., and appearing weekly at the renowned Friday Evening Parades held at the Barracks during the summer months. Private First Class Chesty XII will also be available for selected ceremonial commitments outside of the Barracks at the discretion of the Commanding Officer.

Chesty XII will reside with Staff Sgt. Kristin S. DuBois, assistant public affairs chief, United States Marine Band, and Staff Sgt. Michael P. Mergen, trumpeter, United States Marine Band. However, while performing his duties in the parades and other ceremonial commitments,

he will be under the watchful eye of the mascot handler, Lance Cpl. Matthew D. Morisette, who will be responsible for his overall maintenance and ceremonial proficiency.

Mascots of the past have left their mark here at the Barracks, whether it be scampering across the parade deck with three Marines on his tail or stealing the hearts of visitors as he glances up to his escort as if to ask, "Are we done yet?" No doubt that Chesty XII will follow in the steps of his predecessors and leave his own mark upon the Barracks.



Cpl. Leah A. Cobble

Lance Cpl. Matthew D. Morisette, company clerk, company office, Marine Corps Institute, escorts Chesty XII down centerwalk to his enlistment ceremony.



Cpl. Leah A. Cobble

Private First Class Chesty XII, Marine Barracks mascot apprentice, raises his right paw with the assistance of his escort, Lance Cpl. Matthew D. Morisette, company clerk, company office, Marine Corps Institute, as Col. Richard T. Tryon, Commanding Officer, Marine Barracks, Washington, D.C., conducts the enlistment ceremony.

SMOMC hosts honors ceremony for service counterparts



Sergeant Major of the Marine Corps, Sgt. Maj. Alford L. McMichael; Master Chief Petty Officer of the Navy, James L. Herdt; Chief Master Sgt. of the Air Force, Frederick J. Finch; and Master Chief Petty Officer of the Coast Guard Vince W. Patton III meet at Center House before the ceremony.

*story and photos by Cpl. Travis W. Shiflett
Staff Writer*

Sergeant Major of the Marine Corps, Sgt. Maj. Alford L. McMichael hosted an honors ceremony here April 18 to recognize the distinguished careers of the senior enlisted advisors of the Navy, Air Force and Coast Guard.

Master Chief Petty Officer of the Navy James L. Herdt, Chief Master Sergeant of the Air Force Frederick J. Finch and Master Chief Petty Officer of the Coast Guard Vince W. Patton III, were the guests of McMichael, for a ceremony that celebrated their military careers.

The honors ceremony gave all four senior enlisted advisors a chance to address the crowd, thank their families and friends and pass on some valuable advice to the Marines stationed here.

McMichael said that he was glad that the three other senior enlisted advisors agreed to attend the event, and he spoke of how great it was to have worked with them in the past and was looking forward to working with them again in the future.

Herdt expressed that he couldn't stress enough how much of an honor it has been to serve his country. He was especially pleased with the rare opportunity to be honored

at such a historic place and by so many outstanding Marines. For Herdt, who enlisted in the Navy in 1966, it was one of his last honors before retiring just a few short days after the ceremony.

Finch followed up on Herdt's comments and reiterated how much of a class act the Barracks Marines are and how more than anything, the night was an honor. Finch joined the Air Force in 1974 and is planning to retire in June.

When it was Patton's turn to speak, he told a story of his brother who was a retired Marine warrant officer and a former marcher here. He said he used to come watch his brother march in parades and that the Marines stationed here were always a great inspiration to him. Patton enlisted in the Coast Guard in 1972.

For all the Marines stationed here, the ceremony was a great chance to honor the outstanding careers of those fellow service members who paved the path that many hope to follow. For the four senior enlisted advisors it was also a special opportunity to reflect on their achievements and pass the torch to those who will take the next step in leading America's military services.



The Senior Enlisted Advisors await the "Pass In Review" on centerwalk during the honors ceremony.

"Free Country"

A unique brand of entertainment for Pentagon construction workers

story and photos by Cpl. Leah A. Cobble
Editor

Donning hard hats and safety goggles, the United States Marine Band's "Free Country" played in the newly reconstructed outer ring of the Pentagon for a celebratory cookout April 5 for all the construction workers that have been working on the site.

Ahead of schedule, the outer ring of the Pentagon, which was destroyed Sept. 11, 2001, is expected to be complete on Sept. 11, 2002. Due to the construction workers' success, "Free Country" was invited to play for the luncheon.

"At the beginning, the workers were as unsure about us as we were about them, but it turned out to be a great time," said Master Sgt. Peter J. Wilson, violin and vocals.

Over 600 people attended the cookout at the Pentagon, and received a surprise visit from the Secretary of Defense, Donald H. Rumsfeld, who thanked them for their hard work. For a few hours that day the construction workers, working on the Pentagon since Sept. 11, 2001, gathered in celebration as they took a break from their intense schedule.

"Free Country" did more there than just play music. Representing the United States Marine Corps, the good spirit and camaraderie the band demonstrated, seemed to seep into the spectators. Soon enough, people were dancing and singing along.

"Free Country" was established in 1991 when "The President's Own" sent a music request to the 30th Commandant of the Marine Corps, Gen. Carl E. Mundy Jr. Instead of the traditional music selections played by the band, Mundy requested a country music group, hence the formation of "Free Country."

"I think the benefit of being a part of "Free Country" is that we provide an escape for our audiences from the hard work they do," said Wilson. "Whether it be generals or construction workers, with 'Free Country' we are truly connecting with an audience."

For over a decade now "Free Country" has played at various functions and ceremonies annually throughout the Washington area. Through it all "Free Country" has provided spirit for every occasion doing their job to keep the people of this country moving forward through the good times, and the more difficult ones.



Master Sgt. Peter J. Wilson, violinist, "The President's Own" and "Free Country," plays for the onlooking construction workers during their cookout.



Donald H. Rumsfeld, Secretary of Defense, spends time signing hard hats and T-shirts of the construction workers that have been working on the outer ring of the Pentagon for the past seven months.



The multi-talented Master Sgt. Amy M. Horn, a french horn player in "The Presidents Own," and a guitarist for "Free Country," belts out a tune for the cookout held in the outer ring of the Pentagon.

“Never let'em see you sweat”

Barracks NCOs battle for parade staff positions

*story and photos by Sgt. Chad C. Adams
Public Affairs Chief*

ARLINGTON, Va. – He could feel the droplet of sweat slowly detach from his brow before it trickled down around the curve of his face. With all eyes upon him, he knew there would be no brushing it away. His stomach churned, and he could see the shake in his hand as he gave the “thumbs up,” signaling he was finally ready to “get it on.”

In a scene that strangely paralleled NBC's hit show “Fear Factor,” several noncommissioned officers held their thumbs high, popped to the position of attention and summoned all their courage at the Marine Corps War Memorial April 15 - not for a chance at \$50,000, but for a coveted place on the NCO Sunset Parade staff.

Instead of Fear Factor's Joe Rogan, it was Master Sgt. Randall Coker, S-3 chief, who waited for that thumbs-up, whereupon he ordered the music on standby. And just like on the TV show, that's when those with





Corporal Casey L. Ward, guide, 1st platoon, "A" Company, auditions for the NCO parade as Master Sgt. Randall W. Coker, operations chief, S-3, Headquarters and Service Company, grades his every move. Casey was chosen as a flanking officer for the NCO Sunset Parade staff this summer.

the truest grit came through and overcame their fears.

Like bees swarming around a hive, Sgt. Maj. Ronnie L. Edwards, Barracks Sergeant Major, and his company first sergeants enveloped each Marine who stepped up to the challenge. Here, the senior enlisted Marines inspected uniforms and asked each prospect a few questions, testing their bearing.

Once completed, the leaders stepped away and each Marine was left alone in the spotlight, perched above the steps of "Iwo." Then their

Corporal Jarrod T. Larock, guide, 1st platoon, "B" Company, takes his time walking up to the adjutant's spot between the guidons during tryouts for the noncommissioned officers parade staff tryouts April 15. Larock was chosen for the NCO parade staff as a flanking officer.

courage was put to the test.

"I wanted to set the tone on what it's supposed to look like," said Cpl. Casey L. Ward, squad leader, 1st platoon, "A" Company, who went early in the competition and delivered a solid performance. "I had to recover from draw sword. It was all down hill from there."

Marines marched the pa-

rade commander or adjutant position, depending on which spot they were gunning for.

During the months leading up to the competition, many of the NCOs spent most of their free time during lunch or after work running through the sequences and fine-tuning the individual movements.

"The more you prepare for something, the less likely you are to get flustered in your mind," Ward said.

Through fierce competition, the Marines showed their tremendous desire to represent Marine Barracks; however, just as important was how each devil dog stacked up against fellow NCOs.

"I took a lot of pride in myself," Ward said. "Not only am I representing the company, I'm representing myself as a leader."

For those determined few, who came out and gave their best, ultimately stood a little taller than the rest. Fear was not a factor for them.



Corporal Jeffery R. Hunt, company guidon bearer, "B" Company, is inspected by Staff Sgt. Ramon M. Nash, platoon sergeant, Silent Drill Platoon, "A" Company, before he begins tryouts.

A multitude of disciplines **Martial Arts —**

“B” Company demos Marine Corps’ unique program to Capitol Hill visitors

by *Cpl. Leah A. Cobble*
Editor

The Commandant of the Marine Corps hosted a group of Capitol Hill lawmakers and staff members here April 17 to witness a demonstration of the Marine Corps Martial Arts Program (MCMAP), conducted by Company “B” on the parade deck.

Sergeant Justin C. Bakewell, Drum and Bugle Corps Company, emceed the exhibition which included body hardening routines, bayonet techniques, weapons of opportunity, upper and lower body strikes, counter to strikes and throws.

“In all scenarios the Marine learns to engage the enemy first with their rifle, moving onto bladed weapons such as bayonets and knives, weapons of opportunity and finally as a last resort, unarmed combat,” said Bakewell, a second degree black belt, martial arts instructor/trainer.

Not only does the program enhance the Marine’s capabilities when using an M16, but also increases the Marine’s mental discipline and confidence.

“Physical aspects of MCMAP are important, but a huge emphasis is placed on character development and mental discipline,” said Bakewell. “This focus allows the Marine to function appropriately in any situation.

The program began in 2000 when the Commandant of the Marine Corps Gen. James L. Jones changed the way in which Marines trained for hand-to-hand combat.

The previous program did not place as much importance on the mental and character disciplines that MCMAP continually develops in the Marines.

“The Close Combat Program was outstanding at brute force and intensity, however, it fell short in other areas such as mental and character discipline,” said Bakewell. “Mental and character discipline are the bedrock of the martial arts program, they ensure a Marine will know how to act appropriately in any environment.”

The lack of character development in MCMAP’s predecessor was not the only reason for the change. Other than continuous hours of training, the old program provided a limited amount of direction.

“MCMAP has a belt ranking system that not only represents the hours a Marine has trained but gives him a goal, something to strive for,” said Bakewell.

Implementing MCMAP, the Marine Corps is using this program as a foundation for the 21st century Marine.



Cpl. Leah A. Cobble

Commandant of the Marine Corps, Gen. James L. Jones, Sergeant Major of the Marine Corps, Sgt. Maj. Alford L. McMichael, Sgt. Maj. Ronnie L. Edwards, Marine Barracks Sergeant Major, take pleasure watching “B” Company utilize their warrior skills.





Corporal Thomas Y. Herring, 1st fire team leader, 1st squad, 2nd platoon, and Cpl. Jason A. Skelton, squad leader, 1st squad, 2nd platoon, take turns showing the crowd different bayonet techniques: closing, parrying, and thrusting with an opponent. During these types of drills the Marines are focused on only one thing, the entry of the bayonet and killing their opponent.

Sgt. Marshall A. Paull



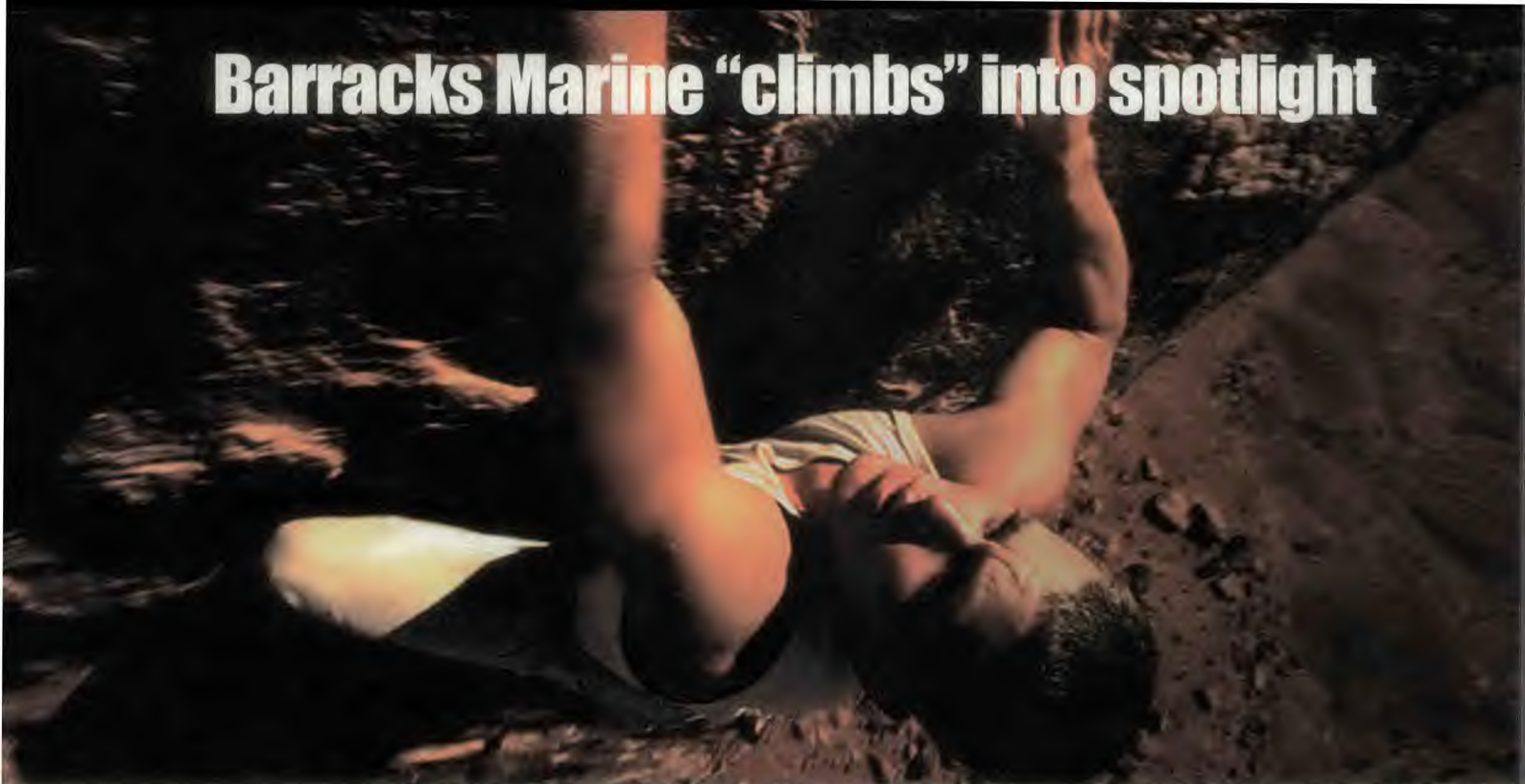
(left) Lance Cpl. Robert E. Giddens, marcher, 3rd platoon, and his martial arts drill partner, practice using the asp during weapons of opportunity techniques.

Cpl. Leah A. Cobble

“Character discipline is an aspect of the martial arts program that prepares a Marine to function appropriately in any environment.”

*Sgt. Justin C. Bakewell
Martial Arts Instructor/Trainer*

Barracks Marine "climbs" into spotlight



Video still photo courtesy of J. Walter Thompson

Corporal William A. Collver, rifleman, Color Guard, "A" Company, ascends a cliff during the filming of the new recruiting commercial.

by Cpl. Travis W. Shiflett
Staff Writer

Pop-culture icon Andy Warhol said, "Everyone will be famous for fifteen minutes." Not everyone may agree with Warhol, but for a Marine stationed here, his "15 minutes" have just begun.

Corporal William A. Collver, left rifleman, Color Guard, "A" Company, has spent the last few months as more of a celebrity than he is normally used to. Last year, he was selected by the J. Walter Thompson advertising agency and Marine Corps Recruiting Command to be the star in the Corps' newest, nationwide recruiting commercial, "The Climb." While Collver is the main focus in the spot, another Barracks Marine, Staff Sgt. Jason C. Tooman, 2nd platoon, platoon sergeant, "A" Company, portrays a Marine from the past in the commercial.

Plans were already set for the commercial to be about rock climbing, so Collver, who has been climbing for eight years, was a perfect fit.

When the commercial aired, there was an immediate interest by local and national media to talk to Collver about this rare experience.

"Whenever I speak to the media, they ask me a lot about the comparison between the hard work and physical aspects of both climbing and the Marine Corps," said the 20-year-old native of Tulsa, Okla.

It's not just newspapers that want to talk to Collver. In the past few months, he gave live televised interviews on

CNN and TNT.

"The interview on TNT was pretty neat," Collver said. "It aired at halftime during a Dallas Mavericks basketball game, and I got to sit in the studio with Charles Barkley, Kenny Smith and Ernie Johnson."

When asked about his newfound celebrity status on television and at the Barracks, Collver said he tries to downplay it as much as possible.

"It was a surprisingly easy transition because I expected a lot of taunting, but it hasn't been too bad," said Collver. "I guess it must be hard associating me to the commercial, because I haven't had anyone approach me while walking around the city yet."

Back home, the story has been a little different. When Collver went back to Oklahoma, he found out that a spot ran on the local news and that he was featured in a front-page story in the Tulsa World.

"My mother has been pretty excited about this and my brother told me that a lot of people at my old high school (Jenks High School) have been asking about me," he said. "One of the funniest things is that I have been getting phone calls from girls back home that I don't even remember giving my number to."

Before too long, Collver's 15-minutes will probably run out. However, he can always tell the story about his commercial, and how he got the rare chance to sit down and talk to one of the greatest basketball players ever. Even more impressive will be the story he tells about when he was part of the most elite fighting force the world has ever known – The United States Marine Corps.

Smooth Operators

FEATURES

Maintenance Marines keep post looking good

by *Cpl. Travis W. Shiflett*
Staff Writer

When the decision was made to renovate an office space for the Barracks chaplain here, a lot of planning and hard work had to be done.

As usual, the Marines in the Maintenance Section were ready to make sure the mission was accomplished.

Because Maintenance is located in the basement below all the other Headquarters and Service offices, a lot of Marines don't really see all they do and don't know a lot about the Marines who work there. However, when something in the battalion, like the new chaplain's office, needs to be built, repaired or painted, it is the maintenance Marines who make sure the job gets done.

The new office, which is located where the Young Marines office used to be, will have an office for the religious programmer, a private prayer

room and the chaplain's personal office. When the plans for rebuilding the room were laid out, the Marines who work in Maintenance were put to work.

"Maintenance has different Marines specializing in certain jobs," said Sgt. Maximo G. Gomez, carpenter, Maintenance Section. "We have carpenters, electricians and painters working on this job, but everyone helps out."

The hard chargers who were making sure that the Chaplain would get his office as soon as possible, said that the job is broken down and done step-by-step in order to make sure it gets done right the first time. For this job, everything was torn out of the old room and new studs were put up, fluorescent lights were put in, wires were run, drywall was hung and walls were painted.

"I think you could call each one of us a 'Jack-of-all-Trades,' because even though we have specific jobs we

specialize in, most of us can do it all," said Sgt. Timothy Barrett Jr., HVAC refrigeration, Maintenance Section.

The Maintenance Marines wanted to clear up what it is that they do; they are not a part of Grounds Combat Element.

"They do different kinds of work then we do, we actually go to MOS school for maintenance," said Sgt. Orlando Carreon, electrician, Maintenance Section.

"Most of our schools were right around two months long, so we know what we are doing; we weren't just pulled from different companies and told to go be carpenters or electricians," said Gomez.

Once the Marines were finished with the new office, they moved right on to their next task in making sure that the battalion keeps running smoothly and looking new. They don't get much notice but one new person, the chaplain, knows who they are and the quality of work they do.



Cpl. Travis W. Shiflett

Sergeant Maximo G. Gomez, carpenter, Maintenance Section, hands a pair of pliers to Sgt. Timothy Barrett Jr., HVAC refrigeration, Maintenance Section, as they work on a ceiling light.

H&S conquers night vision training



Cpl. Leah A. Cobble

Headquarters & Service Company Marines listen patiently as retired Gunnery Sgt. David L. Williams, night vision instructor, teaches them about night vision equipment prior to their use on the training course.

by Cpl. Leah A. Cobble
Editor

QUANTICO, Va. — As night falls, and daylight dwindles to nothing, dangerous situations become deadly as the fog of war heightens with every passing second.

This is why Night Vision Training has become an integral part of a Marine's training.

Headquarters and Service Company Marines arrived here March 15 with the rising of the sun for N.I.T.E. Facility Operations, utilizing the AN/PVS 7 B, and the AN/PEQ-2 night

vision device.

In 1991, during the Persian Gulf War the whole world witnessed the success of night military operations and the vital need for Night Vision Goggles (NVGs). Heightening the popularity and application of NVGs in military operations, many technological advancements have been made, continuing to make the use of NVGs easier and more comfortable.

Keeping up with the constant evolution of military operations, Marines from the Barracks took time out to concentrate on patrol and fire team operations with the use of NVGs.

Once the Marines were introduced to the principles of operation and the components of the equipment, they were divided up into four and five-man fire teams. Their mission was to clear and search each of the 11 rooms while negotiating all obstacles.

The Marines grabbed 40 blank rounds each and headed into the building to complete their mission. Each time team members came out ready to go back through for a second time.

"It was a great experience for me, and the training reinforced my confidence in night maneuvers," said Cpl. Robert S. Davis, police sergeant, Head-



The sequence above shows the modern face of combat during a night vision training exercise in Quantico, Va.

quarters & Service Company. "I wish there was more time for each Marine to go back in again. It took a while to get used to the goggles, but once you did, moving around was pretty simple."

The effects of NVGs include a decrease in depth perception as well as a significant amount of peripheral vision; the field of view is narrowed to only 40 degrees.

"You have to take more time to look around and scan the area," added Davis. "You can't just get into a corner and secure an area. There is a lot of space that cannot

be seen and you tend to move much slower because you don't know how far apart things are from each other."

There are some 400 steps in the production of a pair of NVGs, and they contain over 200 chemicals, but the simple turn of a knob allows this complex device to be used in an easy way for Marines to move in complete darkness while achieving mission accomplishment.

As each team climbed walls, crawled over logs, and fired at the designated targets, outside in the ob-

cautious until they had more time using the goggles and trusting the image that they provided."

Benjamin added, "I was impressed with how easily the Marines became comfortable with the new gear. It is not always easy to get used to a new device that you depend on for vision."

Factors that contributed to the efficient training of H&S Company Marines included the step-by-step instruction, as well as hands-on experience.

Throughout the day the Marines got to watch, listen and learn from each other due to the 35 television monitors in the observation room. This allowed the Marines to see what the other teams were doing as they went through the course.

Whether it be in city streets or an overgrown jungle, H&S Marines from the Barracks will be ready for night operations.



Cpl. Leah A. Cobble

Participants in the night vision goggle lab, watch as each new team inside gets familiar with the goggles inside the dark obstacle course.

ervation area the other devil dogs had the opportunity to observe the other teams and their success in each of the rooms.

"You could tell there was a pattern with each team," said Gunnery Sgt. Allen C. Benjamin, company gunnery sergeant, Headquarters & Service Company. "Although some teams worked better together than others at the beginning, everyone was extremely



The loss of peripheral vision and depth perception while using the goggles increases the time spent on simple maneuvers.

Cpl. Leah A. Cobble

East 79, West 67

East dominates the court, 'Big Men' too much for West



James Mansfield, guard, East, drops in an easy two over Mark Maracle, center, West.

by Lance Cpl. E. Ashley Thomas
Staff Writer

The East beat the West 79-67 in the Inaugural Marine Barracks All-Star Championship game here April 10.

Leading all scores with 17 points, East guard Edward Day was named Most Valuable Player for the game.

"I wasn't playing to be MVP," said Day. "I was just playing to have fun, but I was honored to be named MVP."



Sean Lee, point guard, West, is fouled while attempting to knife his way through three East defenders.



West guards Sean Lee and John Ellerbee attempt to strip the ball from East forward John Forbes.

In the first half the East started out strong and jumped out to a big, double digit lead.

The West squad battled back and cut the lead to six. By halftime as they gained control with a six point lead.

The East came out even stronger in the second half with their big men JR Jones, Anthony McKenzie, and John Forbes presenting a strong inside presence that overwhelmed the West and wore them down to the bone. At the end of the second half the East took the win 79-67.

When you see these Marines, congratulate them on their recent promotions.

H&S Company

April

Sgt. Joshua M. Woodson
 Cpl. Blair M. Horell
 Cpl. Paul A. Russ
 Cpl. Travis W. Shiflett
 Lance Cpl. Buck M. Gates
 Lance Cpl. Jauron E. James
 Lance Cpl. Ricardo A. Tabares
 Lance Cpl. Manuel A. Villarreal

May

Sgt. Chad C. Adams
 Lance Cpl. Michael L. Carrol
 Lance Cpl. Charles H. Hawkins
 Lance Cpl. Owen R. Kyler
 Lance Cpl. Reynaldo Longoria Jr.

MCI Company

April

Cpl. Robert A. Rodriguez

May

Lance Cpl. Jose M. Reyes Jr.

“A” Company

April

Cpl. Robert J. Capello
 Cpl. William A. Collver
 Lance Cpl. Jamar C. Bailey
 Lance Cpl. William D. Long
 Lance Cpl. Kenneth C. Oelrich
 Lance Cpl. Maxwell A. Reasons
 Lance Cpl. William A. Treseder

May

Sgt. Troy E. Mitchell

Lance Cpl. Brandon L. Carter
 Lance Cpl. Christopher T. Mason

“B” Company

April

Cpl. Thomas Y. Herring
 Lance Cpl. Craig D. Armogast
 Lance Cpl. August D. Barber
 Lance Cpl. Dana A. Booth
 Lance Cpl. Russell S. Campbell
 Lance Cpl. Jason J. Carden
 Lance Cpl. Styves Exantus
 Lance Cpl. Shane N. Hillyer
 Lance Cpl. Daniel L. Leininger
 Lance Cpl. Miguel A. Perdomomoreira
 Lance Cpl. Erik H. Silvas
 Lance Cpl. Paul D. Sprague

May

Sgt. Eric M. Malchak
 Pfc. Philip D. Clark

Security Company

April

Cpl. Kipp A. Dombrowski

USNA Company

May

Lance Cpl. Anthony R. Boyd
 Lance Cpl. Robert Leatherwood
 Lance Cpl. Omar S. Lewis
 Lance Cpl. Tommy J. Morrow

D&B Company

April

Sgt. Timothy D. Judy
 Sgt. Mack R. Linan
 Lance Cpl. Alec M. Gibson
 Lance Cpl. Jonathan L. Hess

Lance Cpl. Joseph M. Stewart

May

Sgt. Keith A. Satonica
 Cpl. Joshua D. Herm
 Lance Cpl. Scott A. Danley
 Lance Cpl. Alexandra J. Perkins
 Lance Cpl. Randy A. Rivera

Congratulate the following Marines on the awards they recently received.

Meritorious Service Medal

Lt. Col. Peter J. Streng
 Sgt. Maj. Roland J. Daniel

Navy and Marine Corps

Achievement Medal

Staff Sgt. Thomas J. Lyle
 Sgt. Nicholas R. Kalokoski
 Cpl. Christopher J. Bumgarner

Certification of Commendation

Cpl. Wylie E. Busch
 Lance Cpl. Dustin T. Burns
 Lance Cpl. Joseph J. Ceremuga
 Lance Cpl. Charles Florestal

To announce a new birth in your family, e-mail your rank, full name, family information and work section to

cobblela@mbw.usmc.mil

Selective Reenlistment Bonus extended until July 2

*Gunnery Sgt. Stanton B. Pittman
Career Planner
Marine Barracks, Washington, D.C.*

First Term Alignment Plan (FTAP)

Beginning in June, the career planner will conduct FTAP interviews prior to the fiscal year in which the Marine's EAS occurs and he is eligible for reenlistment.

The Marine will also be interviewed by the commanding officer to determine the commander's recommendation for their reenlistment.

1st Quarter Reenlistment/lateral moves

Name	MOS
Gunnery Sgt. Allen C. Benjamin	0369
Gunnery Sgt. Gregory P. Yoder	9812
Staff Sgt. Jason B. Cawthon	5811
Staff Sgt. Jimmie J. Ferguson	3381
Staff Sgt. Gregory S. Holder	9812
Staff Sgt. Jan J. Molvak	0681
Sgt. Roberto T. Chavez	4133
Sgt. Robert S. Colling	9812
Sgt. Danyel D. Heard	4612
Sgt. Randon L. Knoll	0311
Sgt. Jonathon L. Mackin	0311
Sgt. Jorge R. Morales	0151
Sgt. Aaron V. Williamson	0311
Cpl. Daniel F. Alfred	0311
Cpl. Joshua E. Elmore	0311
Cpl. Antonio L. Grant	0311
Cpl. Erik M. Malchak	0311
Cpl. Kelley L. Starling	0311
Cpl. David R. Zubowski	0311



Staff Sgt. Jason B. Cawthon, personal security/driver, vice chairman joint chiefs of staff, is congratulated by Vice Chairman Joint Chief of Staff Gen. Peter Pace.



Major Edward J. Mays, S-4 officer, Headquarters and Service Company, congratulates Cpl. Daniel F. Alfred, pentagon tour guide, Headquarters and Service Company.



MCCS STAFF

MCCS Director, Russell Pantleo	202-433-2338
Operations, Gunnery Sgt. E. Dixon	202-433-2570
Finance, Pam Carroll	202-433-2353
Food & Hospitality, Frank Balduck	202-433-2366
Semper Fit, Jamie Morris	202-433-4295

For private parties, weddings, promotions and wetdowns

We could all use a little help

Lt. Ted L. Williams

Chaplain

Marine Barracks, Washington, D.C.

It was the stupidest commercial I'd ever seen. A drowsy, pajama-clad man shuffled onto the screen, rubbing his eyes and sipping a cup of coffee. "Tired?," said a body-less voice from off-camera. "Need a boost in the morning?" Pajama Man nodded sleepily. "Coffee isn't the answer," said the voice. "You need Perk-Up Pills" (not their real name, official name changed to protect the guilty). "Get the help you need in the morning with Perk-Up Pills."

Couldn't we all use a little help in the morning? And the afternoon? And the evening? Life is starting to get busy as parade season begins, and we will soon showcase the finest of the Marine Corps for thousands of American citizens. It's still a scary time in America though. September 11th is fresh in millions of minds, especially those who will be traveling to Washington, D.C., for the first time after the attacks. We all could use some help. But where do we turn for that help?

Mentally, we read up on a subject to become informed or prepared. Physically, we work out regularly to prepare our bodies for physical challenges. But let's not neglect that third part of our humanity, the spiritual. When we need that motivation, dedication, and determination to help us adapt and overcome whatever comes our way, this is where we need to be prepared.

Psalm 121 is sometimes referred to as the Warrior's Psalm, with good reason. In it the writer gives us the

assurance of God's presence and help in the midst of a challenge, a military campaign. The writer uses several images to remind us of where the source for strength and motivation in times of need comes from, but three really stick out. Whether it's the battlefield or the parade deck, these three examples provide spiritual drive to overcome our challenges.

God's help is unwavering. God is on duty 24/7. The example given is a watchman on the wall, or in his fighting hole. When you feel that your position is being overrun, remember He is there ready to assist. Just call Him in.

God's help is like a protective covering. It provides camouflage, cover and concealment. As we exercise our spiritual side, situations will arise and obstacles will come; however, God's help provides shelter from that which would tear us apart. He is not a good luck charm, but a friend who is in the fight with us and can lay down some cover.

God's help is ever-present. He will not allow your position to be overrun. It is just not an option. His Command Post and presence is evident, ready to inspire and lead us on.

As we begin this parade season, we can assure the citizens of this country, those whom we defend on a daily basis, that whatever happens the Marines are as always, prepared to render and assist mentally, physically and spiritually. Develop the whole warrior.

Semper Fi
Chaplain Williams

“Making the grade”



First Sgt. William A. Winters, company first sergeant, “A” Company, finishes the uniform inspection of Cpl. Mark J. Hartman, 2nd platoon, “B” Company, before he begins the adjutant sequence during the NCO Sunset Parade Tryouts, April 15. (photo by Sgt. Chad C. Adams)

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