INSIDE: Marines hit ski slopes, groundhogs shadow devil dogs

Safety is every Marine's responsibility

by Col. Richard T. Tryon Commanding Officer

As Commanding Officer, Marine Barracks, Washington, D.C., the "Oldest Post of the Corps," I am fully committed to ensuring all Marines, Sailors and civilian employees are provided a place of employment that is free from recognized hazards.

Nothing less than absolute diligence, sound judgment and attention to detail will preserve our human and material resources.

Safety is not something you can take or leave. It is not an activity that you participate in only when being watched or supervised. *Safety is a frame of mind!*

At Marine Barracks, we are tasked to promptly resolve safety issues. There are no reprisals when safety concerns are brought to the attention of this command. Each of us must be aware of our environment.

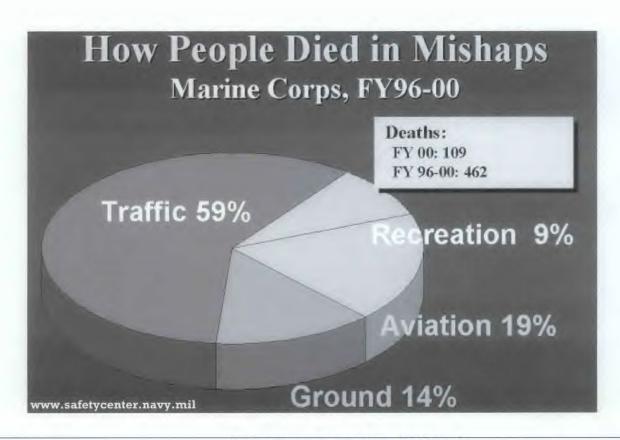
The following actions will be taken immediately:

- * Safety inspections of all facilities and equipment will be conducted by appropriate personnel and discrepancies will be corrected in a timely manner.
- * Safety will be included as an element of all plans and operations (Operational Risk Management).
- * Safety council (to include a Drive Safe Council) will meet regularly to address safety concerns regarding the barracks.
- * Know your job, and do it. If you are unsure, ask for help. If you are not qualified to perform a particular procedure or task, then bring this fact to the attention of your supervisor.
- * Aggressively challenge the actions of others if unsafe practices become apparent both on and off duty.

I enjoin all military and civilian personnel to become involved in our command safety program.

Safety is the foundation for the successful accomplishment of our mission. The responsibility for safety rests with each of us.

Finally, I charge all leaders, managers and supervisors to act promptly on any reports of unsafe or unhealthy working conditions at Marine Barracks.



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On the Cover

Gunnery Sgt. James Gray barks a command on the parade deck during staff position tryouts for the upcoming 2001 parade season. (photo by Cpl. Chad C. Adams)

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The Battle Color Detachment spent more than a month on the road, performing for Marines and perfecting its performances for the upcoming parade season.

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Parade staff set

Marines drilled on the parade deck, duking it out for slots for the upcoming 2001 parade season.

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Hoop it up

Staff Noncommissioned Officers and Officers renew their annual grudge match on the hardwood.

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"The President's Own" posts 34th Drum Major

by Staff Sgt. Kristin S. duBois Marine Band Public Affairs

"The President's Own," United States Marine Band Director Col. Timothy W. Foley passed the drum major's mace from Master Gunnery Sgt. John R. Barclay to Gunnery Sgt. Thomas D. Kohl in a post and relief ceremony here February 7.

With the passing of the mace, Foley transferred the band's ceremonial responsibilities and senior enlisted leadership duties to Kohl, assistant drum major since 1999, and named Barclay as executive assistant to the director. The event marked the 33rd change of drum major in the band's 202-year history. For the band's first 63 years, the drum major also served as the band's leader.

Barclay, the Marine Band's 33rd Drum Major, was the first in modern time to be selected from the band's ranks. A native of Las Vegas, Nev., he began his musical instruction at age five with his father Robert, who was a Marine Band clarinetist from 1950-57.

Barclay joined "The President's Own" as a clarinetist in 1988. Two years later, he was appointed to the position of E-flat clarinetist. In January 1996 he was named operations assistant and assistant drum major. Three years later, while retaining his assistant drum major duties, he also became administrative assistant to the director.

As executive assistant to the director, Barclay serves as the chief administrator and financial officer for the Marine Band. "This is the greatest job in the world," Barclay said. "There is nothing like working with the finest Marine musicians and the finest people that could be gathered together."



Colonel Timothy W. Foley, director, United States Marine Band, passes the mace to the band's 34th Drum Major, Gunnery Sgt. Thomas D. Kohl.

"I know as Master Gunnery Sgt. Barclay goes into the position of executive assistant, he will take with him all of the professionalism, tremendous initiative, leadership and dedication to duty that he showed as drum major," Foley said.

Kohl joined the Marine Band in December 1999 as assistant drum major. A native of Rialto, Calif., he began his musical training on the clarinet at age nine. After graduating from Eisenhower High School in Rialto in 1986, he enlisted in the Marine Corps. During his career, Kohl has performed with the 2nd Marine Division Band, Camp Lejeune, N.C.; Marine Forces Pacific Band, Pearl Harbor, Hawaii; III Marine Expeditionary Force Band, Okinawa, Japan; and the 3rd Marine Aircraft Wing Band in El Toro, Calif., where he also served as the enlisted bandleader and drum major. He holds a bachelor of arts degree in social science from Chapman University in Orange, Calif.

"This is a great day for all of us to see Gunnery Sgt. Kohl take over this position," Foley said.

"There is no one more qualified to take the Marine Band mace than Gunnery Sgt. Kohl," Barclay added.

"Every time I step in front of the Marine Band, I get the same feeling I did the first time I conducted them," Kohl said, "a feeling of pure joy mixed with utter disbelief that I get to do what I do. It is my hope to continue the course that Master Gunnery Sgt. Barclay has charted."

The Marine Band is America's oldest professional musical organization, founded in 1798. Given the title "The President's Own" by President Thomas Jefferson, the Marine Band's primary mission is to provide music for the President of the United States and the Commandant of the Marine Corps.

Marine Corps Institute celebrates 81st birthday



Colonel Richard T. Tryon, Commanding Officer, Marine Barracks, Washington, D.C., welcomes Maj. Gen. Thomas S. Jones, Commanding General, training and education command, as the quest speaker for MCI's 81st birthday cake cutting ceremony.

by Cpl Chad C. Adams Editor

WASHINGTON NAVY YARD -

Major General Thomas S. Jones, Commanding General, Training and Education Command, and honorary guest speaker, cut the ceremonial birthday cake as the Marine Corps Institute celebrated its 81st birthday here Feb. 5 in Lejeune Hall.

In a speech before a packed auditorium, Jones praised MCI's mission capability to train and educate Marines of every age, rank and military occupational specialty.

"You're talking about an enterprise that's touched over 10 million Marines," Jones said. "Please remind yourself how important you are."

Under the direction of Major Gen. John A. Lejeune and Brigadier Gen. Smedley D. Butler, on Feb. 2, 1920. Lieutenant Col. William C. "Bo" Harllee founded what would later become known as MCI.

During MCI's tenure, the school's curriculum has evolved from vocational education (the first class was called Gas Engine Design and Operations) to a program that contains all the tools every Marine needs to be successful and proficient. Whether on the battlefield or in the office, MCI gives Marines an opportunity to better them-

Enrollment has also seen a dramatic increase. While more than 100 officers and enlisted Marines participated in the first course, MCI now serves devil dogs in every clime and place, educating Marines from "8th & I" to Okinawa and all points in-be-

In 1999, MCI accepted the first online enrollment and continues to develop with the ever-changing world of technology, improving their ability to educate and train Marines.

For more information concerning MCI or online enrollment, logon at http://www.mci.usmc.mil

Fair winds.

Colonel Richard T. Tryon (right), Commanding Officer, Marine Barracks, Washington, D.C., presents Richard (Dick) Ocheltree with a certificate of appreciation. Known simply as "Mr. O" by many of the Marines he worked with. Ocheltree retired after 18 years of faithful service to the maintenance section at the barracks.



New TRICARE Dental Program Begins

TRICARE News Release

On Feb. 1, 2001, the Department of Defense began the new TRICARE Dental Program (TDP) that combines the former TRICARE Family Member Dental Plan and the TRICARE Selected Reserve Dental Program. The TRICARE Dental Program provides expanded dental coverage to active duty family members, members of the Selected Reserve and the Individual Ready

Reserve (IRR), and their family members.

Members who were enrolled in the TRICARE Family Member Dental Plan or in the TRICARE Selected Reserve Dental Plan were automatically

transferred to the TRICARE Dental Program on Feb. 1.

The TRICARE Retiree Dental Program, which provides dental coverage for eligible Uniformed Services retirees, remains a separate program and is unchanged.

The new dental program has an expanded comprehensive dental benefit package that includes diagnostic, preventive, and restorative services including dental X-rays, periodic examinations, sealants, cleanings, fluoride treatment, fillings, root canals, dental crowns and bridges, and orthodontics. The TRICARE Dental Program also covers athletic mouthpieces, an additional oral evaluation, and orthodontic coverage for spouses, Selected Reserve, and Individual Ready Reserve members up to age 23.

Additionally, cost shares for some dental services have been reduced for active duty service members in pay grades E-1 to E-4. The reduction in cost-shares is provided to encourage these families to seek dental care and improve their dental health. The maximum benefit payment is \$1,200 annually for routine care and a \$1,500 lifetime maximum benefit for orthodontic care.

"As with medical preventive care, dental preventive care should begin at an early age," said Capt. Lawrence McKinley, DC, USN, senior dental

"Enrollment in the new

TRICARE Dental Program

will be user-friendly and

efficient."

TRICARE Management Activity

Capt. Lawrence McKinley,

senior dental consultant,

c on sultant, TRICARE Management Activity (TMA). "One of the primary goals for the TRICARE Dental Program is to urge sponsors and family members to seek early preventive dental

care in order to avoid more costly and serious dental diseases in the future.

"The new dental program strongly encourages diagnostic and preventive care for younger children. United Concordia Companies, Inc. (UCCI), the TRICARE Dental Program administrator, will automatically enroll children at age four and notify the sponsor. Sponsors may, however, voluntarily enroll their children at the age of one," said McKinley.

A major improvement over the previous dental programs is the reduction of the mandatory 24-month enrollment obligation. Under the new program, the enrollment commitment is reduced to 12 months.

Enrollment in the TRICARE Dental Program is voluntary, continuous, and portable worldwide. A new enrollment requires at least a 12-month service commitment for active duty sponsors or Reserve members. Exceptions are made for Reservists who have fewer than 12 months remaining but are called up to active duty for certain contingency operations.

United Concordia Companies, Inc., administers all enrollment functions. To enroll in the program, sponsors must complete a TRICARE Dental Program enrollment form and send it to United Concordia along with one month's premium payment.

Reserve component members may enroll their family members in the dental program without having to enroll themselves. Certain Reservists and family members previously excluded because of not having an active payroll account will now be able to enroll in the TRICARE Dental Program. United Concordia will bill the sponsor directly for all monthly premiums.

"Enrollment in the new TRICARE
Dental Program will be user-friendly
and efficient," said McKinley. "United
Concordia will take over enrollment
from the personnel departments of the
Uniformed Services, and have secure
online access to the Defense Enrollment Eligibility Reporting System
(DEERS) to validate eligibility and enrollment."

If a member enrolls in the program prior to the 20th of any given month, his or her dental coverage will begin on the first day of the following month. If a member enrolls after the 20th of any month, dental coverage will begin on the first day of the second month. For example: If a member enrolls between Feb.1 and Feb. 19, dental coverage will begin on March 1. However, if the member enrolls between Feb. 20 and Feb. 28, dental coverage will begin on April 1.

"To avoid enrollment problems, it is important that prior to enrolling in the TRICARE Dental Program, sponsors check their DEERS information to ensure it contains up-to-date information," said Capt. McKinley.

Premiums are paid through either a payroll allotment, or in certain cases, by direct billing to the sponsor or member. The monthly dental premium for active duty family members is \$7.63 for a single enrollment, or \$19.08 to enroll a family. The monthly premium for members of the Selected Reserve, the Individual Ready Reserve (Special Mobilization Category) is \$7.63 for the sponsor only. Family members of Reservists who are on active duty for more than 30 days pay \$7.63 for a single family member, and \$19.08 for family coverage.

The monthly premium for an Individual Ready Reserve member (other than Special Mobilization Category) is \$19.08 for the sponsor only. Family members of Selected Reserve and Individual Ready Reserve (other than

Special Mobilization Category) pay \$19.08 for a single family member and \$47.69 for family coverage.

For TRICARE Dental Program enrollees, dental coverage is available worldwide. Family members who live OCONUS (outside the Continental United States) must first seek care through their local Dental Treatment Facility (DTF) if available.

Prior to receiving dental care from a host nation dentist, members must obtain a Non-Availability and Referral Form from the local OCONUS dental treatment facility. A Non-Availability and Referral Form is not required for active duty family members living in remote locations (where no DTF is available), or for the Selected Reserve, Individual Ready Reserve and their family members, except for orthodontic treatment.

Policies, and procedures and recommendations for best available care in CONUS or OCONUS may vary. Sponsors and family members living in OCONUS locations are encouraged to contact their overseas lead agency or DTF representatives prior to obtaining any dental care, particularly from host nation providers.

Eligible persons interested in enrolling in the TRICARE Dental Program can obtain an application and additional information from United Concordia, the dental program administrator, by calling 1-888-622-2256. For general information on the TRICARE Dental Program, members may call United Concordia at 1-800-866-8499, or visit the UCCI Web site at www.ucci.com.

For dental information, members may also contact their local health benefits adviser, beneficiary counseling and assistance coordinator, a dental treatment facility, or a Uniformed Services personnel office.

KVN: Primary communication link between CO, families

Commanding Officer, Marine Barracks, Col. Richard T. Tryon, recently visited members of the Key Volunteer Network. at the conclusion of a KVN training session here. "The Key Volunteer Network is an integral part of the Marine Barracks official family readiness program, and it serves as my primary communication link to our families to enhance mission readiness," he said. Colonel Tryon presented Loretta Cole and Deborah Prather with KVN program completion certificates during the ceremony. Spouses interested in the KVN program can obtain more information by contacting Marine Barracks KVN co-coordinators Courtnie Hall, at (301) 396-4662; or Lisa Stehle, at (703) 904-8532. (photo by GySqt. Gideon S. Rogers)



Pictured (back row, left to right) with Col. Tryon: Carol LaVoy (Henderson Hall KV trainer), Diane Tryon, Barbara Holland, Loretta Cole, Deborah Prather. (In front): Christine Heritage, Karin Gearhard.

Battle Color Detachment kicks West Coast Tour

by Sgt. Justin C. Bakewell Media Chief

The Marine Corps Battle Color Detachment flew to Marine Corps Air Station Yuma, Ariz., in early February for its final preparations for the West Coast Tour.

When the BCD arrived in Yuma the Marines left behind all the distractions of Marine Barracks and focused on training themselves mentally and physically for the upcoming tour.

The Drum and Bugle Corps and Silent Drill platoon wasted no time once they arrived in Yuma. Immediately after the Marines unpacked and situated their rooms, they hit the grinder. "We needed to set the precedent for the training so the Marines knew what to expect while we were in Yuma," said Cpl. Todd Jordan, drillmaster, Silent Drill Platoon, "A" Company.

The Drum and Bugle Corps began the West Coast Tour teaching their Marines the new sequence they will be performing this year.

According to members of the

D&B, Yuma is a great place for the more experienced members to mold and teach the junior Marines.

The Silent Drill Platoon is also welcoming many new members into its ranks. The need to mold and teach



The Marine Corps Color Guard, led by the Color Sergeant of the Marine Corps, Blake Richardson, performs at Yuma.

the junior Marines is also imperative for this unit, which is welcoming 17 new Marines this year.

"The (Silent Drill School) instructors really want the Drill Team to be perfect this year," said Cpl. Jordan. "This year the professionalism of the instructors is amazing; they have done a great job of putting the puzzle together."

Along with completing the drill sequences, the Marines also learn to come together as a unit. The SDS Marines are with their instructors from the time the wake up to the time they go to sleep, and they all get their first taste of what life is like in the Silent Drill Platoon.

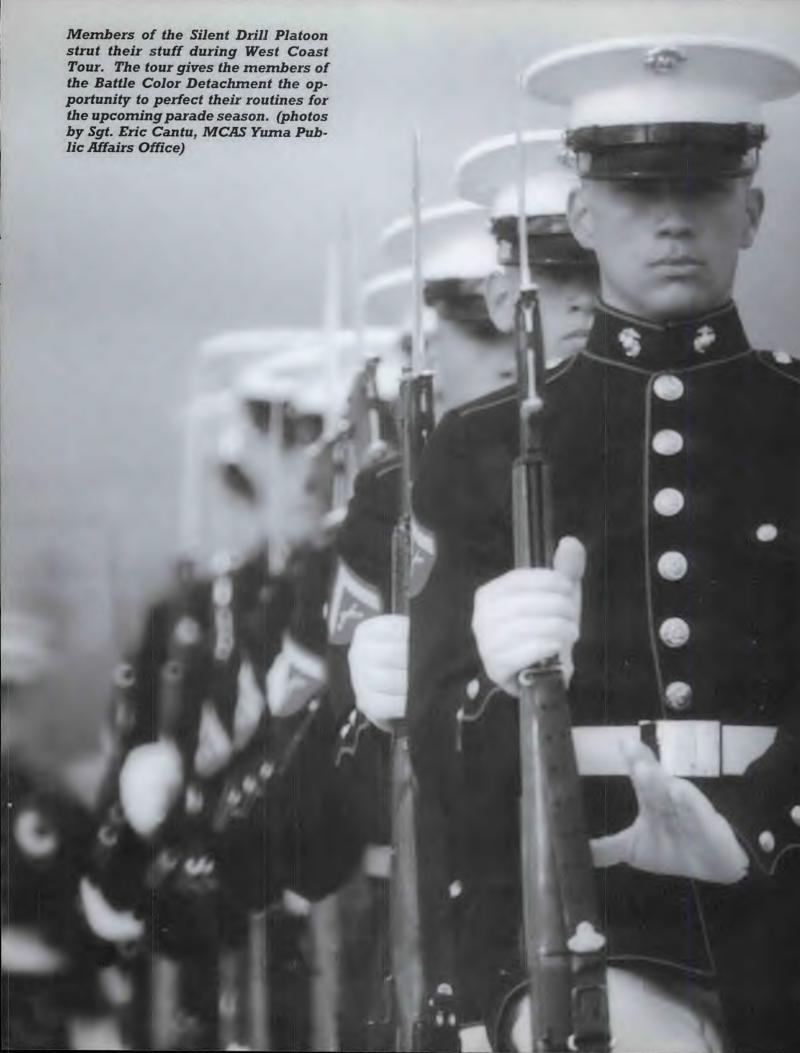
The third element of the BCD, the Color Guard of the Marine Corps, was also busy perfecting its technique.

"The Marine Corps Color Guard is a great honor to be a part of," said Sgt. Blake Richardson, Color Sergeant of the Marine Corps. "There are currently 26 Marines in the Color Guard. Of these Marines, the top two are selected as rifleman for Parade Four, which is the Marine Corps' official color guard. Although the Color Guard has the smallest part in the ceremony, I believe it is one of the most important because we carry the Battle Color of the Marine Corps, which represents every military campaign we have been engaged in."

By Feb. 27, everyone in the Battle Color Detachment was ready to begin the tour that began in Yuma, moved through Texas, and wrapped up in California. The Battle Color Detachment hit every major Marine Corps installation on the West Coast and performed with the same unparalleled dedication and professionalism they regularly exhibit at a small Marine post in Washington, D.C.



Members of the Drum & Bugle Corps perform at MCAS Yuma during the West Coast Tour, perfecting their routine for the upcoming parade season.



e treme Marines

Devil dogs break from ceremonial commitments, trade their place on Capitol Hill for a run down the mountain ...

story and photos by Cpl. Chad C. Adams Editor

BLUE KNOB, Pa. – While the best extreme athletes gathered in Vermont for the 2001 Winter X Games, barracks Marines got their own taste of adventure as they loaded up the buses and landed here, to hit the slopes.

Somebody better get a stretcher.

Eighty-five Marines, friends and family members combined for two trips to the ski slopes for some winter fun and mountain air, away from the busy district, and the pressures of serving at the "oldest post of the Corps."

Marine Corps Community Services subsidized the trip, leaving downhill devil dogs a \$75 fee for three days of skiing, lodging and meals – and an outstanding trip.

"It was good," said Lance Cpl. Jesse L. Laintz, grounds section, Headquarters & Service Company. "It was cheap

and the slopes were alright."

"The purpose of
the trip was to keep morale up and get Marines out of
the barracks," said Sgt. Keith A.
Burns, recreation and information, ticket
and tours manager, Marine Corps Community Services,
H&S Company. "It gave some Marines the opportunity to
see snow for the first time. The trip itself was the highlight.
The Marines got a chance to get out of work and blow off

some steam. Everybody who went, even the ones that came back limping, had a great time."

Limping, stumbling and crashing was a big part of the weekend for some of the greener devil dogs, as first-time skiers and snowboarders found their courage to make crazy

runs down slopes which some should have stayed away

from.

"I thought it was pretty funny watching the first timers," Laintz said. "It reminded me of my first couple of times skiing."

As Marines pinballed their way down the mountain, laughter echoed through the



Cpl. Josh S. Clark (left), Lance Cpl. Ian McConnell (center) and Lance Cpl. Jesse L. Laintz, all from grounds section, Headquarters & Service Company, wait for a shuttle to take them to the mountain. Marines split up into groups of six and shared condos courtesy of MCCS, where they enjoyed swimming pools, hot tubs and restaurants when they weren't hitting the slopes.



Captain Myle Hammond, Marine Corps Community Services Director, Headquarters & Service Company, tears down the mountain. Hammond and MCCS set up the trip and also provided a pizza party back at the condos.

trees, with devil dogs catching their buddies' mistakes from high above on the lifts and at every turn of the trail.

"It was a lot a camaraderie," said Cpl. Josh S. Clark, grounds section, H&S Company. "Whether you were good or bad at it, we all got together and shared some stories. I met a lot of different Marines from other companies that I still see and have conversations with."

Instead of a resort, the "Marine-layered" slopes looked more like a cold weather training evolution – the Marines had taken over. "It got a bunch of Marines together," Laintz said. "It made you see the Corps' brotherhood."

Ultimately, these extreme Marines got together and enjoyed each other's company in different light; not on the parade deck during drill or in the office behind a desk, but having fun on the slopes.

"It breaks the trend that we get into," Clark said. "It brings us together in a different way.



Barracks Marines get ready for another run down the hill.



Lance Cpl. Ian McConnell, grounds section, Headquarters & Service Company, (also seen flying through the air top left) slashes down the mountain during the MCCS ski trip.

Evolution of a wipeout ...



Lance Cpl. Daniel Alfred illustrates the progression of his trademark wipeout for the enjoyment of Capt. Myle Hammond.



Barracks makes staff selections

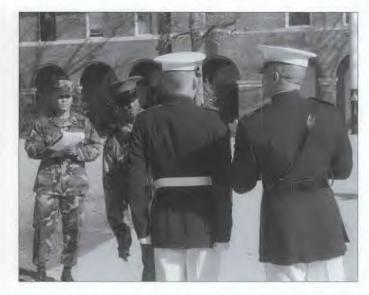


story and photos by Cpl. Chad C. Adams Editor

While most of the district huddled inside cozy apartments and office spaces, barracks Marines braved the winter winds, dawned the blue-whites and tested their mettle on the parade deck.

In February, officers and staff noncommissioned officers drew swords on Center Walk before a swarm of graders and several sets of eyes from seemingly every corner of the

Chief Warrant Officer Michael A. Ladd, drillmaster, watches every move Marines make when trying out for positions on the parade staff. Ladd was one of several clipboard-toting graders who made continuous circles around the parade deck during the tryouts. For the competitors, bearing and confidence were essential.



(left) Nerves were put to the test during the annual staff tryouts held on the parade deck over the past two months. Graders look at every aspect of a candidate before making a decision.

(right) Chief Warrant Officer Robin J. Gore, supply officer, S-4, Headquarters & Service Company, marches away from the Home of the Commandants during the officer portion of the tryouts.



parade deck, as peers and subordinates alike, came out to show their support.

As the candidates stepped onto "fat crack," Col. Richard T. Tryon, Commanding Officer, Sgt.Maj. Ronnie Edwards, Barracks Sergeant Major and Chief Warrant Officer Michael A. Ladd, drillmaster, led an attack on the Marines' bearing. With clipboards in hand, pens scribbled while reviewers got up close and personal with the candidates. Would-be staff members were inspected on every aspect of their uniforms, drill knowledge and appearance.

Then, as if that wasn't enough, before dozens of specatators, they had to "kick it."

In March, it was the junior Marines who took center stage, as several devil dogs battled for the support billets in hopes of having their chance under the lights this summer.

Again, Marines came to the position of attention on Center Walk and stood tall for their inspection. Then bells rang, dogs walked and flags unfurled as junior Marines took command of the parade deck.

Just like their senior leaders before them, it was those Marines who were confident in their abilities that carried the day.

"I was nervous, but confident," said. Cpl. Dameon D. Hunter, supply, Headquarters & Service Company. "I did it last year, so I had experience."

However, no amount of experience can make up for desire, as many Marines practiced for months to ensure their spot this summer – proving once again that to be good

Corporal Dameon D. Hunter answered the call and will repeat as the Time Orderly during the 2001 parade season. Hunter credited confidence with allowing him to overcome the nervousness that goes along with competing in front of so many fellow Marines.

at drill, candidates have to love it.

"In boot camp, I enjoyed drill, so hopefully one day I can become a drill instructor and later on a drillmaster," Hunter said.

Now, after two months of intense, nerve-racking competition, the 2001 parade staff is set.

For many of them, the battle is only beginning as they encounter the pressures of another parade season, a big piece of the more than 1,500 commitments that 8th & I Marines participate in every year.

As battalion drill heats up on the parade deck over the coming weeks, these Marines will be there – perfecting the difficult drill routines that define Marine Barracks Washington.

complete parade staff list on page 18



Rockers

SNCOs crash Officers' board 68-53

story and photos by Cpl. Chad C. Adams Editor

While the world turned its eyes to the NCAA basketball tournament, barracks hoop dreamers caught a little "March Madness" of their own during the renewal of the Officer – Staff Noncommissioned Officer game here March 13.

Master Sgt. William A. Perry led the Staff with 15 points, while Staff Sgt. Antonio D. Steward chipped in 12 and Master Sgt. William Q. Highsmith added 11 to lead a balanced scoring attack.



This attack was centered in the paint, as the Staff jumped out to a10-point lead early in the first half, attacking the basket and using their size advantage inside.

"We played within the confines of our game plan, coupled with knowing the importance of this game," Reed said. "Our game plan was one of pressing the ball inside to Master Sgt. Highsmith, opening the floor up, thus creating passing lanes with easy shot selections."

Steward and Highsmith led the way with 10 and 8

points in the first half, sparking a double-digit deficit that the Officers could never fill.

"I think the thing that allowed us to jump out to such an early lead was that we stayed within our games and took advantage of the shot opportunities that were offered by the defense," said 1st Sgt. William A. Winters, company first sergeant, Company "A."

Midway through the first half, the Officers mounted one of several runs that cut the lead

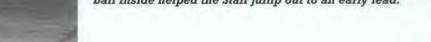
back into single digits, but it just wasn't enough, as the Staff found the answer for every run.

Although the Staff took control of the game early, playing up-tempo, the real advantage came on the boards, where second chance points allowed the Staff to maintain their 10-point lead throughout the game.

But with more than 10 minutes to play in the game, the Staff made their best chess move of the day. With a 12-point lead, the Staff spread the court and slowed the tempo, utilizing their biggest advantage – time.

"We had them by 10 or 11 points, thus allowing us a cushion, and since we were not into a pressure situation in which we needed to score, we could afford to use the clock

(left) Staff Sgt. Antonio D. Steward goes up for two of his 12 points during an early run in the first half. Pounding the ball inside helped the Staff jump out to an early lead.



roll

to our advantage," said Reed, who drained a big three pointer and a runner from 10 feet out – two big shots that helped stop an Officer run midway through the first half.

The spread formation helped wear down a team that had been trying to play catch-up the entire afternoon. As the Officers expended all their energy on defense trying to force turnovers, which they did at first, the Staff used their platoon depth and wore down a bench that only went a couple deep.

"The intent was not to go into a Dean Smith four corners, it was more like a John Thompson offensive spread which would allow us to exploit their man-to-man

defense," Winters said.

Although the game was heated, with both teams intensely taking it to one another, the annual game held much more at stake than an old leather basketball that had been residing in Center House for several years, the product of three consecutive officer victories.

"It is more than mere bragging rights, it's an opportunity for the Staff NCO's and Officers to show the NCO's and junior Marines the importance of working together in order to achieve a common goal," Winters said.

"Our junior Marines can learn that healthy competitiveness is good if used in the right way," Reed said. "Also, it fosters a closeness that our sister services just can't comprehend. This type of event demonstrates our uniqueness. This further enhances our commonality within our Corps."

"We need to continue to demonstrate to our younger Marines that esprit de corps still exists within our Corps," Reed said. "This type of environment fosters a closer bond where Marines can relax, laugh and cheer for their team. This is what the Marine Corps is all about, a band of brothers."

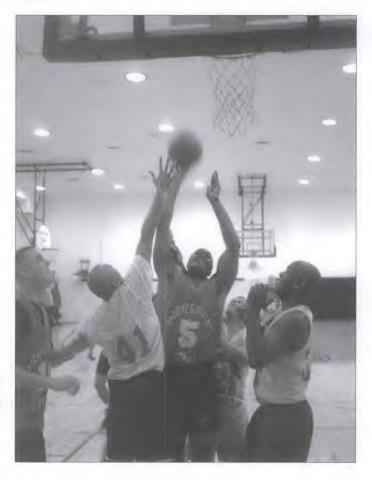
Captain Todd M. Boeding led all scorers with 19, and Capt. Brian T. Fulks added 14 in a losing effort.

Captain Curtis A. Mason (right) goes up strong while Master Sgt. Joseph B. Reed gets a hand up for the block during the Staff/Officer game March 13.



(above) Master Sgt. Angelo Goodwyn crashes into Captain Myle Hammond during the second half. The game was played intensely as both teams slapped and swatted to lay claim to the "Old Ball."

(left) Captain Todd Boeding's face shows the frustration of defeat, as he pleads to the referee for a call late in the second half. Boeding's 19 points led all scorers, but it wasn't enough as the Staff defeated the Officers 68-53 March 13, reclaiming the "Old Ball" and sending it to the Staff Club.



Barracks Marines host local students

by Cpl. Chad C. Adams Editor

A little too quiet, and a little too shy, heads filled with questions as they became accustomed to their new surroundings. They stared in wonder at the grandeur around them.

But this squad of new faces wasn't straight off the bus from the School of Infantry.

Thirteen students from Hine Junior High School received a special treat recently, when they got to follow the schedule of a few Marines who serve behind the hallowed walls at "the oldest post of the Corps."

Barracks Marines mentored the students as part of "Groundhog Job Shadow Day," a national program that gives America's youth a first-hand account of what it takes to be successful in the real world.

The event marked a continuation of the commitment to the Marine Corps' Adopt-A-School Program, which builds awareness and support for community involvement in education by mentoring school age children with programs that motivate and set positive life goals.

Marines motivated the Hine students with training in computer skills, typing skills and written and verbal communication that many Marines use everyday in their Military Occupational Specialties.

"I basically just explained what my job was and then took the student around to show what the other Marines in the office did," said Cpl. Michael O. Wilkis, scheduling noncommisioned officer, S-3, Headquarters & Service Company.

"I showed him how I have to use my computer for contacting sponsors, using the Microsoft calendar and stuff



Cpl. Chad C. Adams

Corporal Michael O. Wilkis, scheduling NCO, S-3, Headquarters & Service

like that," Wilkis said. "I think they got a perspective of how computers will help them in certain fields. I told them how I wished I had taken more computer training in school."

However, unlike many professions the students could shadow, the best of the few related the work ethic, professionalism, customs and courtesies, respect and teamwork that defines their Marine Corps lives.

Not only did the students see how Marines carry themselves within the office, they were also lucky enough to watch the parade staff tryouts – giving them a rare look at the intensity, discipline and desire instilled and exemplified by close order drill.

"Your efforts and participation in this event enabled ninth grade students from Hine Junior High School to learn, examine, and experience skills they will need to be successful members of our

Company, describes the "Evening Parade" sequence to young visitors.

working society," said Col. Richard T. Tryon, Commanding Officer, Marine Barracks, Washington, D.C., in a letter of appreciation to the Marines who participated. "By acquainting these students with the world of work through on-the-job experiences, you demonstrated what they are learning in school is relevant. What they witnessed in the few hours they spent with you might be the spark that ignites a bright and successful future."

"Your efforts, time and determination in making this a successful program for these students is truly appreciated," Tryon said.

Of course, a job shadow of the Marine Corps wouldn't be complete without a motivated session of PT.

"I took him to the weight room and thrashed him," Wilkis said. "He was a little motivator."

Leave it to a Marine.

When you see these Marines, congratulate them on their recent promotions.

H&S Company

February

Staff Sgt. Jimmie Ferguson
Cpl. Mourad Baich
Cpl. James Baker
Cpl. Scott Baker
Cpl. Joshua Woodson
Lance Cpl. Jeremy Dahlquist
Lance Cpl. Michael Delong
Lance Cpl. Calvin Hobbs
Lance Cpl. Aaron Kraft
Lance Cpl. Brian Kurtz
Lance Cpl. Fred McLuckie
Lance Cpl. Christopher Pope
Lance Cpl. Isacc Robertson
Lance Cpl. Brandon Rodriguez
Lance Cpl. Sennet Wiggins

March

Sgt. Christopher Anderson Cpl. Nicholas Caruso Lance Cpl. Charles Burks

MCI Company

February

Sgt. Eric Lopez

March

Lance Cpl. Robert Oellrich

"A" Company

February

Lance Cpl. Kori Brown Lance Cpl. Dustin Burns Lance Cpl. Jason Cruce Lance Cpl. Michael Hodshire Lance Cpl. James Martens Lance Cpl. Michael McMillian

March

Lance Cpl. Samuel Bass

Lance Cpl. Fidel Brionesmoreno
Lance Cpl. Paul Bushnell
Lance Cpl. Steven Clarke
Lance Cpl. Clifford Clarke II
Lance Cpl. Joseph Fuchs
Lance Cpl. Mark Hansford
Lance Cpl. Trey Keller
Lance Cpl. Monico Johnson
Lance Cpl. Ralph Martinez
Lance Cpl. Alan Sigler
Lance Cpl. Adam Smith
Lance Cpl. Shawn Swiger

"B" Company

Lance Cpl. Sental Tates

February

Sgt. Jason Pendergrass Lance Cpl. Emit Kennedy Lance Cpl. Steven Metcalf

March

Sgt. Hilary Dossen
Sgt. Bradley Lawson
Sgt. William Woodall
Lance Cpl. Steven Britton
Lance Cpl. William Collver
Lance Cpl. Samuel Ferguson
Lance Cpl. Oneal James
Lance Cpl. Michael Jaramillo
Lance Cpl. Ryan Olson
Lance Cpl. Christopher Villatoro
Lance Cpl. Benjamin Watrous

Security Company

February

Sgt. Brandon Valdez Cpl. Cory Creger

March

Cpl. Terrence McWhirt Cpl. Arron Perry

USNA Company

February

Sgt. Charles Seale

Lance Cpl. Atavis Campbell

March

Maj. Gregory Boll Lance Cpl. Matthew Edgell Lance Cpl. Cale Green Lance Cpl. Jeremy Powell

D&B Company

February

Sgt. Patrick Sanders Lance Cpl. Yuk Kwan

March

Sgt. Henry Garcia Lance Cpl. Jonathan Grimes Sgt. Mark Lynch Cpl. Melvin Smith Sgt. Bradley Swank Lance Cpl. David Toothman Lance Cpl. John West

Congratulate the following Marines on the awards they recently received.

Navy and Marine Corps Achievement Medals

Gunnery Sgt. David E. Smith Staff Sgt. Joseph C. Gray Sgt. Bryce E. Collins Sgt. David R. Dickerson Sgt. Giovanni Lobo Sgt. Charles L. Stehle Sgt. Jason P. Taylor Cpl. Eric L. Bradley Cpl. R. S. Esquibel Cpl. Bobby E. Jones Cpl. Douglass M. Powell Cpl. Jamayne K. Smith Cpl. Kelley L. Starling Lance Cpl. Wayne Lacy

Certificates of Commendation

Sgt. Adam V. Brown

Cpl. Jeremy G. Cushman

Cpl. Johnathon L. Mackin

Cpl. Jamie O. McDonald

Cpl. Jeremy C. Monica

Cpl. Sammy M. Roberts

Cpl. Kelley L. Starling

Lance Cpl. Jeffery J. Bertch

Lance Cpl. Adam S. Betz

Lance Cpl. Nathaniel A. Calhoun

Lance Cpl. David J. Docimo

Lance Cpl. Danny P. Dupre

Lance Cpl. Kaleb J. Lopez

Lance Cpl. Raymond L. Lopez

Lance Cpl. John A. Madden

Lance Cpl. Troy E. Mitchell

Lance Cpl. E. J. Pentek

Lance Cpl. Steven L. Steif

Lance Cpl. John T. Virnich

Lance Cpl. Toby G. Ware

To announce a new birth in your family, e-mail your rank, full name, family infomation and work section to adamscc@mbw.usmc.mil.

2001 Marine Barracks Parade Staff

Parade Commander

Maj. Ryan P. Heritage

Adjutant

Chief Warrant Officer Michael

A. Ladd

Flanking Officer

Capt. Spencer L. Padgett

Capt. Steven C. Berger

Staff NCO

Gunnery Sgt. Elvis S. Dixon Gunnery Sgt. James Gray

Staff Sgt. Steve E. Rice

Staff NCO Parade Commander

1st Sgt. William A. Winters

Adjutant

Staff Sgt. Mark J. Gonzales

Staff

Gunnery Sgt. James R.

Morrison

Staff Sgt. Brandon L.

Roessner

Staff Sgt. Bernard L. Jordan

Sergeant Major

Master Sgt. Randall Coker

Parade Commander

Maj. Christian G. Cabaniss

Adjutant

Capt. Kenney M. McCombs

Flanking Officer

1st Lt. James R. Williamson

Capt. Francis X. Lilly

Staff NCO

Gunnery Sgt. Allen Benjamin Master Sgt. Harold Odrick Staff Sgt. Tommy Jimmerson

Color Lowering Detail

Sgt. Marlon K. Christie Cpl. Robert A. May

Lance Cpl. Gino C. Leesing Lance Cpl. Derek T. Phillips

Mascot Handler

Cpl. Michael O. Wilkis

Flag Breaker

Cpl. Rhian D. Jackson

Time Orderly

Cpl. Dameon D. Hunter

OUTSTANDING!

Members of Parade Four, the Color Guard of the Marine Corps, led by the Color Sergeant of the Marine Corps, Sgt. Blake Richardson (second from left), pose for a picture with Medal of Honor recipient, retired Marine Col. H.C. Barnum. The photo shoot was for an upcoming book by Herm Dillon.



photo couriesy of Agostino von Hassell

Putting others first

by Maj. Gen. Clifford L. Stanley Commanding General, MCB, Quantico

y world is one of putting others first. When I meet you, you're the most important person. When we greet each other, I greet you like you are special and important.

If I worked in a service station, which I once did, I'd want my customers to know that for the few minutes they're in my presence, they will experience a level of service and commitment that is tantamount to "TLC" (Tender Loving Care).

Attitudes ... the kind that will strengthen your marriage, because you put your mate first. A concern for the feelings of others that will keep you from doing anything to hurt your friends and loved ones.

And, even if you did, out of "sheer human stupidity," you seem to be possessed with the ability to feel their pain and express your remorse and compassion, sometimes without using words.

Our experiences in life are shaped so much by our attitudes about life; some people can't wait to get out of something, to move on. They can't wait to get out of a particular circumstance ... be it school, the military, a certain location, a marriage, or as more aptly stated ... move on to greener grass.

So, they'll miss today, thinking about tomorrow. They'll be blind to obvious opportunities, because they're wallowing in egregious self-absorption.

Speaking, like you mean it; greeting others like you'd want to be greeted; respecting the opinions of others, and even trying to understand their opinions is a starting point down a slippery slope of loving others like you'd want to be loved.

Life gets pretty simple when you care more about others than you care about yourself. We have a choice.

You may have read this short story before. In this tour of duty alone, it has been shared with me by several people at different times. Each time I read it, I see something else. I hope you like at much as I do.

Michael is the kind of guy you love to hate. He is always in a good mood and always has something positive to say. When someone would ask him how he was doing, he would reply, "If I were any better, I would be twins!" He was a natural motivator.

If an employee was having a bad day, Michael was there, telling the employee how to look at the positive side of the situation. See this style really made me curious, so one day I went up to Michael and asked him, "I don't get it! You can't be a positive person all of the time. How do you do it?"

Michael replied, "Each morning I wake up and say to myself, 'You have two choices today. You can choose to be in a good mood or you can choose to be in a bad mood.' I choose to be in a good mood. Each time something bad happens, I can choose to be a victim or I can choose to learn from it. I choose to learn from it. Every time someone comes to me complaining, I can choose to accept their complaining or I can point out

the positive side of life. I choose the positive side of life."

"Yeah, right, it's not that easy," I protested.

"Yes, it is, Michael said, "Life is all about choices. When you cut away all the junk, every situation is a choice. You choose how people affect your mood. You choose to be in a good mood or a bad mood. The bottom line: It's your choice how you live life."

I reflected on what Michael said. Soon thereafter, I left the Towe Industry to start my own business. We lost touch, but I often thought about him when I made a choice about life instead of reacting to it.

Several years later, I heard that Michael was involved in a serious accident, falling some sixty feet from a communications tower. After eighteen hours of surgery and weeks of intensive care, Michael was released from the hospital with rods placed in his back.

I saw Michael about six months after the accident. When I asked him how he was, he replied, "If I were any better, I'd be twins. Wanna see my scars?" I declined to see his wounds, but did ask him what had gone through his mind as the accident took place.

"The first thing that went through my mind was the well-being of my soon-to-be-born daughter," Michael replied. "Then, as I lay on the ground, I remembered that I had two choices: I could choose to live or I could choose to die. I chose to live."

"Weren't you scared? Did you lose consciousness?" I asked.

Michael continued, "...the paramedics were great. They kept telling me I was going to be fine. But when they wheeled me into the ER and I saw the expressions on the faces of the doctors and nurses, I got really scared. In their eyes, I read 'he's a dead man.' I knew I needed to take action."

"What did you do?" I asked.

"Well, there was a big burly nurse shouting questions at me," said Michael. "She asked if I was allergic to anything. 'Yes,' I replied. The doctors and nurses stopped working as they waited for my reply. I took a deep breath and yelled, 'Gravity.' Over their laughter, I told them, 'I am choosing to live. Operate on me as if I am alive, not dead."

Michael lived, thanks to the skill of his doctors, but also because of his amazing attitude. I learned from him that every day we have the choice to live fully.

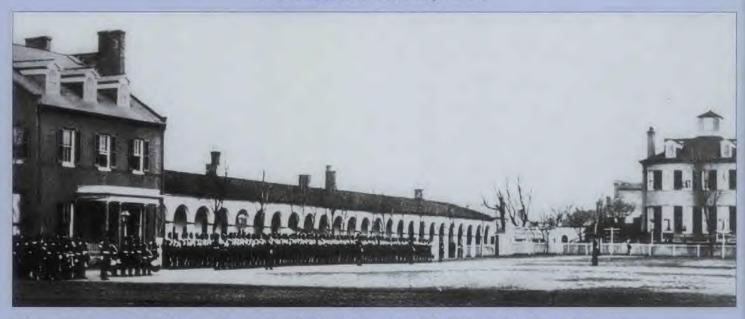
Attitude, after all, is everything.

We can all learn from Michael. It is our choice how we live our lives. The attitude I choose allows me to see how green the grass is where I am today.

Editor's note:

Barracks Chaplain C.G. Cathcart heard Maj. Gen. Clifford L. Stanley recently speak at the Chaplain Corps Ball. "His words had a profound impact on me, and I would like to share his article, reprinted here, from the Winter/2000 edition of 'Reflections,'" Cathcart said.

Marine Barracks, 1859



Marines line up in front of the parade ground, old "Center House" and the "Home of the Commandants."

DEPARTMENT OF THE NAVY

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