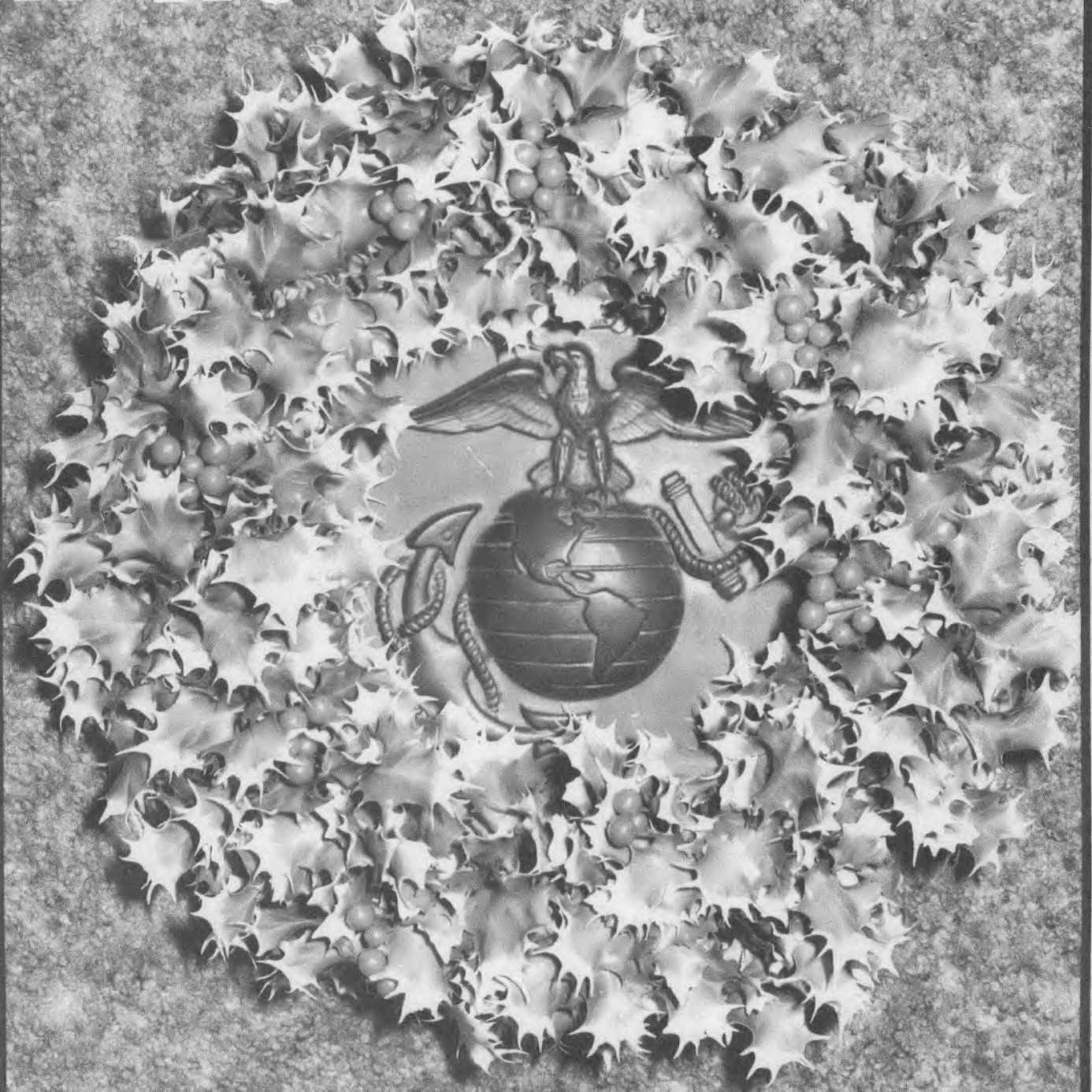


# Pass In Review

December 1984







## ABOUT THE COVERS

**Front** - The yule tide season is here and Marines around the world will soon be celebrating it. Our message is a simple one. From the staff of Pass In Review, the best to yours and the happiest of holidays.

**Inside** - The recent CD-X at 8th and I turned out to be a real splash for the participants. But as they all learned, civil disturbances allow no time for fun and games. See related story on page 10.

**Back** - When the Vietnam Veterans Memorial was completed, and the three-figure statue unveiled ( Nov 11 ), one of the figures seemed very familiar. It was no surprise. Former Barracks Marine, and Editor of PIR, Cpl. Terrence M. Green was one of sculptor Fredrick Hari's models.

-Photos by SSgt J.W. Jordan



# PASS IN REVIEW

Marine Barracks, Wash., D.C.  
December 1984 Vol. 4 No. 12

**4. Commander's View** Marines at 8th and I have a lot of accomplishments to be proud of. From a "Commanders View" the Marines aren't the only ones to be proud of the year's accomplishments.

**5. Troop Talk** Once again the folks at 8th and I are filling the blocks with their thoughts. This month they comment on President Reagans landslide election.

**6. The 209th** SSgt. J. W. Jordan is at it again with a few spectacular shots of the Wreath Laying ceremony conducted at the Iwo Jima Memorial.

**8. The Sergeant Major on** Holiday safety stresses something we've heard before. Safe driving while on leave and liberty over the holidays.

**10. An added mission** Marines at 8th and I have an added mission, civil disturbance, and they train for it hard.

**12. Goodbye to Sam Cole** After 38 years in the maintenance shop at 8th and I Sam Cole throws in his wrench.

**20. Officers upset MCI** In a tough intramural flag football game the Officers held down a come from behind attempt of the previously unbeaten MCI Company.

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COMMANDING OFFICER

COL R. D. WEEDE

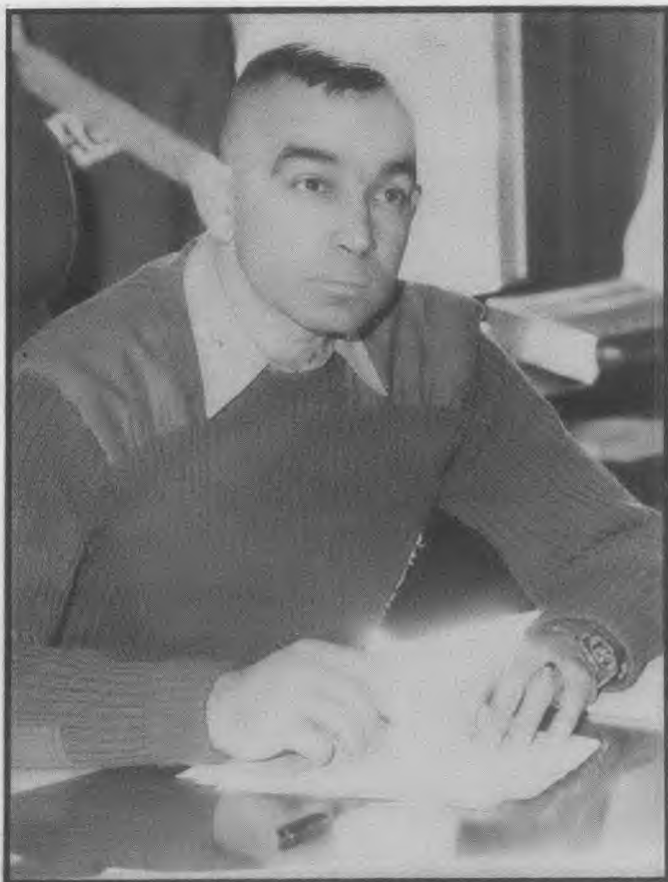
PUBLIC AFFAIR OFFICER

CAPT P. A. SIVIGNY

EDITOR

SGT C. D. CHAMBERS

# COMMANDER'S VIEW



## Dear Marines

The Christmas season provides us the opportunity to reflect back over the year's accomplishments. Needless to say, your performance was superb. Whether it was the Inspector General's visit, the Parade Season or the numerous commitments throughout the year, 8th & I Marines were true professionals.

One of the main reasons for our success is the support we receive from our families. The long hours and frequent separations from our loved ones unquestionably challenges even the strongest relationships. But our entire Marine family gave that extra effort necessary for success. Now that we have some time to enjoy the holiday season together with our loved ones, I just want to say a special thank you to those members of our team who seldom receive the accolades from being in the spotlight.

Please accept my sincere wish for a most joyous and peaceful Christmas celebration. Let us all take the time to rededicate ourselves to our mutual support, health and continued success. Merry Christmas and Happy New Year.

R. D. WEEDE  
COLONEL, U. S. MARINE CORPS  
COMMANDING



I think four more years of President Reagan will have a good effect on the military. The U.S. won't get pushed around.

Sgt. Ed Sipes, H&S Co.

The people have chosen a strong leader with direction. Now he will get the opportunity to carry out his plans

Cpl. Jeff Woepfel H&S Co



I think the re-election of President Reagan is a display of National support. It will help the military.

SSgt. Barb Bibbero, Band



I think President Reagan was re-elected because there wasn't anyone else to vote for. He is a good president though.

LCP1. John Ashton, MCI

## Troop Talk

### What did Nov. 6 do for you?



I think the military will be well treated. But, I don't think it was a display of national support.

MSgt. Ron Haney  
U.S. Band



I feel the victory shows national patriotism and makes me proud to be in the service

Cpl. Rich Clement, Grd.

I think the landslide victory was a display of national support because of his actions in Grenada and Lebanon.

LCP1. Ryan Thornton, BCo.



It meant making a decision that could make or break our country. I'm satisfied

Cpl. Ricky Reed, H&S



I don't think the re-election will have any new effect. The past four years have shown me more than the previous four.

MGySgt. Gene Grafenstein  
F&S Co.



I think President Reagan will support the pay raise. I like him because he's strong.

PTC. Anthony Faulkner,  
Guard





Iwo Jima Memorial

photos by SSgt. J.W. Jordan

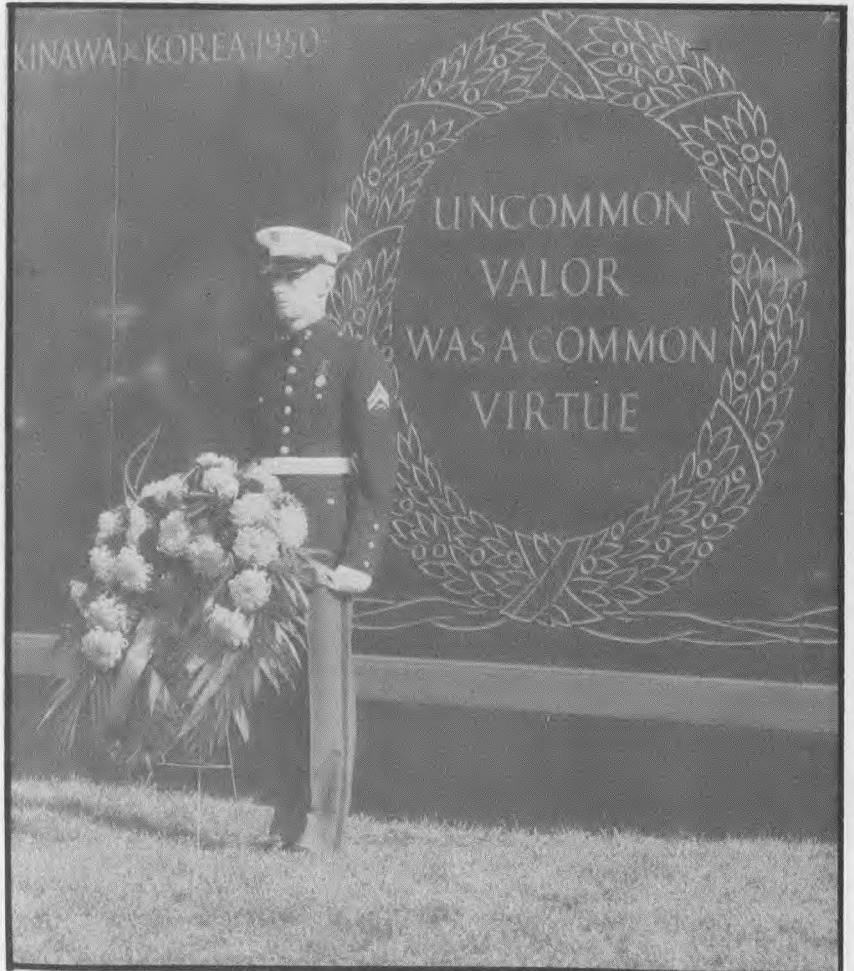


Pass In Review

# The 209th



Wreath laying



Remembering

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# THE SERGEANT MAJOR ON: HOLIDAY SAFETY

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*You may have heard this at some time somewhere before, but I'm going to say it anyway.*

## SgtMaj J. W. Winborn Jr

The holiday season is just around the corner. Many of you will be departing on leave during this period to visit with relatives, friends, or just to get away from the D.C. area. I do hope you enjoy your holidays. I also hope you return safely to the Barracks.

I am particularly concerned with traffic safety, and you should be too. A recent safety alert indicates only a slight reduction in automobile fatalities compared to last year around this time. On the other hand, motorcycle fatalities have continued to rise to the point where they now equal the grim statistics of previous years. The losses are unnecessary ones. And it is well within our ability to prevent these numbers from climbing.

Most of you have heard all this somewhere at one time or another, but I'm going to say it anyway. Use your defensive driving techniques! Use your **seat belts!** Motorcyclists, use your protective equipment! Above all, be aware of the extreme dangers associated with excessive **speed, alcohol and fatigue**, as well as the hazards associated with winter driving conditions. This past year we've lost Marines from our own ranks, and we certainly don't want to start the new year without you.

As you depart on leave, keep in mind that you are a Marine in or out of uniform. Your actions, good or bad reflect on the Marine Corps. The saying "A Marine 24 hours a day" is true. Enough said.

I wish you, your families and loved ones the very best. Merry Christmas and Happy New Year.



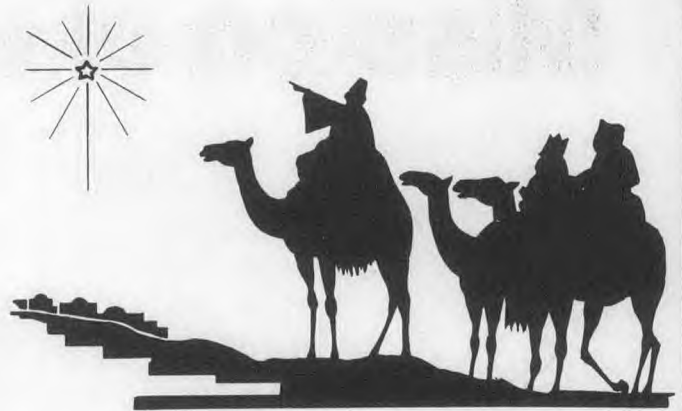
# A Christmas message from the Chaplain

So you're wondering how much damage your wife did with your credit cards during the Christmas shopping season? Don't worry, Christ is coming.

You gave your Aunt Martha a \$1.95 present, forgot to remove the price tag, and now you're sure she'll never leave you her money? Don't concern yourself, the Lord is on the way.

You went to the Christmas party and now you can't remember what you said to your company commander? You will find out the next time they post the watch bill. Don't be anxious. It will soon be Christmas.

If something momentous happens, we put aside those petty little worries so we can concentrate on the big things. Christmas is a big thing. It commemorates the Birth of Jesus who came to



reveal God to us and to tell us that we are loved and forgiven. This has been big news for two thousand years. It has changed millions of lives. Can there be anything more important than that? Think about it. God will never be able to get your attention if you are hassled with a lot of anxieties.

Besides, I once met a hobo in Chicago who said that a man had nothing to worry about as long as he had a hat and an overcoat. Maybe someone will give those things to you for Christmas. In the meantime, don't worry about anything. Christ is coming.

by Chaplain C. N. Leavitt

## Canned goods wanted

Canned goods and non-perishables are being collected for the needy people; your support is not only needed, it is appreciated as well. Food collection boxes can be found in each company area, MCI, Motor Center House, S-4, and the Adjutant section. There are many people who are depending on your gifts of food. Company Commanders can designate the agencies which will receive the donations for re-distribution to the needy:

- (1) AMERICAN RED CROSS
- (2) NAVY RELIEF SOCIETY
- (3) SALVATION ARMY

The deadline for food donations is December 17. If you have any questions, please contact the Barracks Chaplain's Office at 433-6201.




1 December 1984

### A MESSAGE FROM THE COMMANDANT OF THE MARINE CORPS

Hanukkah and Christmas proclaim joy and renewed hope to men and women of good will. Every holiday season is one of rekindled light for a brighter future.

It is in this spirit that I wish each of you...Marines and other members of the Armed Forces serving with our Corps, and your precious families...the merriest of holidays and a Happy New Year.

  
P. K. KELLEY  
General, U.S. Marine Corps

# Mission of another kind

by SSgt. Eric Stradford

photos by

SSgt. J.W. Jordan

As any Marine learns in those early days at Parris Island or San Diego, little is more important than accomplishing the mission. In boot camp, where many of us first learn of missions and accomplishing them, recruits learn of the Marine Corps mission. As stated in the National Security Act of 1947, "Marines are trained, organized and equipped for offensive amphibious employment and as a force in readiness."

There's no secret to the Marine Corps' mission. In fact, every Marine is required to (at least) understand both the mission and its six key points. It's all there in black and white in the green camouflage reference book we've come to know as the E.S.T. Book. But the Corps' mission is not as simple as black and white. Marines are required to train for numerous tasks other than the "seizure of advanced naval bases" or "provision of detachments for U.S. Navy vessels."

Civil Disturbance (CD) training is one such task Marines are assigned. Although CD is not one of the 13 "essential subjects," historically 8th and I Marines and others have experienced, first hand, the need for such training.

What had become known as a non-violent movement exploded during the Spring of 1968 in violence throughout Washington D.C. as well as 109 other U.S. cities. Violence erupted in cities



*Marines simulate civil disturbance acts.*

across America to include Philadelphia, Detroit and Los Angeles. The April 4 assassination of Dr. Martin Luther King Jr. outraged many Americans to the point of civil unrest. One Black Panther leader, Stokely Carmichael was quoted as saying, "She (white America) declared war on us." The us he referred to was black Americans of which many took to the streets at his suggestion, "Get your gun."

President Lyndon B. Johnson reacted to the situation. If ever there were a time to call out the Marines this was it. Mr. Johnson did in fact call out the Marines as well as the Army. Among them were units from 8th & I, Camp Lejeune, Quantico and Fort Bragg, N.C.

The Marines were part of a nation-wide force of 75,000 federal troops and

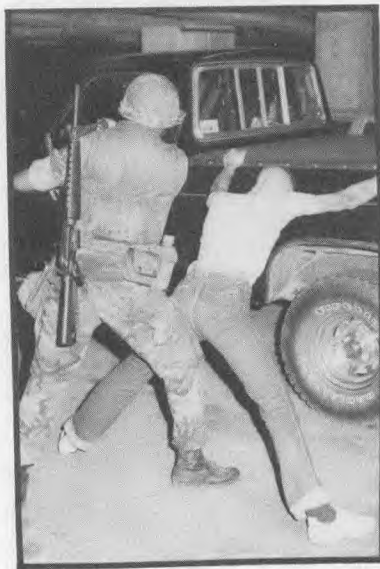
National Guardsmen. Their assignment was to patrol America's streets. In a peaceful display of organized force, troops assigned under the Military District of Washington (MDW) faced the hardest hit city. In the nation's capital over 700 fires blazed and at least 10 people died. According to one source, "From the air Washington looked as though it had been bombed."

Army SSgt James Savage was among those assigned to patrol the streets of D.C. He recalled being assigned to an area around 14th and Pennsylvania Ave. N.W. "The Marines were responsible for the Capitol Hill area." said Savage. "We (Army) patrolled the downtown area, about 4 or 5 soldiers with each District Policeman." Though technically the soldiers and Marines were deputized as

peace officers, they made no arrests to Savage's knowledge. "If rioters refused to disperse, we were involved in their apprehension," remembered Savage. "But actual arrest were made by the police officers."

The riots of 1968 are commonly referred to when justifying the need for CD training. Other situations are equally referred to when informing Marines about possible consequences when confronting a mob. Two years after the 1968 riots that left 39 people dead across the U.S., four students were killed at Kent State University in a clash with Ohio National Guardsmen. The unfortunate incident resulted in some ridicule of the Guardsmen by the media and prompted officials at both state and federal levels to take a close, hard look into what civil disturbance forces should and shouldn't do.

The actual demonstrations or riots are all part of the curriculum to train MDW forces as well as other Army and Marine Corps units in procedures for quelling disturbances. The training at Marine Barracks begins



*This protester got out of hand.*

with individual positions, not likely to be found in any E.S.T. Book. The individual tactics are combined for squad-size formations. The squads are then incorporated into platoon formations which can be individually employed or used in company formations. Because the use of chemical irritants such as tear gas is probable in CD operations Marines here practice gas masking exercises as they do "the March-on" or "Fix Bayonets" for a Friday Evening Parade.

The training here is not unlike that at other Marine Corps installations. The same type training is con-

ducted at Camp Lejeune, N.C. at least semi-annually according to officials there. Marines of the 2nd Division often participate in battalion level exercises

Although the subject is not addressed in the E.S.T. manual, CD training is quite essential. It's a unique type of Marine Corps training--one that's irregular for an offensive amphibious force. The quelling of civil disturbances, however, requires the same readiness Marines are known for. Equally important, it requires one more trait of Marines. It requires a force, but a force which can be controlled.



*In the past Marines haven't made many arrests, but they still train for it just in case.*

# Maintenance man retires after 38 years



Sam Cole, retiring  
Dec. 28

story and photo

by Sgt. C.D. Chambers

He's a quiet man, a humble man, slender and easy going. He's somewhat of a contrast to the 6-foot, 3-inch giants most visible to 8th & I's visitors. You could say Sam Cole is a passive man, but at the same time he's youthful, full of life and all of energy. Sam has been an important cog here for many years and has been quietly instrumental in keeping morale high for Marines stationed here.

Sam Cole is the barracks maintenance foreman. But, after 38 years of service to Marine Barracks Washington D.C., Sam will throw in the wrench.

The 65-year-old Cole, has been the barracks maintenance foreman here for the last 14 years. He retires from that slot Dec. 28. But, Sam wasn't born a boss. He first started working at the barracks as a carpenter, sometimes titled "wood craftsman," in January 1947. Before that Cole was a car-

penters mate and also a first class diver in the Navy, from 1943 to 1945. And as Sam puts it, "We used to dive with the hard hat in those days. (The kind with all the tubes running to them)

Cole, a native of California, recalls the "ole days" at the barracks when the parade deck used to be the sports deck. (Just imagine a softball diamond in the Southwest corner of the parade deck). Or when open squad bays filled the second deck buildings. He recalls when the basement of building 9, where the bands' Sandleman lounge is located, consisted of an exchange, special services and a two-lane bowling alley.

There are some things Sam won't remember. The post swimming pool and the billiards hall, just to name a few. But you can be sure Sam Cole will forget more stories of 8th & I's mystic than most of us will ever know.

"I'm really going to miss it here," said Cole. "It's been a way of life for me for so many years. But, most of all, I'm going to really miss working with the Marines. They keep you thinking young and feeling young."

Cole stands a sleek 5 feet, 9 inches. He has brown hair, always neatly slicked back and brown eyes that say he cares. His face is deceptively youthful looking, but shows the years of hard, but enjoyable work.

Sam and his wife kitty live in the Washington area. They have two daughters and five granddaughters. And as Sam says with a boyish smirk "I'm surround by women."

In the maintenance shop, whether it be advice or just plain instruction Sam Cole is always eager to help.

"The thing we're losing when Sam leaves is his experience," is the feeling from the people who work with Sam in the maintenance shop. "He has seen almost every renovation done to this barracks and knows where all the small things are," commented SSgt. Art "Ski" Macheski barrack maintenance man. "You could work here 10 years and every project would be a new experience, because you wouldn't know where the small things are. He knows where everything is."

Said Sam, "If I had it to do all over again I wouldn't change a thing. It's been unique, challenging and different." Sam's philosophy on work and life is, "If you don't like what you're doing today, wait until tomorrow, it'll change."



Sam Cole 38 years ago.

courtesy of Sam Cole



## Promotions, more than just time

In order for the U.S. Marine Corps to reward its personnel monetarily for a job well done there is an established system of promotion.

The way enlisted members get promoted varies according to rank. According to the "U.S. Marine Corps Enlisted Promotion Handbook," certain criteria must be met for the corresponding grades.

A regular promotion to private first class is given when a Marine has completed six months time in grade (TIG) and six months time in service (TIS). Personnel will be promoted to private first class automatically unless they have had previous disciplinary problems, according to the handbook. Meritorious promotions to PFC hold no time in grade or time in service requirements.

Promotions to corporal and sergeant are more competitive than subordinate promotions. Competition rests among all of the personnel in one particular occupational field who are eligible for promotion to the given rank. The competition appears in the form of composite scores which are computed quarterly.

For regular promotions to corporal, a Marine must have eight months TIG and one year TIS. Meritorious promotions to the

rank have a six-month TIS requirement.

To obtain the rank of sergeant through a regular advancement, the individual must have one year TIG and two years in service. Eighteen months TIS is required for one to be considered for a meritorious promotion to sergeant.

Staff Noncommissioned Officers have a different method of promotion, the handbook explains. Once a year a selection board convenes at Headquarters Marine Corps to select future staff sergeants. There is a separate board that meets annually for selection to gunnery sergeant. Those personnel who are eligible for E-8 and E-9 are selected at a combined board that also convenes yearly.

There are three types of promotions in the staff NCO ranks within the Marine Corps, regular, meritorious and accelerated, according to the handbook on promotions. For a meritorious promotion to staff sergeant or above, there is no board selection. The commanding generals of the recruit depots are authorized to promote a number of drill instructors to E-6 or E-7.

The commandant can meritoriously promote someone to a staff NCO grade for a single meritorious act, the booklet explains. Marines on recruiting or security guard duty are also eligible for meritorious promotion to E-6 or E-7.

Accelerated promotions are designed to speed the advancement of deserving sergeants and staff sergeants who would not normally be considered for the promotion. This type of advancement is based on exceptional performance over a substantial period of time, the book explains.

For a person to be considered for a regular promotion, that Marine must be in a certain zone. The two zones that are used presently are the promotion zone and the eligibility zone. Promotions of personnel in the eligibility zone are limited. Those people are promoted if, "it would be in the best interest of the Marine Corps to promote them now and not wait until the next year."

When the board members actually get ready to decide and vote on who should be promoted, they have a performance index.

The performance index is a computer readout which has the individual's fitness reports for his current grade, and the population average which lists all the personnel in that particular occupational field who hold the same rank.

## Marine ships sailing soon

(Navy Times) - The Marine Corps is loading the first of 13 specially constructed ships that will be positioned around the world as part of a maritime prepositioning concept.

MPS 1, four ships carrying war supplies for a brigade, is beginning at the port of Wilmington, N.C., with aviation support gear being loaded aboard the Cpl. Louis J. Hauge Jr. It will end in June when the last MPS 1 ship is loaded with ammunition, vehicles, tanks etc., that were railroaded from war stocks in Georgia and California.

Two more MPS squadrons will be formed as ships come on line, either converted commercial vessels or, in

the case of five built from the keel-up for maritime prepositioning.

MPS 2 will be loaded next summer, destined for the Indian Ocean to relieve the Near Term Prepositioning Ships that carry combat cargo for the 7th Brigade based in California.

The ships now being loaded will be dedicated to the 6th Brigade at Camp Lejeune. No Marine troops will be aboard the ships, which are manned by civilian crews unless MPS 1 is called into action. Marines will then be flown aboard to prepare the cargo for off-loading as the ships head to the crises location.

All MPS ships are named for Marine Medal of Honor recipients.

The PFC William Baugh will be loaded in mid to late November, followed by the Sgt. Matej Kocak in early December, the PFC Eugene A. Obregon in February.

Hauge and Baugh will return to Wilmington in the spring, to off load their supplies into two other ships, 2nd Lt. John P. Bobo and Maj. Stephen W. Pless, which then become part of MPS 1. Hauge and Baugh will be reloaded with supplies and equipment for MPS 2.

In 1986 and 1987, Corps hopes to add four other ships that will be located with MPS squadrons. There are plans for a hospital ship and an aviation logistics support ship on each coast of the United States.

The MPS ships will carry enough war stocks for a brigade of 16500 men to fight independently for 30 days and can off-load over a beach within three days.

It would take 4500 "sorties," a sortie is a single flight by one plane, to move a fully supplied brigade into combat. With most gear prepositioned, the brigade can be flown with 249 "sorties."

## Discharged Marines must register

The Military selective Service Act requires males born in 1960 and thereafter to register 30 days before or after their 18th birthday unless they are on active duty in the armed forces, in which case registration may be deferred up to 30 days after separation or release from active duty. Frequently eligible Marines separated from the service do not register because they believe they don't have to do so.

Registration with the selective service does not mean that a separated male Marine would be automatically drafted if there were a

future mobilization. A separated Marine who has served 12 months or more on active duty could be drafted only after a congressional declaration of war or national emergency. A separated

Marine who has served less than 12 months on active duty would be eligible for the draft depending upon the circumstances of his discharge and the regulations and induction standards.

### Barracks news

## Cammys o.k. around barracks

MARRKS - 8th & I Marines are authorized to wear the camouflage utility uniform while enroute to and from and while aboard the Washington Navy Yard whether on foot or in a vehicle.

The camouflage utility uniform is also authorized for wear to and from all tailors, cleaners and cobblers located along the east side of 8th street bounded by I and G Streets southeast.

# Mr. Dan Cox dies at age 52

Members of the Fort Henry Guard formed a guard of honor at Trinity Chapel, Kingston Nov. 17 in respect to Guard Commander Dan Cox, 52, who died suddenly Nov. 14 in Toronto.

Twelve members of the Old Guard formed the firing party, which rendered the salute at the parade site. The funeral was attended by Cox' family, members of the guard both current and former, his colleagues at the fort, members of the Canadian military, and many friends.

Mr. Cox had been recruiting for the 1985 guard when he died. He had been Guard

Commander at Old Fort Henry since May 1979, following a military career of over 30 years. His service included a

tour with the Royal Canadian Regiment as Regimental Sergeant Major, and another at the Royal Military College.

## Saving Bond interest rate rises

Navy Times - The interest rate on U.S. Savings Bonds climbed this month to 10.94 percent and will remain at that level through the end of April, Treasury officials have announced.

The new rate is almost a full percentage point higher than the 9.95 percent earned on savings bonds during the previous six-month period. It marks the fifth rate change for

bonds since Treasury introduced the variable-rate system in November 1982 to allow savings bonds to compete more effectively with other conservation investments.

The market-based rate is adjusted every six months based on 85 percent of the rate on five-year Treasury securities recorded during the previous six months.

# Manpower surveys separated Marines

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HQMC - Why don't you reenlist?

That's what Manpower officials at HQMC hope to find out with a 32-question survey to be completed by Marines during their separation process from active duty.

The questions, ranging from job satisfaction to quality of life indicators (i.e., family separation, commissary/exchange and medical/dental care), result from a field survey of nearly 1,000 former Marines re-duty.

Except for basic administrative data, completing the survey is voluntary. That's one reason officials are optimistic about its

validity. The computer scannable form is simple in design, asking the Marine to rate each item as: extreme-importance, or of no importance. Then the Marine is asked to indicate the top three reasons influencing their decision to leave active duty.

decision to leave active duty.

Capt. David Linnebur, a systems analyst with the Manpower Research and Development Section, HQMC, explained that the survey will be a valuable aid in retention efforts since it will provide a Corps-wide view of Marines' perceptions regarding opportunity and benefits-related issues. In the past, while individual career planners queried Marines about their decisions to leave the Corps, there was no way to collect and analyze the information.

There are other benefits, some of them in the future, that the survey can provide. For example, the form includes an extra answer section capable of recording responses to 30 additional questions. Capt. Linnebur explained that the additional answer block could be used for special survey questions of a particular group, such as Marines assigned to a particular MOS or geographical area.

The survey will be administered to all Marines, officers and enlisted, with results forwarded to HQMC on a weekly basis. Manpower officials are currently projecting early 1985 as the time when some initial conclusions can be drawn upon the survey responses.

# PMO working to relieve parking problem

story and photos

by Sgt. C.D. Chambers

The barracks Provost Marshals Office is presently revamping barracks parking and working with city police to alleviate a parking problem that has plagued the barracks for years.

Speaking for the Provost Marshal, Provost Sergeant, SSgt Ronald James said there are about 240 parking slots for more than 700 privately owned vehicles belonging to Marines stationed here. Even though some of those Marines work and park their POVs at Marine Corps Institute, the number of POVs versus parking slots creates a major problem.

"We're doing all we can do," said James. "If people will cooperate with us we might be able to alleviate some of the problem."

James said there has

been a major upswing in parking violations in the area around the barracks. He said people don't understand they need a Zone 6 sticker to be able to park along the streets.

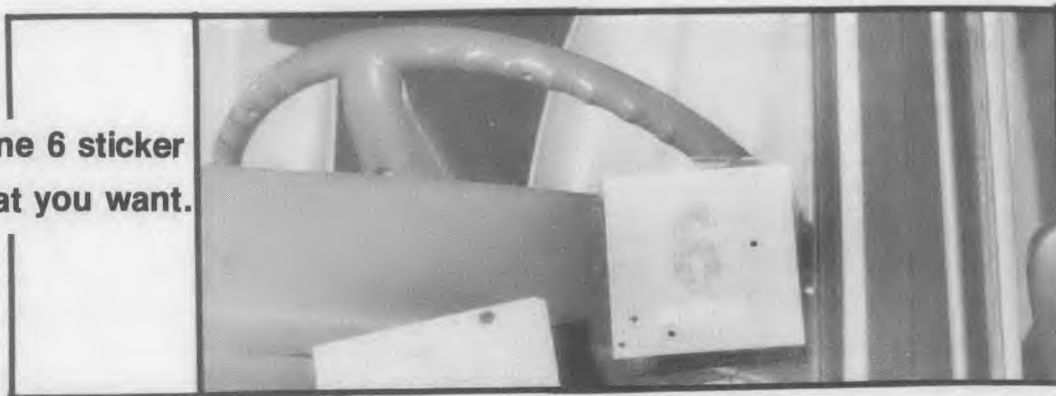
"Marines get themselves in trouble by thinking, 'I won't get a ticket, they won't catch me,'" said James. "But they do," he added.

For Marines living in the barracks here, a Zone 6 sticker is simple to get. To receive a sticker all a Marine has to do is take his vehicle registration, proof of insurance, a copy of his original orders and a letter from his commanding officer stating, "he lives in the barracks," to the 6th Police District at 301 C Street S.W. and he will be issued one.



**Zone 6 is two hour parking only, unless you have a sticker.**

**This Zone 6 sticker is what you want.**



**This is what you don't want.**





# Fingerprinting available for dependent children

Operation ID for dependent children has begun at 8th & I. As of Dec. 1, barracks Marines, sailors and civilians were offered an additional source for having their children fingerprinted. The barracks clearance section will provide the service from 7:30 to 11:30 a.m. and from 1 to 4:30 p.m. Monday through Friday. During off-duty hours guard section will administer the program.

The Barracks' program is

part of a nationwide effort to provide a means of recovering missing children. Gen. P.X. Kelley stated in a recent White Letter, "Each year, thousands of children are reported missing. Many become victims of foul play and are never recovered or identified. Parents and non-profit organizations across the country are beginning the fight to identify and return missing children to their homes...I am concerned

that many of our dependent children aren't included in this effort."

The program is not a new one locally. The D.C. Police Department and others in nearby suburbs have incorporated child ID programs with other crime prevention initiatives, but face one major setback. Not nearly enough parents take the time to get their children fingerprinted.

The process is simple; Just bring your child, have him or her fingerprinted, and keep the fingerprint card in a secure place. Remember! Neither the police nor the Barracks Guard will keep the child's fingerprint card.

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## JCS Chairman praises readiness

"Readier than they have been in a long, long time," is how the chairman of the Joint Chiefs of Staff describes the nation's military forces.

Speaking in a radio interview recently, Army Gen. John W. Vessey, Jr., said that the military has "very good people across the board in the active forces and the reserves and national guard. Good equipment and far better training techniques," also contribute to this readiness.

Describing readiness is being similar to fresh bread "that must be baked every day," he added that there "still is a lot of equipment out there that needs to be replaced."

Speaking on a program sponsored as a veterans' salute by the 120,000-member Reserve Officers Association of the United States, Vessey said that the reserves and guard "play a larger part

than ever before" in strategic planning and that they provide "one-third of the military manpower and important key skills we don't have in the active forces or not enough to carry out our war plans."

He commented that the reserve components are "absolutely essential to our

security" and commended the cooperation of employers in supporting the reserve and guard efforts.

Capitol Hill-based ROA was founded in 1922 at the suggestion of General of the Armies John J. Pershing. Its members include officers of all military services: reserve, regular, guard and retired.

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## Barracks CFC drive reaches goal

The barracks Combined Federal Campaign drive reached and exceeded its goal this year.

The goal was for \$18,000 of contributions, the final total that was contributed was \$18,517

Last years goal was \$15,000 and it was also met with a total donation of \$15,426.

"We had 822 contri-

bute," said Capt. Harvey Seegers, CFC officer for the barracks. "There were \$17,847 contributed in pay roll deductions and \$670 in cash.

"I'd like to say the contributions were very generous. The \$18,000 will go to a good cause. The barracks should take pride in the contributions," added Seegers.

# VIEWPOINT

## Let's get physical

by SSgt. Kent Ashcraft

It wasn't long after I enlisted that I learned about the most sacred and best followed tradition in the Marine Corps - complaining. Some of the people I work with, in fact, have elevated it to a true art form, and I know I do it a lot better now than I used to. If you have ever complained about the chow hall food, keep reading, even if you haven't stop lying and keep reading.

First of all, no one is going to claim that the chow hall serves gourmet fare, and I'm sure the owner of The Broker doesn't lose sleep worrying about the competition across the street. But more and more Americans are starting to look at food with an eye toward its nutritional value, and with that in mind I thought it might be interesting to see how chow hall food "stacks up." Going by the official recipe cards and the standard tables of food composition, here is a nutritional analysis of a typical chow hall dinner.

That works out to 47.5 percent of calories from carbohydrates, most of them

the good, complex variety, 18 percent from protein, more than enough, and 34.5 percent from fat - a bit more than ideal, but it could be reduced considerably by cutting out the gravy and choosing a different dessert. Those choices would also reduce the sodium figure by a substantial 600 milligrams.

Space doesn't permit a complete vitamin or mineral analysis, but this meal shows no real deficiencies in that regard. Perhaps you could do better, but you could certainly do a lot worse. A typical fast food meal derives at least 60 percent of calories from fat, contains over 2000 milligrams sodium and is almost totally bereft of vitamins, minerals and fiber. And neither do you "get what you pay for." If you ate filet mignon, caviar and pate foi gras every night you'd be a great candidate for a quadruple bypass in a few years. So let's appreciate the humble chow hall. It ain't fancy, but it's pretty good food.

	Carbohydrates (g.)	Protein (g.)	Fat (g.)	Sodium (mg.)
Yankee Pot Roast -	5.5	30	14	606
Mashed Potatoes -	29	1	3.5	221.5
Gravy -	5	1	6	280
Lima Beans -	24	8	7	93
Bread (1 slice) -	12	2	1	125
Apple Pie -	53	3	13	400
Skim Milk (1 glass) -	10.5	7.5	0	19.5
Total -	139	52.5	44.5	1745

## Dear Editor



### CHARLEY'S KIDS

Take a few Marines from Grounds Maintenance and a couple from Motor-T. Mix them in with one or two from the dining facility, and season with the barracks' office pouges. And you've got one heck of a stew.

"You'll have problems," I was told upon accepting the fourth platoon sergeantship in a recent exercise. "But nothing you won't be able to handle." Ha! I thought, and

before I could get into my cammies my worries had begun. Just try to pull some of these "can't get along with-out 'em" guys from their ever-protecting bosses and you'll find out just how hard an H&S First Sergeant's or Company Gunny's job really is. This time, however, was different. The section heads turned out to be real gems. They made sure I had most of the people I needed when I needed them.

The real shocker was the attitude of the Marines themselves. From day one most of them were well disciplined, and motivated with strong positive attitudes. I had good NCOs who were ready to do whatever had to be done.

Fourth Platoon was a unit that constantly proved itself. It did at Combat Town, at Anacostia and in the BEQ parking lot.

In short, the 'Fearless Fourth' proved to be a force to be reckoned with. And in case nobody told you so, you did a bloody good job doing so.

## To the Editor

Intramural sports were set up in the service to create teamwork, comraderie, morale and sportsmanship within the "individual" units."

An individual unit is a battalion, company or platoon, not a team of officers or enlisted personnel grouped together by virtue of their rank.

The main point of this editorial is that officers should play with their own unit team. Not against them.

By participating in their own units, it would create all the things mentioned above and also add support to the intramural sports program.

Granted, by putting the

officers in their own units or companies, it would cut a team from the intramural schedule here. But it would be a whole lot better having strong unit support and participation in intramural play than it would just to have one more team.

When a team of enlisted personnel play a team of officers the competition can get very hot. Too hot. I guess you could replace the word competition with the word "pride." That sense of pride, for example can turn a football field into a combat zone. That's not, nor should it be the game plan in intramural sports.

I'm not saying the enlisted people don't have the same amount of pride,

because they do, and they would play just as hard. I'm just saying that kind of game shouldn't be played.

Breaking intramural teams down by virtue of rank is not the purpose of the intramural program. If that is the case we might as well not have intramural sports at all because it ruins the whole concept of why it was set up.

What's worst of all about this subject is that the ones who suffer most are the ones who need it the most. They don't get the support and feeling of unit cohesiveness they should have.

"They" are the troops.

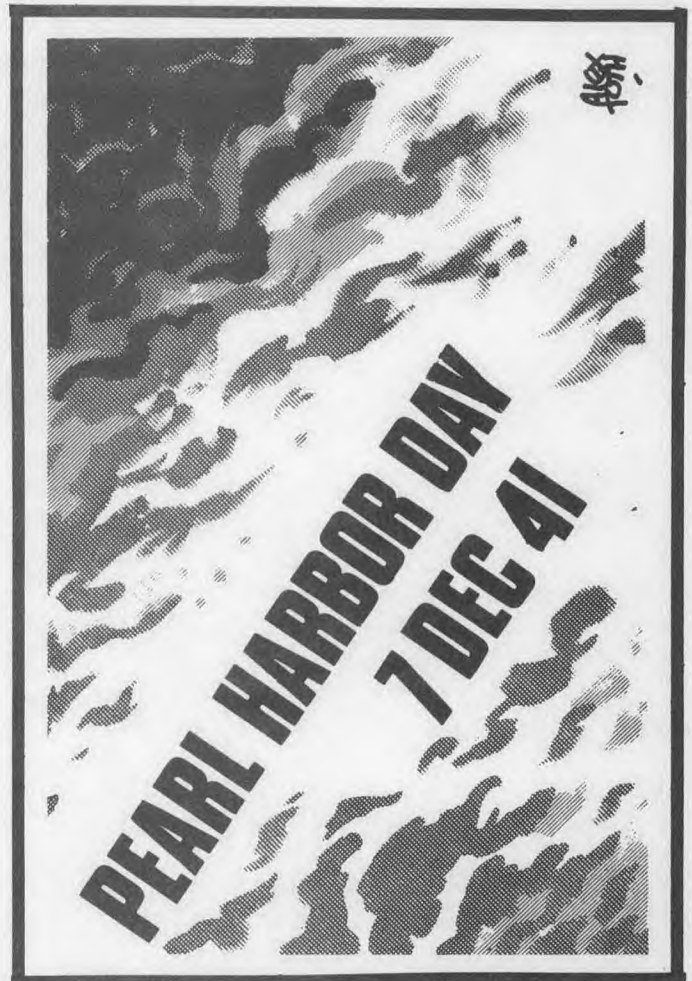
## To the Editor

I recently had the displeasure of viewing one of the worst examples of positive leadership I've ever seen. I've been exposed to both good and bad leadership throughout my few years in the Corps. And I've had the chance to study leadership both in the U.S. and abroad. I've even had a few opportunities along the way to expose Marines to my own style of leadership. But this was a first.

I watched as Marines were pulled away from, but in full view of, a company to be chastised. The entire platoon was punished for what I later learned to be the inaction or lack of motivation of a selected few--- one or two was the actual count.

I'm not sure how deficiencies are handled elsewhere, but in my book this method was totally unnecessary. It demonstrated poor judgement, and accomplished no mission.

Signed,  
Eloquent Disdain



## SPORTS

# Officers upset MCI 14-13

**Previously undefeated  
MCI nipped  
in championship**

story and photo  
by Sgt. C.D. Chambers

Officer quarterback Maj. Alan Heim hit split end 1stLt. James Mallon for two, five-yard touchdown passes to lead their team to a 14-13 upset over, previously unbeaten, Marine Corps Institute Company in a hard fought intramural flag football championship game Nov. 16.

The officers came from behind and scored 14 unanswered points in the second and third quarters.

MCI struck first when tailback Cpl. Stanley Mike broke loose on a sweep and scrambled 80 yard to paydirt for the first score of the game. Place-kicker Cpl. David Noland booted the ball through the uprights to give MCI a 7-0 lead.

Tough defense was played by both teams, but costly penalties hurt MCI. Those penalties and a couple fine offensive pass plays moved the officers down within striking distance. Then on the five-yard line, Heim dropped back and hit Mallon for the quick score. The Officer team then went for the two point conversion. Again Heim dropped back and lofted a pass to his airborne receiver, Capt. Dave Reist to make it 8-7, Officers. That conversion



*1stLt James Mallon steals a pass for a big gain.*

would later turn out to be the deciding factor of the game.

In the third quarter, penalties again hurt MCI, and just as they did in the second quarter the Officers came down and scored again. The same pass combination connected, Heim to Mallon. The extra point attempt failed, but the Officers had a 14-7 lead.

MCI didn't die, however. Quarterback LCpl Jeff Shultz

hit Mike for a spectacular 85-yard touchdown pass. Then MCI went for the win with a two point conversion attempt. The attempt, however, failed and MCI still trailed 13-14.

MCI's defense tightened up and gave the offense one more shot. With time running out Noland attempted a 35-yard field goal. The attempt was long enough, but just off to the right. That spelled defeat for MCI and gave the officer the crown.

## Jingle bell run slated

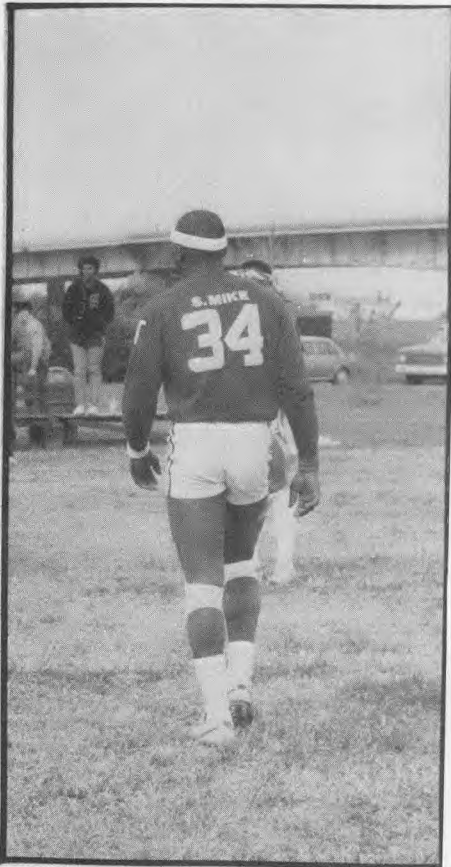
There's still time to register for this month's Jingle Bell Run for Arthritis. The 10K/3K run is scheduled for Dec. 8 at 8 a.m., and will be held at the West Patomac Park Athletic field.

Pre-registration fee is \$7 for the 10K run and \$3 for the 3K run. Proceeds will go to the Arthritis Foundation. Entry forms and more information is available at PAO, ext. 3-4173.

# MCI goes unbeaten in regular season

story and photo

by Sgt. C.D. Chambers



Cpl. Stanley Mike walks back to the huddle after a long run.

Miami has its Dolphins, Nebraska has its Cornhuskers and Marine Barracks Washington has its Marine Corps Institute flag football team.

MCI finished out the 1984 intramural flag-football regular season with a record of 8-0.

MCI's defense led by nose tackle Lamont Brooks and safety Joey Acevedo allowed opposing offenses a total of 12 points. Company B was the only team to score on MCI in the regular season.

MCI's offense was just as fierce as the defense. In eight regular season games the ball control style offense led by the likes of tailback

Stanley Mike and quarterback Jeff Shultz piled up a total of 98 points. However, out of eight games three were won by forfeit. The total points still tells the story.

"Our defense has been our strong point all season," said Capt. Stanley Grey head coach of MCI.

"Our front line put a consistent pass rush all season long. Brooks was the most consistent up front for us, while safety Acevedo was the big play man, intercepting 10 passes during the season."

"Our key to success, however, said Grey, was team play. We really didn't have any big stars. Everybody had a job and they all did it well."

## Oyster Bowl, a traditional battle

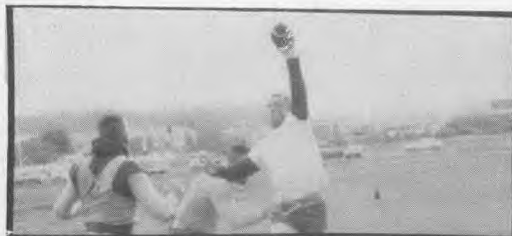


Breaking the zone



Up and over

Close one



Another one down

photos by

by Sgt. C.D. Chambers

# BARRACKS BULLETIN BOARD

## Scholarship Foundation taking applications

HQMC - The Marine Corps Scholarship Foundation, now accepting scholarship applications for the 1985-86 academic year, is expecting to award \$400,000 in academic aid to deserving children of active duty and former Marines.

Eligible applicants must be the son or daughter of an active duty, reserve or former Marine in good standing; a high school senior; high school graduate; reg-

istered as an undergraduate student in an accredited college; or, be enrolled in a post high school vocational/technical institution (scholarships are not available for graduate study). Additionally, the combined gross family income cannot exceed \$25,000 in the 1984 taxable year.

Since 1962, the Marine Corps Scholarship Foundation has awarded 2,451 scholar-

ships to deserving students, ranging from \$600 to \$1,500. Nearly two thirds of all applicants receive some degree of financial aid.

Written requests for a scholarship application form should be addressed to:

Marine Corps Scholarship Foundation, James Forrestal Campus, P. O. Box 30008, Princeton, N. J. 08540.

**Reenlistment:** Marines are eligible for reenlistment at the 12 month to EAS point. Marines who request reenlistment for duty stations or lateral moves are required to reenlist within 20 days of message approval from HQMC. Marines who abuse the reenlistment duty preference system by multiple request and refusals will not be given further consideration.

**Lateral moves:** First term Marines in "over" MOS's are required to submit three choices for lateral move, and specify on the request if they are a volunteer for lateral move. Marines beyond Zone A are not encouraged to identify lateral move upon reenlistment. Due to the limited number of school seat available, Marines requesting lateral moves should submit as soon as they are eligible for reenlistment

## MCI

### Promotions

Sgt. Bradley D.  
Sgt. Stevens  
Cpl. Lewis A. C.  
Cpl. Howe M.  
Cpl. Tlavera P. M.  
Cpl. Harmon K. D.  
Cpl. Glass D. R.  
LCpl. Porter T. N.  
LCpl. Walraven T. C.

### Joins

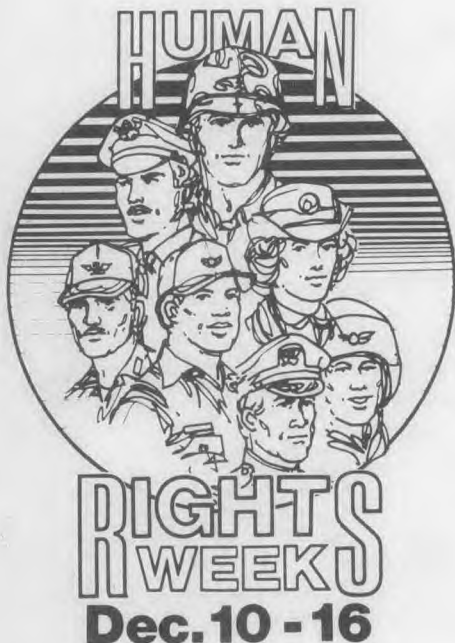
GySgt. Davidson J. W.  
Sgt. Rizzuti P.  
LCpl. Drew C. L.  
Cpl. Allen M. E.

### Letters of Appreciation

MSgt. Turnbow C. L.  
GySgt. Snyder L. D.  
GySgt. Fetzer R. L.  
GySgt. Rice G. A.  
MSgt. Dyson C. R.  
GySgt. Helms J. R.  
Cpl. Harrington  
LCpl. Lopez P. A.  
LCpl. Matthews M. W.  
Cpl. Anna J. W.  
Sgt. Fearn D. I.

### Awards

GySgt. Snyder L. D. (Gd Conduct)  
LCpl. Johnson J. J. (Merit Mast)  
LCpl. Swendson K. R. (Merit Mast)  
Pvt. Gleen C. E. (Merit Mast)  
Sgt. Stevens E. E. (Merit Mast)



# Historical Highlights

Dec. 5, 1929—Capt. Alton N. Parker, USMCR, a member of the Byrd Expedition, became the first Marine pilot to fly over the Antarctic continent.

Dec. 8, 1941—Japanese aircraft attacked Wake Island within hours of the fateful attack on Pearl Harbor. Marine Fighter Squadron 211 under Maj. Paul A. Putnam and a detachment of the 1st Defense Battalion commanded by Maj. James P. F. Devereux resisted Japanese invasion attempts for over two weeks before finally succumbing to an overwhelming force.

Dec. 24, 1918—1st Lt. John M. Gamble, USMC, in charge of three ships of Navy Capt. David Porter's command, landed a party of his Marines at Nookaheevah Island in the Marquesas, and by a show of arms, intimi-

dated the natives and regained previously pilfered property.

Dec. 25, 1776—Maj. Samuel Nicholas' Marines in Brig. Gen. John Cadwalader's division crossed the Delaware with great difficulty below Trenton as part of Gen. Washington's advance on that city. Cadwalader ordered everyone back when the artillery could not cross because of bad weather and ice in the river.

Dec. 29, 1846—Commodore Robert Stockton's expedition left San Diego to capture Los Angeles. As part of the force, Marines from the grigate Congress and the sloops Portsmouth and Cyane were formed into the 1st Division under Capt. Jacob Zeilin a future Commandant.

## What's Cookin'

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Dec. 3 BREAKFAST LUNCH</p> <p>DINNER Baked duck, beef ball stroganoff, rice, mixed vegetables, strawberry shortcake.</p>	<p>Dec. 4 BREAKFAST LUNCH</p> <p>DINNER Pork shlew Mexicana, veal cutlets, potatoes, gravy corn, green beans,</p>	<p>Dec. 5 BREAKFAST LUNCH</p> <p>DINNER Salisbury steak, Liver &amp; onions, Lyonnais potatoes, gravy broccoli, waxed beans, cookies</p>	<p>Dec. 6 BREAKFAST LUNCH</p> <p>DINNER Ham loaf, roast pork ham, gravy mixed vegetables apple sauce cake</p>	<p>Dec. 7 BREAKFAST LUNCH</p> <p>DINNER Beef stew, sweet &amp; sour pork, egg noodles, spinach, cake</p>	<p>Dec. 8 BRUNCH</p> <p>DINNER Tuna casserole pepper steak, rice, carrots cabbage, peanut butter cookies.</p>	<p>Dec. 9 BRUNCH</p> <p>DINNER Roast beef, cornish hen, mashed potatoes, gravy corn on the cob, asparagus, cake.</p>
<p>Dec. 10 BREAKFAST LUNCH</p> <p>DINNER Turkey, ham, mashed potatoes, dressing, sweet potatoes, gravy mixed vegetables, cherry turn over.</p>	<p>Dec. 11 BREAKFAST LUNCH</p> <p>DINNER Pot roast, roast duck, potatoes, carrots, peach short-cake.</p>	<p>Dec. 12 BREAKFAST LUNCH</p> <p>DINNER Meatballs, fried rabbit, mashed potatoes, gravy green beans cherry nut bar</p>	<p>Dec. 13 BREAKFAST LUNCH</p> <p>DINNER Fish, breaded shrimp, oysters marcaroni &amp; cheese, cream corn, cookies</p>	<p>Dec. 14 BREAKFAST LUNCH</p> <p>DINNER Swiss steak, stuffed fish, macaroni &amp; cheese, carrots, peas, spice cake.</p>	<p>Dec. 15 BRUNCH</p> <p>DINNER Beef &amp; noodles, BBQ beef cubes, rice, broccoli, wax beans, cake.</p>	<p>Dec. 15 BRUNCH DINNER Salisbury steak, sweet &amp; sour pork, mashed potatoes, rice, gravy, mix vegetables, brownies.</p>
<p>Dec. 17 BREAKFAST LUNCH</p> <p>DINNER Turkey, roast pork ham, mashed potatoes, gravy, applesauce, carrots,</p>	<p>Dec. 18 BREAKFAST LUNCH</p> <p>DINNER Meat loaf, duck, mashed potatoes, gravy, cauliflower, cake.</p>	<p>Dec. 19 BREAKFAST LUNCH DINNER Pork chops, beef patties potatoes, gravy, asparagus, apple turn-over.</p>	<p>Dec. 20 BREAKFAST LUNCH</p> <p>DINNER Beef stew, fried chicken, noodles, gravy, peas, cake.</p>	<p>Dec. 21 BREAKFAST LUNCH DINNER Steamship round, cornish hen, mashed potatoes, gravy, carrots, cookies.</p>	<p>Dec. 22 BRUNCH</p> <p>DINNER Rabbit, ham, mashed potatoes, broccoli, corn apple cake.</p>	<p>Dec. 23 BRUNCH</p> <p>DINNER Hamburger parmasan, pork chops, potatoes, gravy, green beans, cookies.</p>
<p>Dec. 24 BREAKFAST LUNCH</p> <p>DINNER Rabbit, ham potatoes, green beans, corn, cake.</p>	<p>CHRISTMAS BRUNCH</p> <p>DINNER Turkey, steamship round, potatoes, peas, pumkin pie, eggnog.</p>	<p>Dec. 26 BREAKFAST LUNCH</p> <p>DINNER Roast, pork slices, mashed potatoes, gravy, peas cookies.</p>	<p>Dec. 27 BREAKFAST LUNCH DINNER Salisbury steak, cornish hens, mashed potatoes, vegetables, cookies.</p>	<p>Dec. 28 BREAKFAST LUNCH</p> <p>DINNER BBQ spare ribs, veal cutlets, potatoes, spinach, cake.</p>	<p>Dec. 29 BRUNCH DINNER Ham, beef patties, mashed potatoes, gravy, vegetables, applesauce.</p>	<p>Dec. 30 BRUNCH</p> <p>DINNER Turkey, liver, mashed potatoes, gravy, broccoli apple pie.</p>

